

TIMBERTIDE

A NEW APPROACH

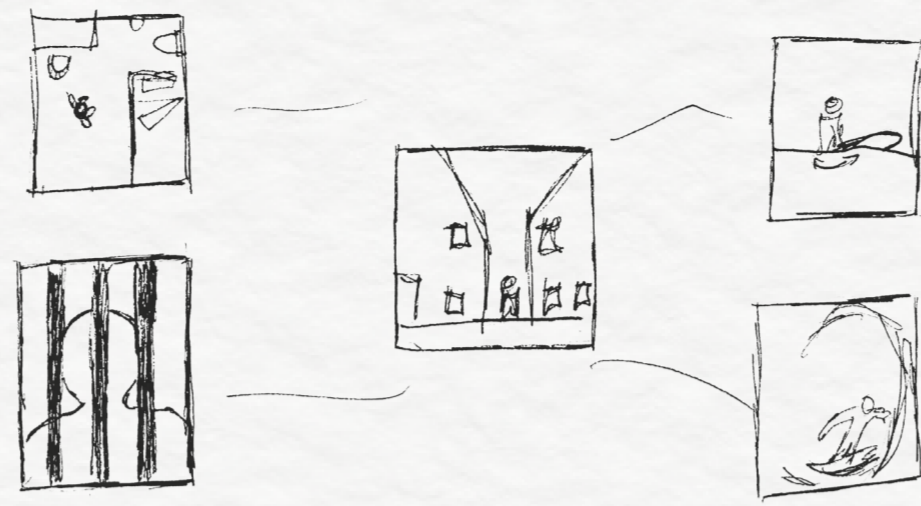
Ethan Alexander Guthrie

A new approach to judiciary rehabilitation in Scotland that bridges the gap between prison and everyday life.

TimberTide is a rehabilitation project aimed at reducing the **recidivism rate among ex-prisoners, which is currently 27%** according to gov.uk.

The project combines surf therapy with the construction of wooden surfboards, offering individuals a unique opportunity for personal growth and skill development which can then lead to potential employment opportunities.

Through engaging in these activities, individuals build self-esteem, learn new trades, and form supportive communities. TimberTide provides **a new approach** to rehabilitation, building resilience and aiding reintegration into society.



Static vs Fluid

The main concept within the space is that of fluidity, not only in the physical sense but also the mental. When undergoing any rehabilitation process the ability to fluidly move from one physical and mental area to another must be as seamless as possible.

The interior of TimberTide emphasises this transitional importance. As seen on the right, in the large open expanse, the space encourages elevation up and through the space to the different accommodation spaces on different floors.

Visuals



Site Information

Located in Dunbar, Belhaven Brewery was the chosen site largely due to its proximity to the well known surfing spot of Belhaven Bay. The proximity to the beach was an integral part of the projects progression. Several other areas were considered including Portobello and Thurso.



Glulam Construction

Although Belhaven Brewery is largely a listed compound, there is one area which is not listed.

The original roof construction had collapsed in the 1900s and in order to maintain strength and safety, this roof is not listed. Therefore, in order to provide more ground area and encourage the feeling of fluidity, the centre hosts a glulam construction. This shape also allows more natural light to enter the space, another feature important in rehabilitation.



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Personal Spaces

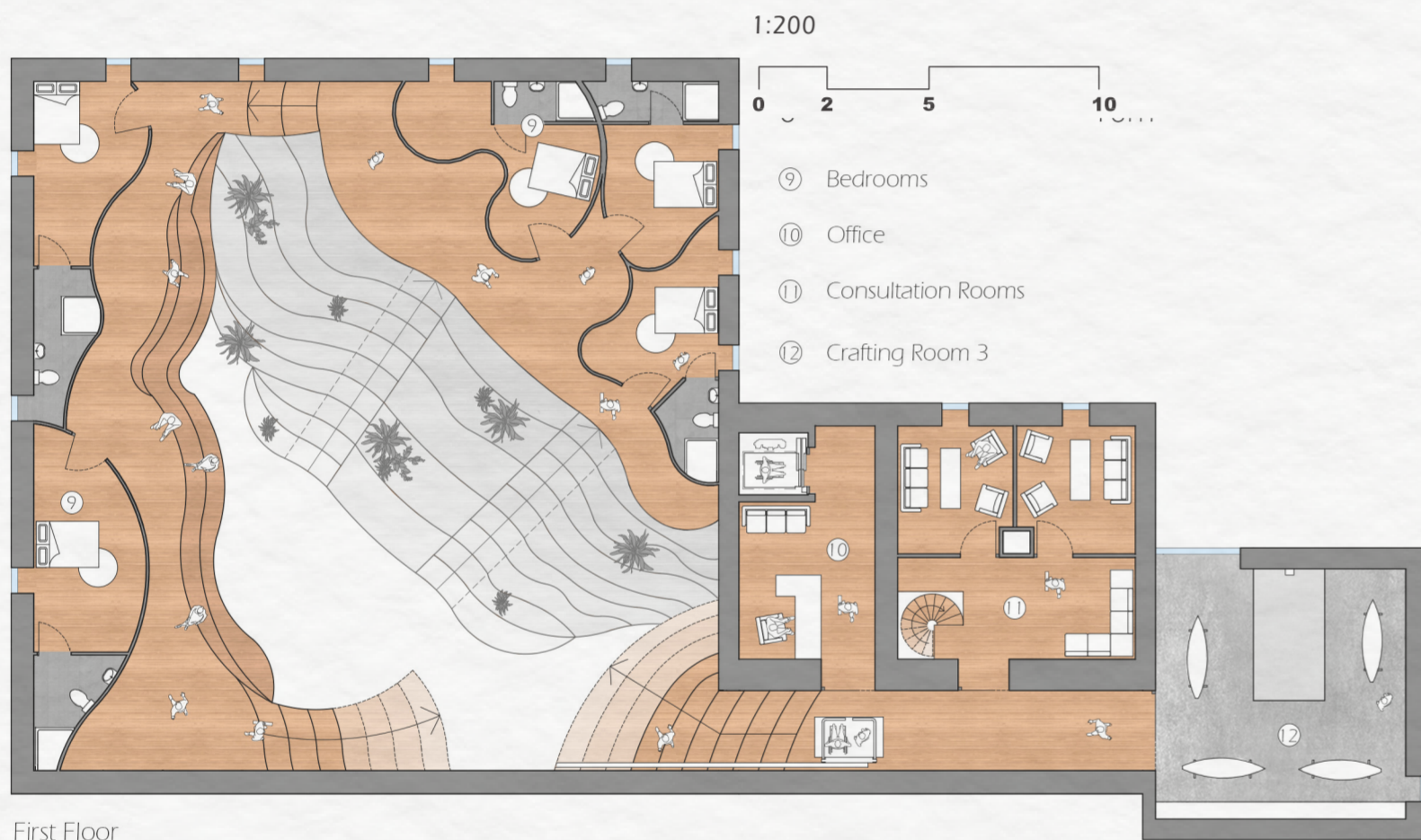
Any successful rehabilitation center must accommodate the diverse needs of all individuals, especially those transitioning from prison, who often have varied backgrounds and requirements. TimberTide aims to provide a positive experience for everyone by recognizing that some individuals thrive in social settings, while others flourish in more intimate environments.

The crafting areas provide a communal atmosphere for those who benefit from social interaction and collaboration. For those who require more privacy and focused attention, the consultation rooms offer a serene environment for one-on-one support and personal reflection. Additionally, the bedrooms are designed to be personal sanctuaries, allowing individuals to retreat and recharge in solitude.

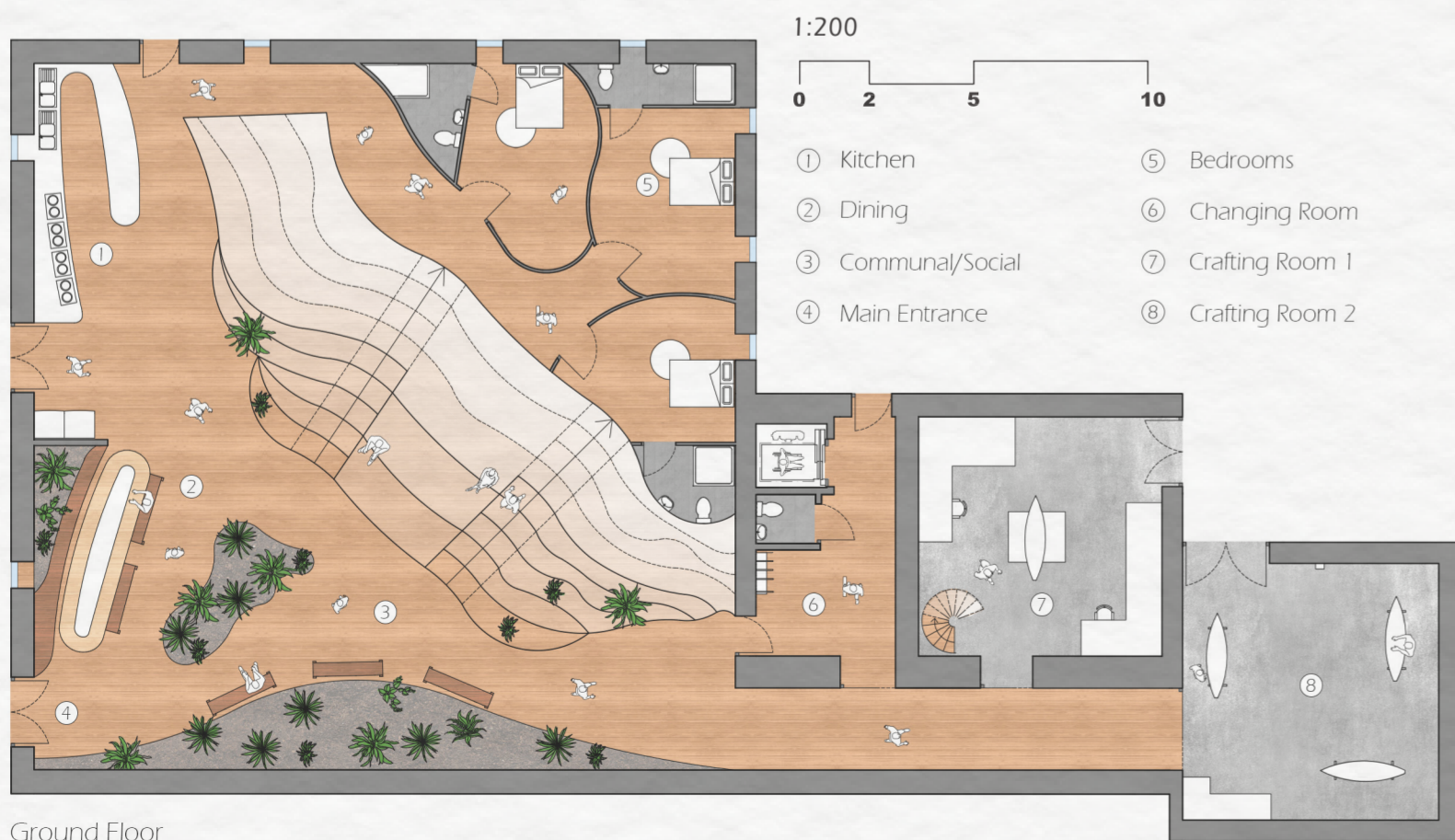




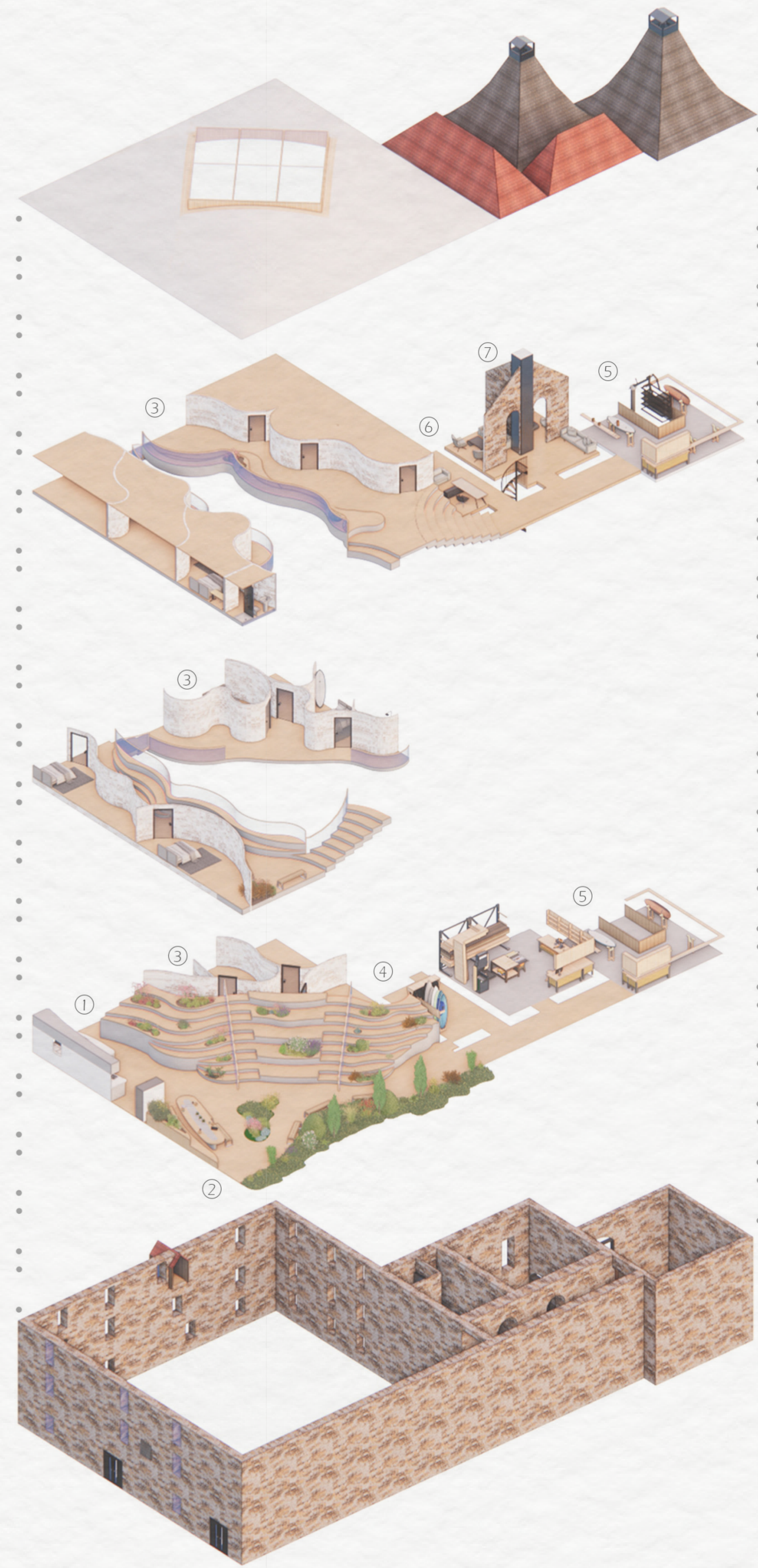
Second Floor



First Floor



Ground Floor



- ① Kitchen
- ② Social Space
- ③ Bedrooms
- ④ Changing Rooms
- ⑤ Crafting Rooms
- ⑥ Office
- ⑦ Consultation Rooms



Video Walkthrough