

The essence of art therapy lies in "therapy," a clinical intervention based on psychological theories. Art healing aims to improve participants' physiological and psychological states through the creative process of art. This approach leverages the innate power of artistic expression to facilitate healing and personal growth, offering a therapeutic outlet for individuals to explore and express their emotions, work through traumas, and develop a deeper understanding of themselves.

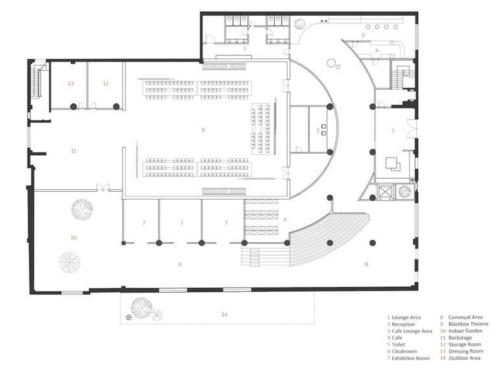
Crafted Healing is envisioned as a multifaceted arts centre offering spaces for learning and relaxation. Central to its design is a Playback Theatre, adaptable to diverse audience needs and suitable for various environments such as communities, schools, and therapeutic settings. The centre also features an original pottery studio and a black box theatre designed to facilitate emotional expression and healing through physical engagement with art.



Exhibition Spaces

Exhibition Hall

The exhibition hall showcasing works the facility's users created. The exhibition hall is elevated, allowing sunlight to enter through the second-floor windows, connecting the space with the outside. Sunlight filters through the perforated curved roof, casting various shapes and adding more fun and elements to the exhibition hall. The arches extend the visual space of the building, filling the interior with rhythm. The exhibition hall consists of three rooms interconnected by arches to display artworks. On the ground floor, an indoor garden introduces natural elements such as plants and natural light, enhancing the healing atmosphere of the space. Since natural environments have a proven positive impact on emotional and psychological health, incorporating these elements into art healing spaces can yield better outcomes. The ground floor primarily features public spaces for social interaction and communication. A café provides a place for the therapists' families and friends, and nearby office workers can also visit the café.



00 Ground Floor



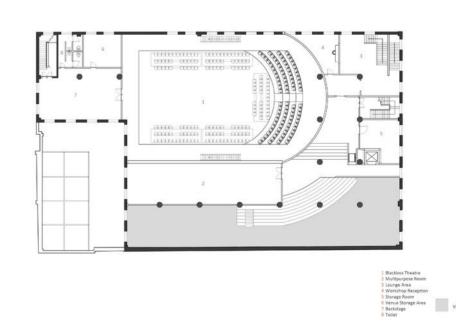
Crafted Healing



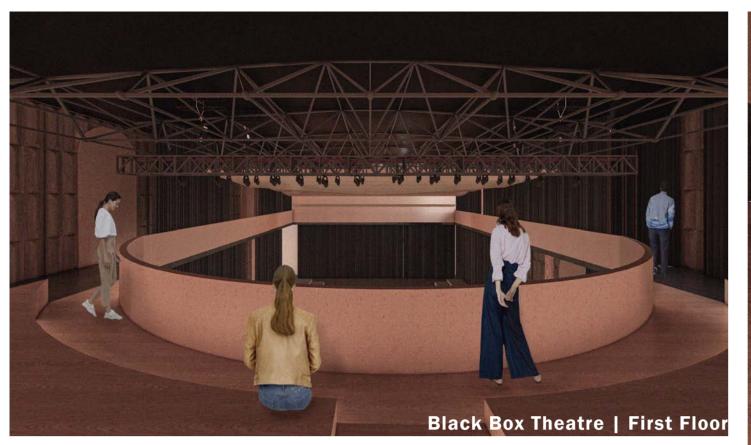
Reception for Black Box Theatre

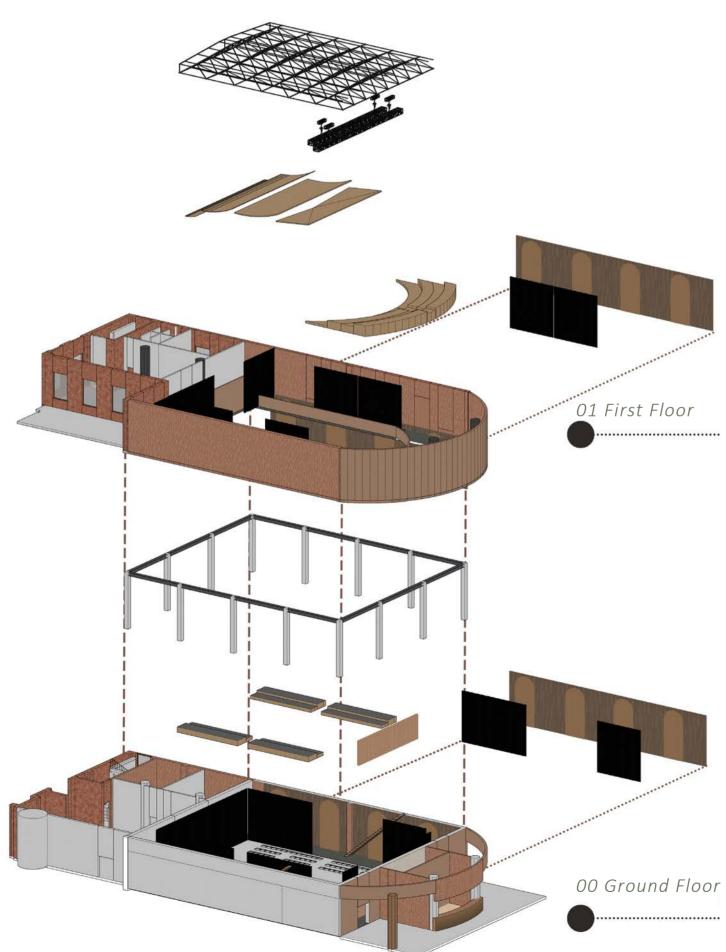
Ground Floor and First Floor

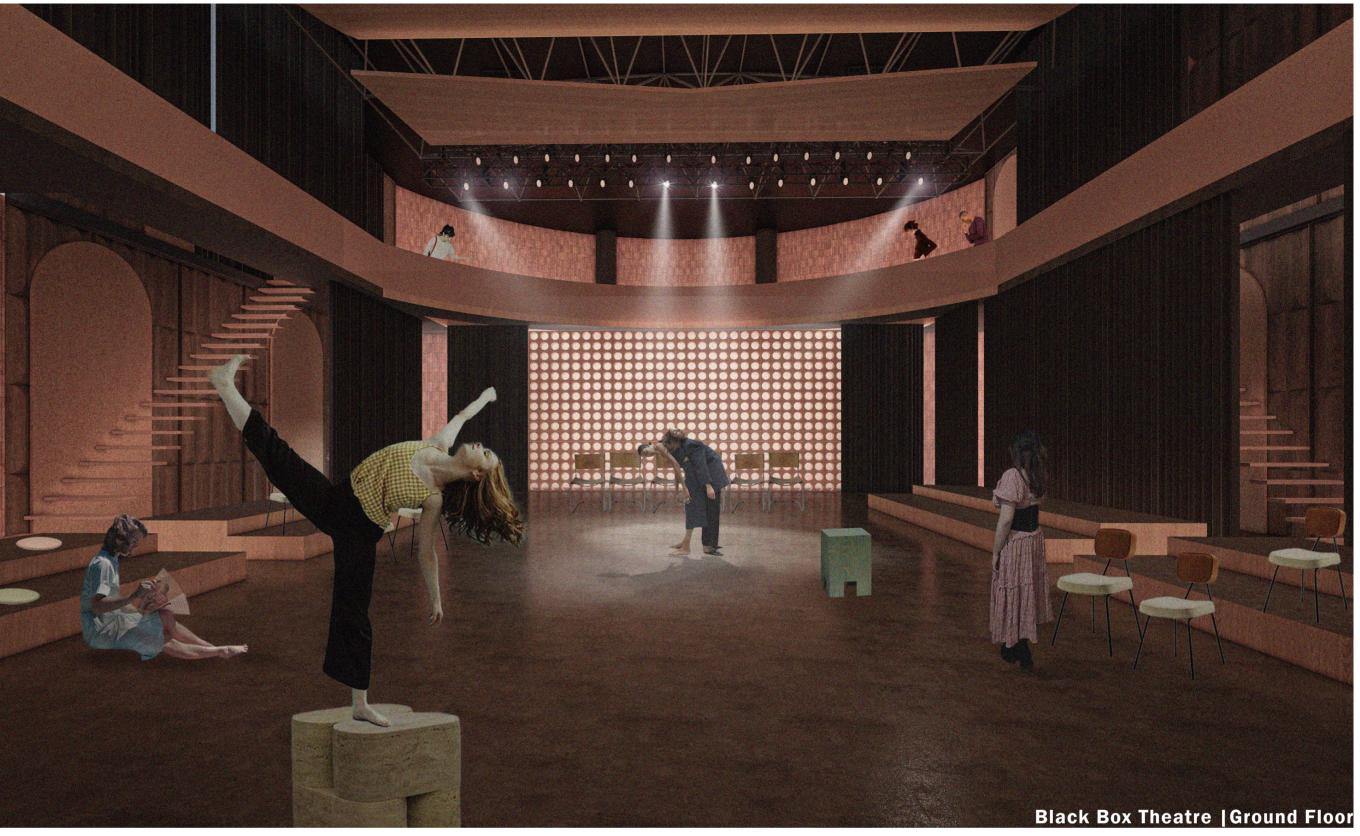
The first and second floors of this building focus on art therapy and treatment. The architectural structure integrates a pottery workshop, with its primary materials being concrete and red brick, mimicking the colour of ceramics. The building's exterior features red sandstone bricks, while the interior uses red bricks that carry the weight of history, emitting a unique charm. Its rustic and rugged nature brings an original beauty to the space as if narrating the stories of the years gone by. The streamlined staircase displayed in the image disrupt concrete and brick, using elegant curves to emphasize the continuity of flowing spaces and to guide visitors inside. The interior space extends this overarching design language, blending curves with stepped seating arrangements to effectively unify indoor and outdoor areas, enhancing the spatial visual hierarchy.



01 First Floor







Black Box Theatre

Behind the reception area is the black box theatre, which spans the first and second floors, merging therapeutic and healing spaces through theatrical settings. The black box theatre's most significant advantage is its versatility; it can be transformed into anything the director imagines.

The black box theatre allows for endless new and creative configurations and is particularly suitable for experimental performances that may require unusual seating and stage arrangements. It can accommodate a thrust stage, an improved thrust stage, or an arena theatre. This format offers more creative possibilities for drama therapy. No clear division between the stage and the audience area surrounds the "black box" theatre. Seating can be adapted for different events and dramatic needs, with a capacity of up to 180 people.

Steel ring beams: Columns in the middle of the interior space were removed

