

The Sanctuary

BY CHARLOTTE MUNRO

In a world where sanctuary is scarce I want to explore a transformation of the ruins of Inchmahome Priory, located on the island of Inchmahome on the Lake of Monteith near Aberfoyle, Scotland into a haven for women seeking refuge from domestic abuse.

My vision is to create a sanctuary, not just a shelter; a place where there is hope and restoration. I aspire to mold the essence of Inchmahome Priory into a nurturing refuge, where survivors of domestic abuse can find peace, empowerment, and a path towards self-discovery.

I will preserve the history of this sacred site while infusing it with the spirit of transformation, reinforcing the idea that every individual, no matter their past, deserves a chance to rebuild their lives with strength and dignity.



The police receive a domestic abuse-related call every 30 seconds. Yet it is estimated that less than 24% of domestic abuse crime is reported to the police
Refuge



32% of homeless women said domestic abuse contributed to their homelessness

1- Tensions Build
The abuser creates tension and the survivors stress builds.



2- Incident
The abuser lashes out through physical, verbal, psychological or sexual abuse tactics to dominate the survivor



3- Reconciliation
The abuser makes excuses or attempts to apologize for the incident. Gaslighting is common, aka, "nothing happened"



4- Calm
Things seem peaceful, maybe even better than before. But often, this doesn't last long before the cycle starts over

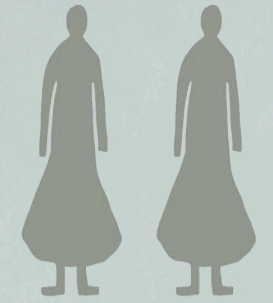
The Cycle of Abuse

Different types of housing:

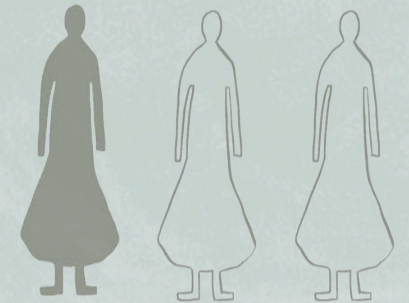
Emergency Housing-
-Immediate need
-Up to 90 days
-Provide shelter, food, safety, security, advocacy, access to other resources

Transitional Housing-
-Typically ranges from 90 days to a year
- Focuses on regrouping, assessing current situation, safety planning, and long-term solution

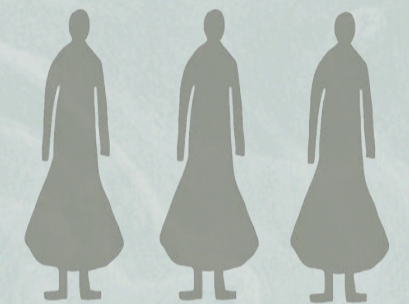
Long term housing-
-Indefinite amount of time
-Still allowed access to resources and advocacy
-Intended to be permanent housing solution



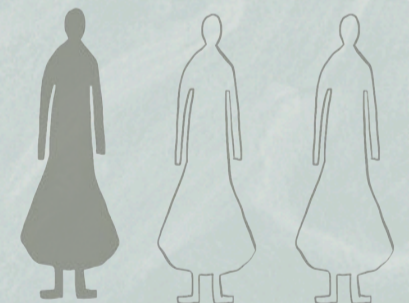
On average, 2 women a week are killed by a current or former partner
Scottish womens aid



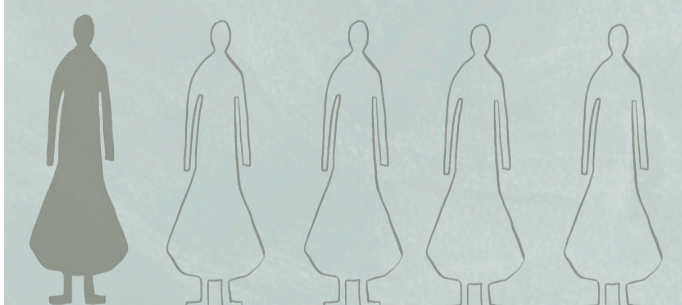
Domestic abuse often begins or escalates during pregnancy. 1 in 3 pregnant women experience domestic abuse.
NHS, 2023



It is estimated that around 3 women a week die by suicide as a result of domestic abuse
Refuge



Worldwide 1 in 3 women will be subjected to violence in their lifetime.
WHO report, 2018



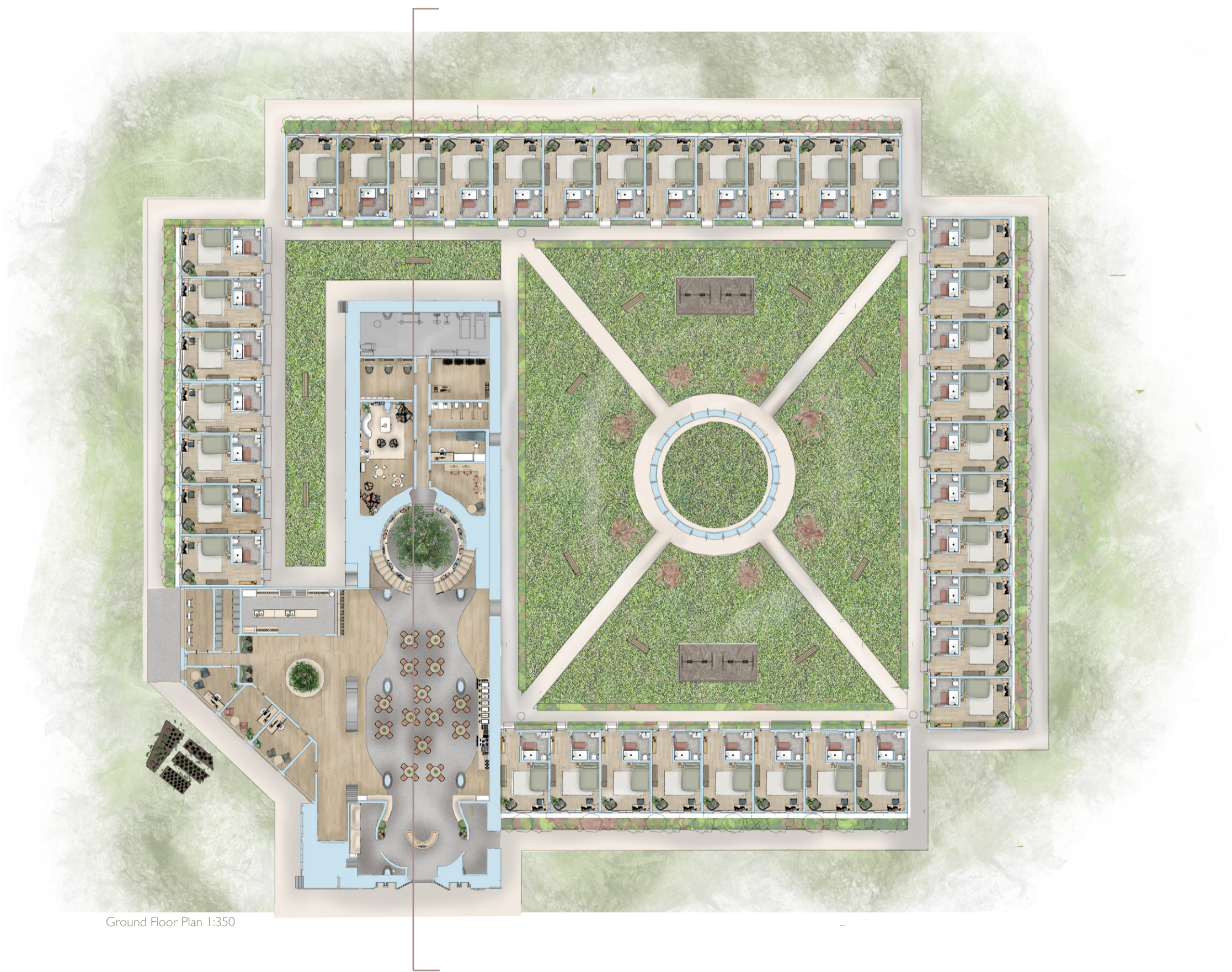
At least 1 in 5 women in Scotland will experience domestic violence in their lifetime.
White Ribbon Scotland



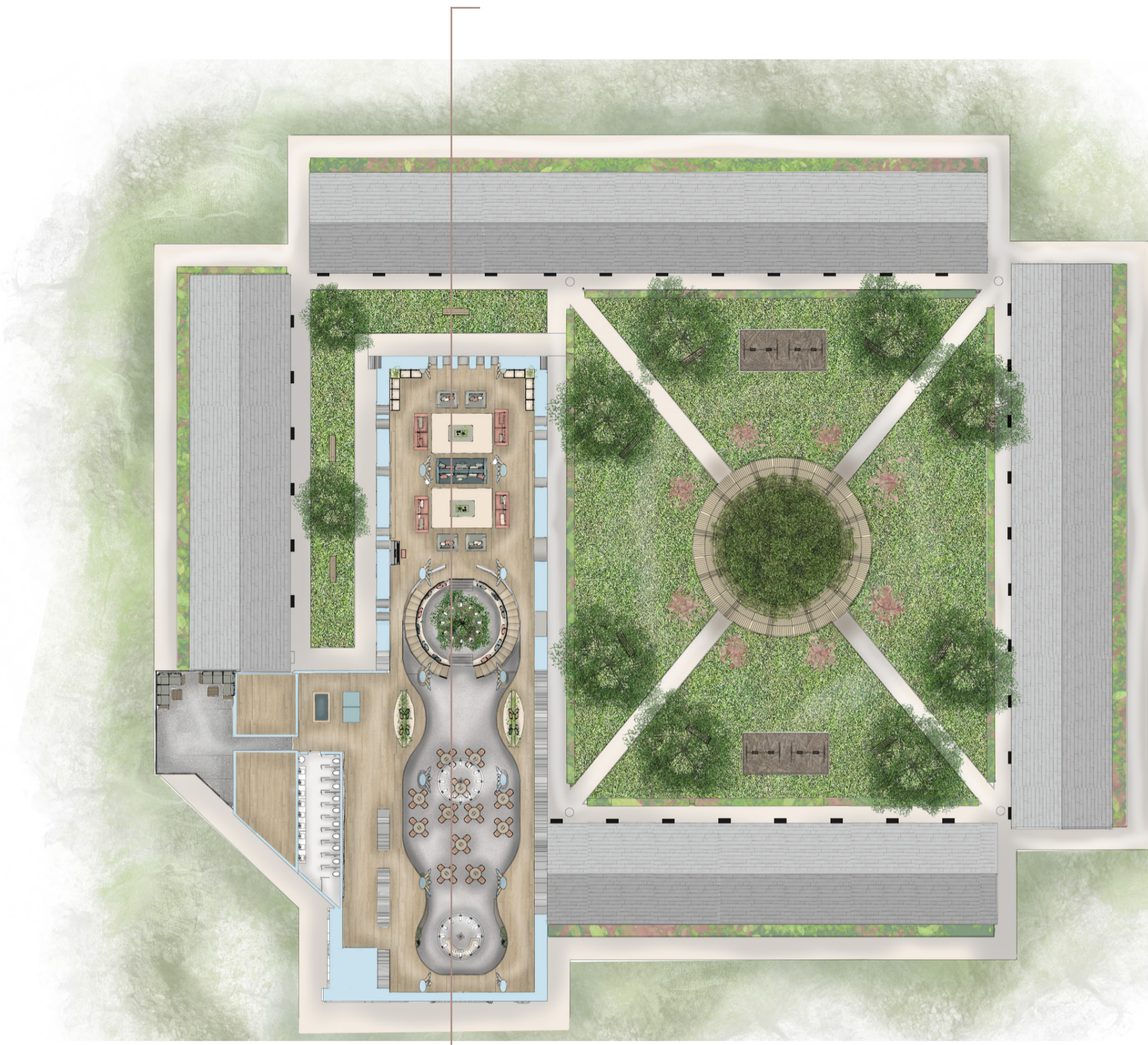
Island of inchmahome



Inchmahome priory ruins

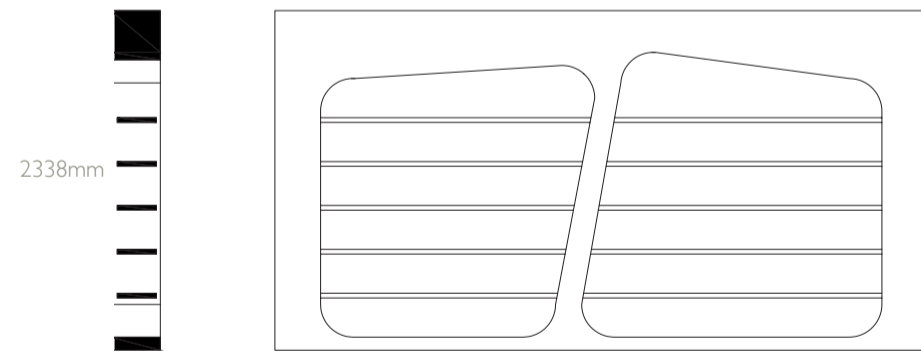


Ground Floor Plan 1:350

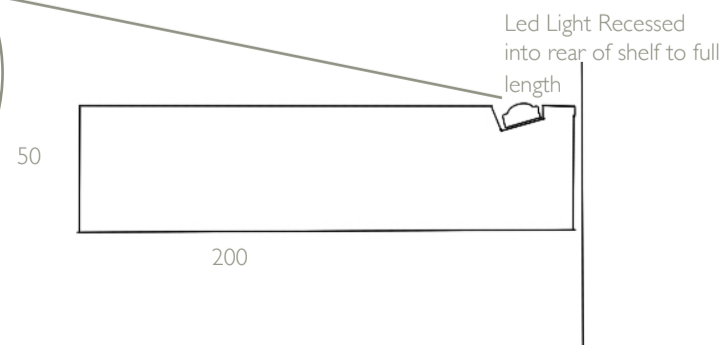
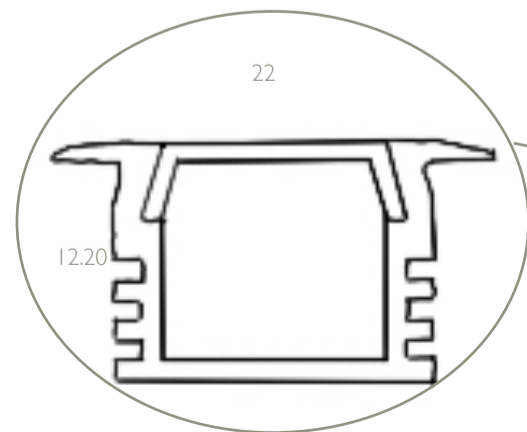
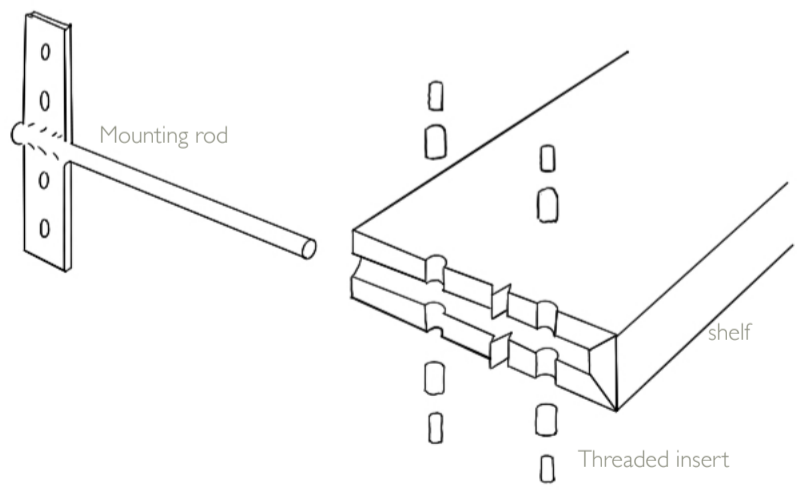


First Floor Plan 1:350

4496 mm

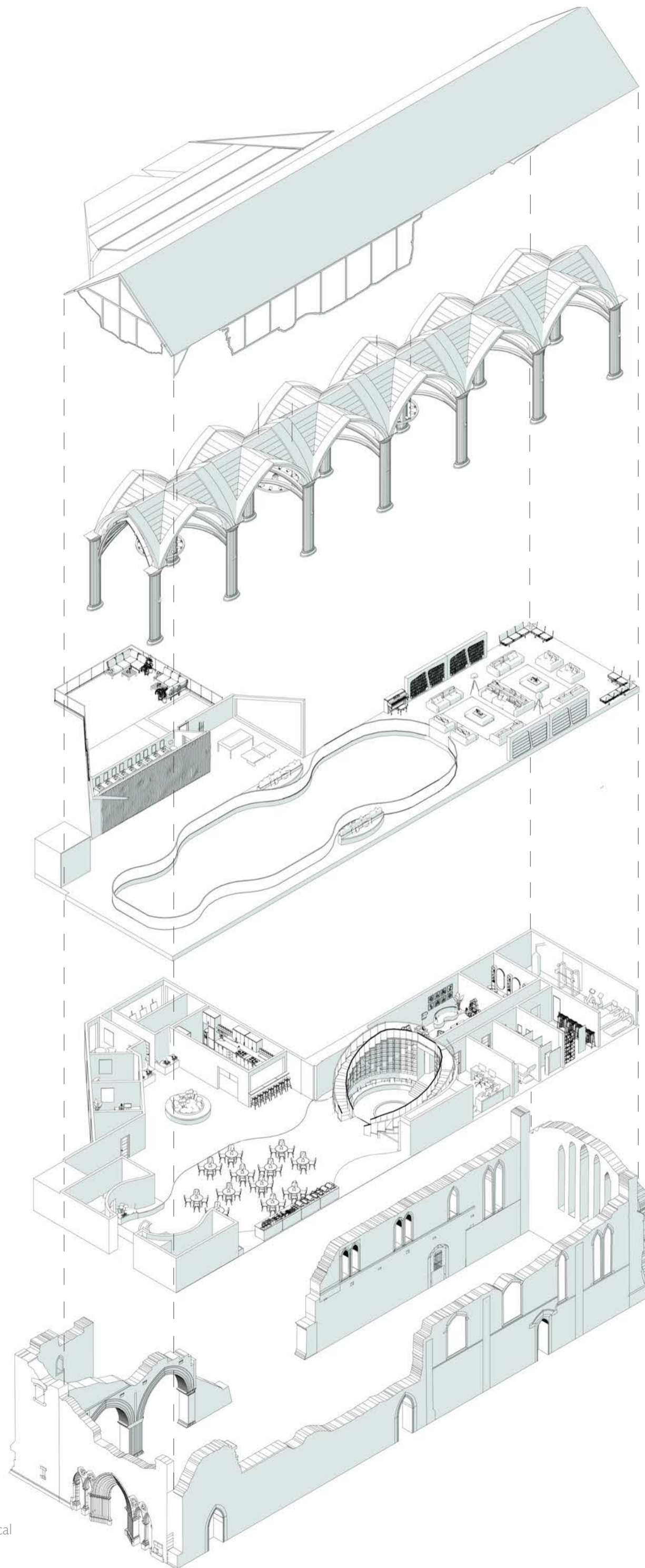


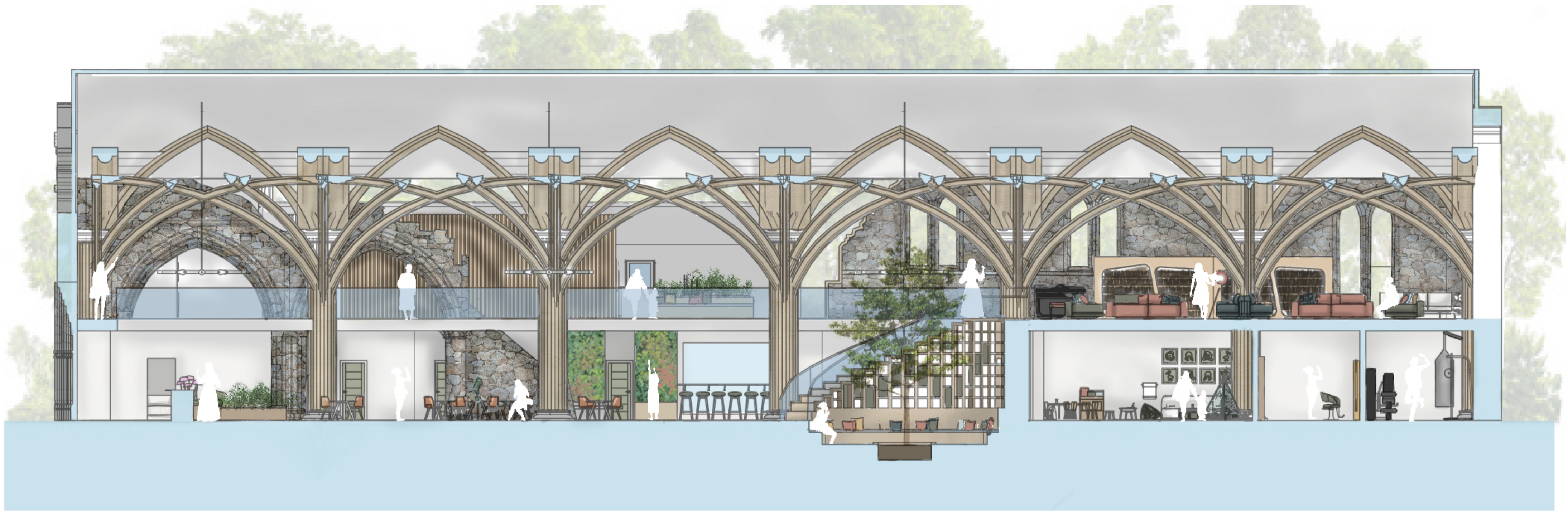
Set screw



Exploded Isometric:

- 1- Roof
- 2- Arches and Vaulted ceiling design
- 3- First floor
(Bathrooms, Games room, Library, Outdoor terrace, Large sitting area)
- 4- Ground floor
(Private sitting rooms, Reception, Canteen, Therapy rooms, Communal kitchen, Art room, Laundry room, Staff room, Medical room, Shop, Gym, Hairdresser, Creche)

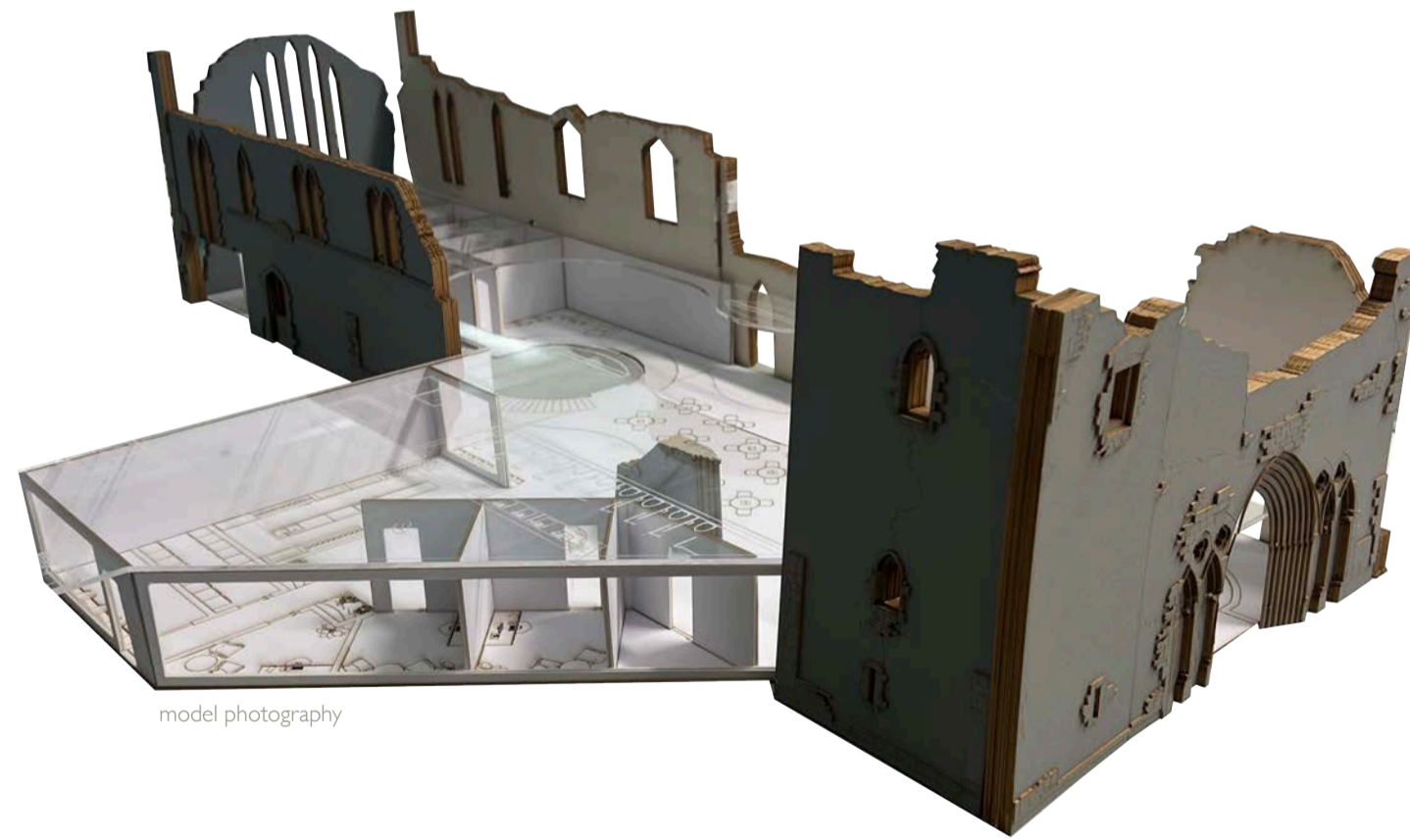




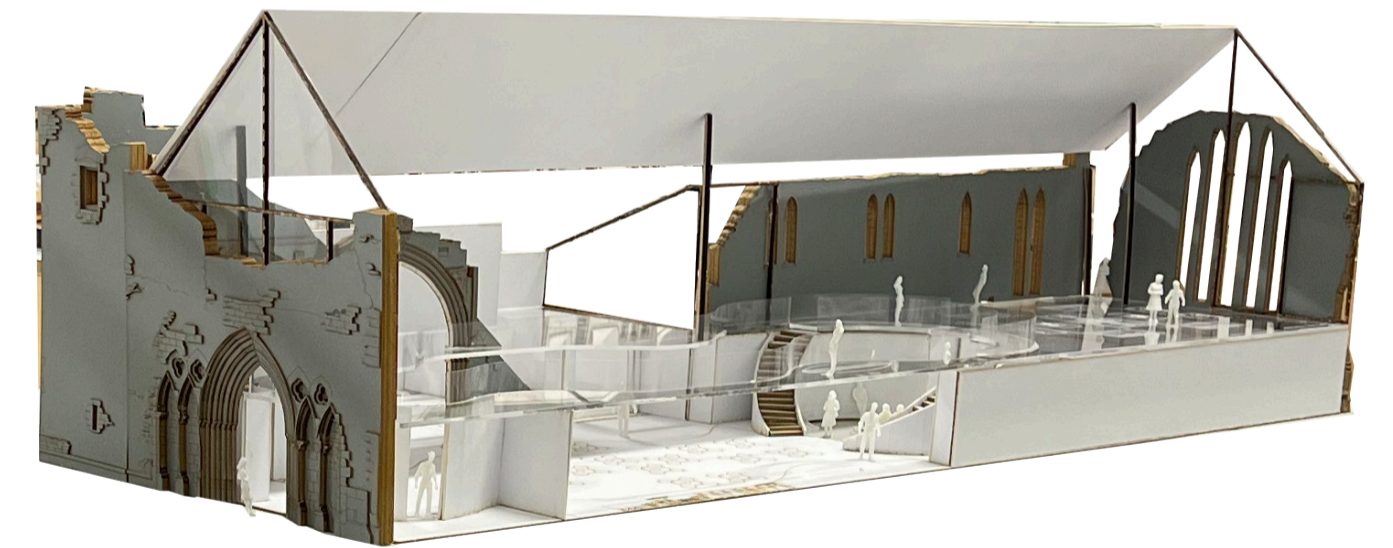
Long section



model photography



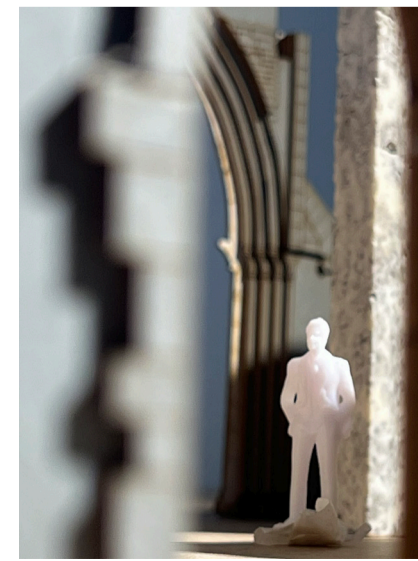
model photography



model photography



model photography



In designing a comprehensive support facility for survivors of domestic abuse, it's essential to create a holistic environment addressing their emotional, psychological, legal, financial, and physical needs.

This facility will include therapy rooms for counseling, spaces for legal and financial support, and a gym to promote physical health. On-site childcare will enable survivors to attend appointments and classes, while a clothes shop and hairdressing service will help rebuild their self-esteem. Classrooms will provide vocational training and life skills workshops, empowering survivors with the knowledge needed for financial independence and employment.

Additionally, community and support spaces will foster a sense of belonging and mutual support through group activities and social events. By integrating these elements, the facility will offer a comprehensive system tailored to help survivors rebuild their lives and acquire new skills, laying the foundation for a brighter, self-sufficient future.



Upstairs communal area

creche



outside dorms



inner sanctuary



Gym

