

The Fountain of Harmony

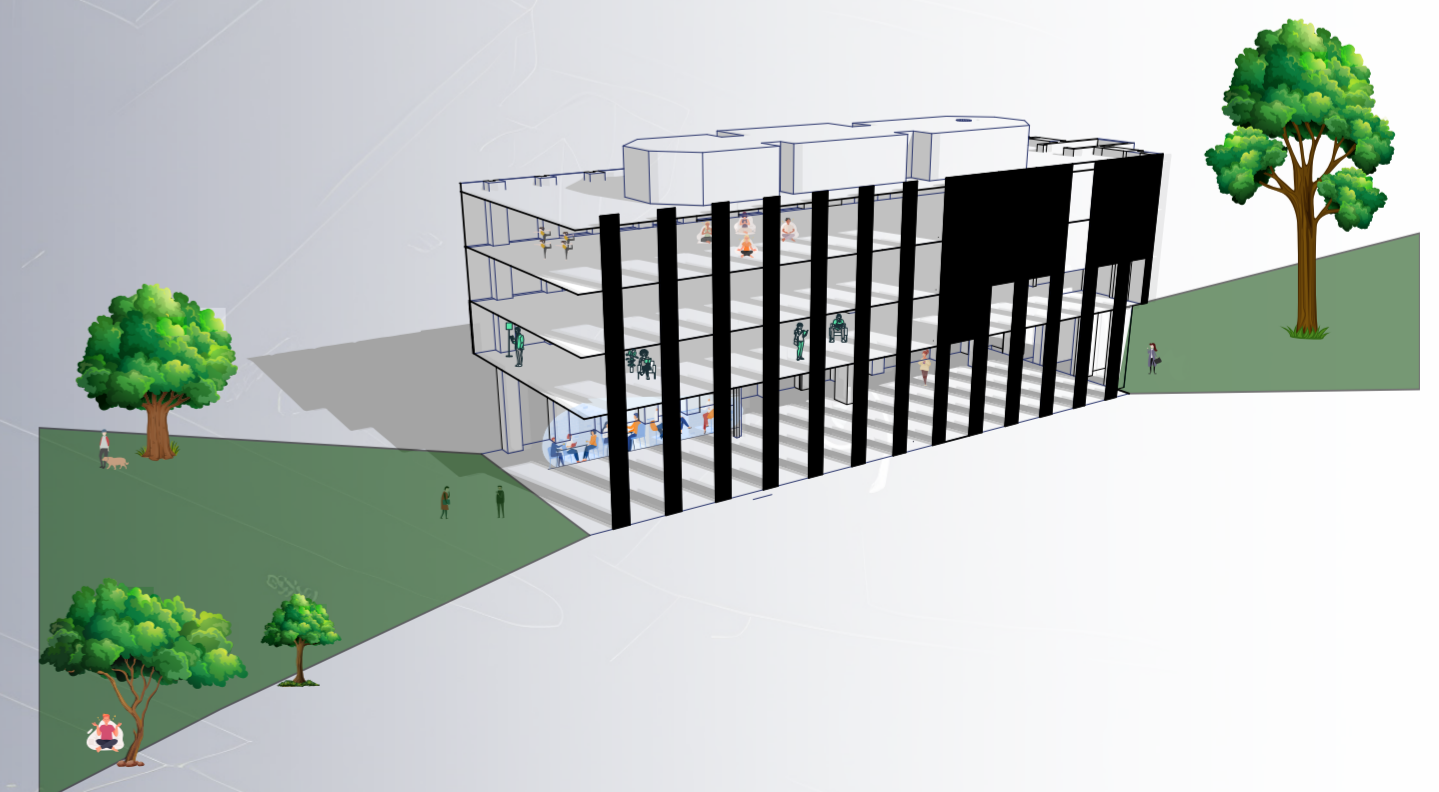
Vision for Future Workspaces

Glasgow

The Fountain of Harmony at Fountain House is a forward-thinking project designed to meet the challenges posed by contemporary social shifts. This holistic co-working space integrates biophilic design, featuring natural light, water sounds, and greenery to create a restorative environment. Addressing the rise of remote work, mental health awareness, and sustainability, the design promotes well-being, productivity, and community. Located on the border of Glasgow's city center and the vibrant West End, Fountain House transforms a brutalist 1981 office building into a haven of tranquility and innovation. By seamlessly blending indoor and outdoor elements, this project exemplifies the future of urban workspaces.



Many urban office towers were originally designed to act as citadels, with plazas that separated the buildings from the streetscape, creating formal but unwelcoming entryways. The Fountain of Harmony project aims to transform this dynamic. Instead of spaces that feel empty and uninviting, my design welcomes people in, seamlessly integrating the building with the public realm. By opening up the space and incorporating elements of nature, inviting people into a harmonious environment that promotes well-being and community connection.



transforming a brutalist building into a biophilic oasis, seamlessly integrating natural elements to create a harmonious and inviting workspace



- 1- Roof Top Garden
- 2- Roof Top Cafe (Urban Oasis)
- 3- Exhibition Space (Forms of Psyche)
- 4- Exhibition
- 5- Mezanine Co working space
- 6- The pink Room (Co-working Space)
- 7- Yoga & Meditation
- 8- Retail, Bike shop and seating Area on Ground floor
- 9- Outdoor seating Area



ROOFTOP GARDEN & CAFE

This visual highlights the rooftop garden of the Fountain of Harmony. Designed as a lush oasis amidst the urban landscape, the garden serves as a space for relaxation and community activities such as sunrise yoga and coffee breaks. By integrating greenery into the workplace, the design addresses the need for restorative environments in future urban spaces, promoting mental well-being and social interaction.



INTERIOR BRIDGE

This image captures the interconnecting bridges within the interior of the building, linking each room through the open center. These bridges foster a sense of connectivity and fluid movement, breaking down traditional barriers in workplace design. By opening up the building's core, the design encourages collaboration and a seamless blend between work and nature, responding to the evolving needs of modern work environments.



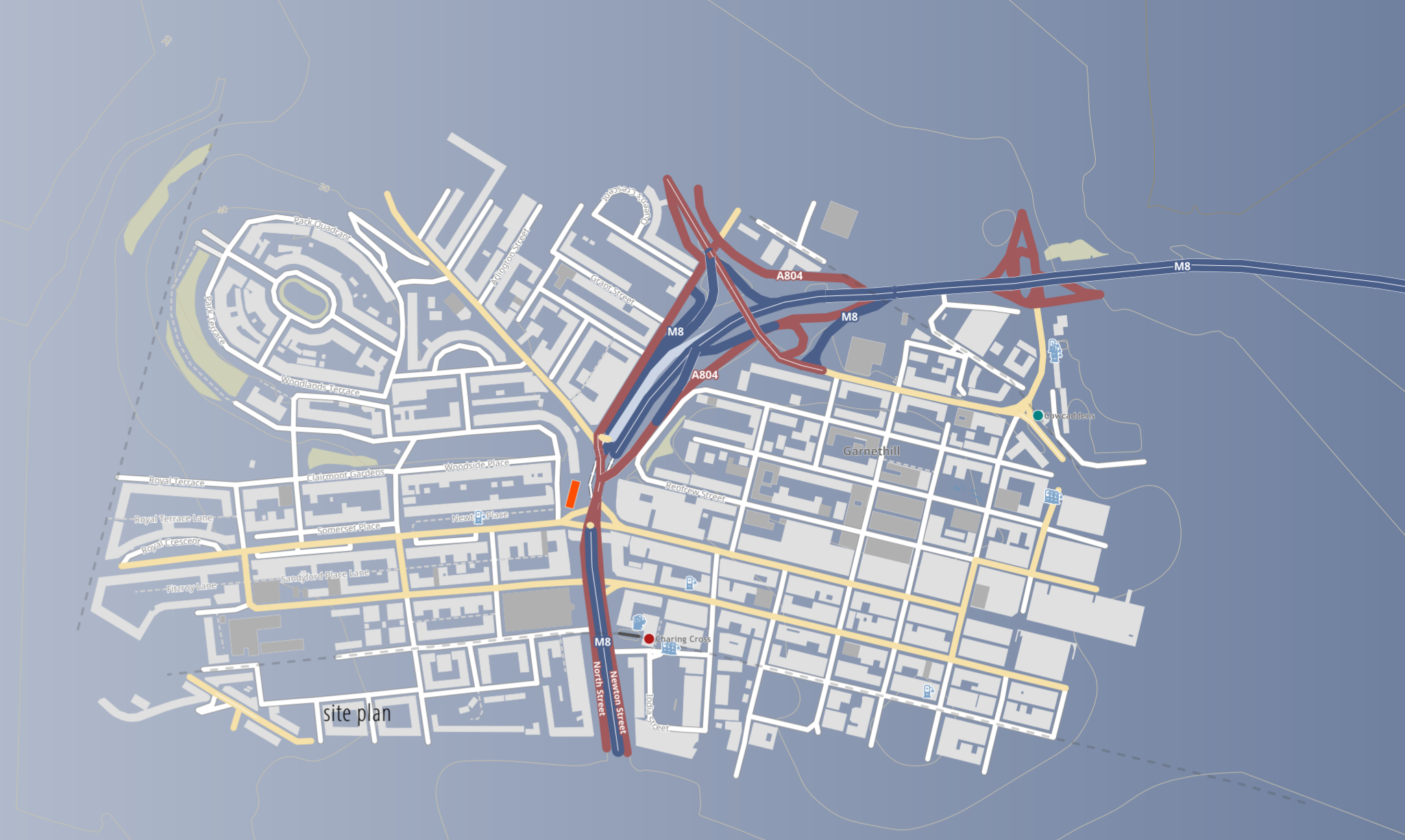
CO-WORKING HIDEOUT

The design repurposes familiar office space into a sanctuary that supports mindfulness and mental health, addressing the future need for environments that prioritise well-being in the workplace



PUBLIC SPACE

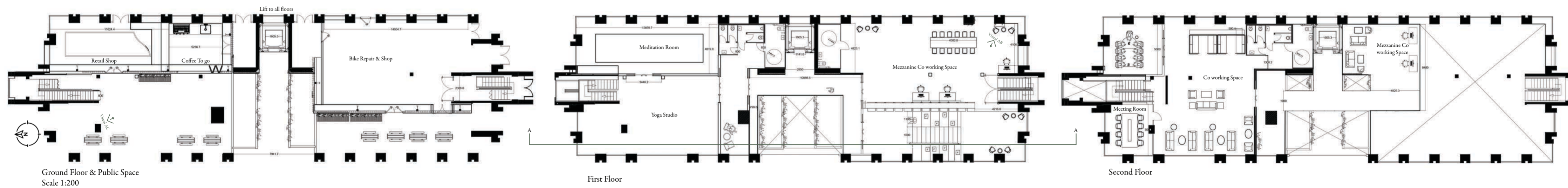
The design transforms previously underutilised areas into inviting communal spaces that foster social interaction and a connection with nature. By integrating greenery, seating areas, and water features, the space encourages public engagement and enhances the urban environment. This approach rethinks the use of familiar outdoor spaces, addressing the social shifts towards more inclusive and community-focused urban planning.



Experiencing awe often puts people in a self-transcendent state where they focus less on themselves and feel more like a part of a larger whole. In this way, awe can be considered an altered state of consciousness, akin to a flow state, in addition to an emotional state



The central area of the building has been opened up and lushly overgrown with vegetation, creating a moment of awe

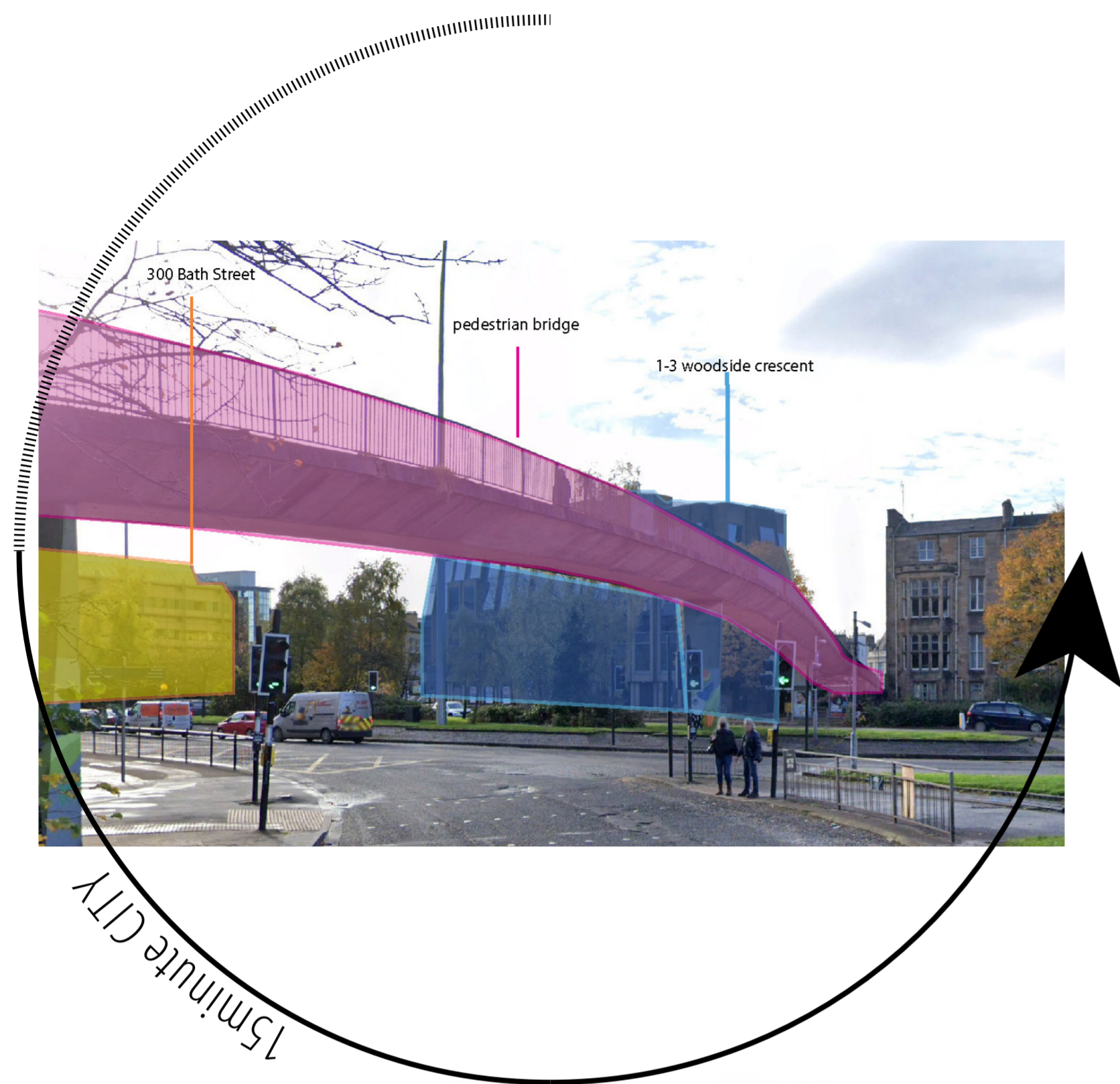


Bikes and scooters are available for users, promoting eco-friendly transportation and helping to keep the city green.



Given the frequent rain, the building's half-open design provides protection while still allowing people to enjoy the outdoors.





visitors have access to a diverse range of amenities including exhibition spaces, yoga studios, cafes, public areas, and a library. This comprehensive offering fosters a self-sufficient environment, contributing to the concept of the 15-minute city.



The Concept centres around the idea of creating a harmonious balance between the fast-paced urban lifestyle and the need for tranquility and well-being. Inspired by biophilic design principles, I have integrated elements of nature throughout the space, including lush greenery, calming water features, and natural light, to create a serene environment conducive to productivity and relaxation. My innovative approach provides a variety of workspaces tailored to different preferences, from bustling collaborative areas to secluded hideouts for quiet focus. Additionally, The project offers amenities such as a rooftop garden café, yoga and meditation centre, and bike repair shop, catering to the diverse needs and interests of our community. Through this project, I aspire to redefine the urban experience, fostering a sense of connection, inspiration, and rejuvenation in the heart of the city.



3 GOOD HEALTH AND WELL-BEING



8 DECENT WORK AND ECONOMIC GROWTH



9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



11 SUSTAINABLE CITIES AND COMMUNITIES

