



POWERED BY ADIDAS Y3







Young people are progressively moving less & interacting with their phones more. This is causing an issue in obesity all across the globe, however the UK is one of the countries highly impacted. This demographic spends a high amount of time on their computer screens for work & they need an incentive to decrease screen time by bettering their wellbeing. **Creating an active space which is supported by a major brand which is deemed "cool & trendy" can instantly boost people's desire to achieve a healthier version of themselves.**



BRIEF

WATERLOO ROAD - psychogeography/ consists of many cultural spaces & mainly young demographic
THE EXISTING SITE - 152 Waterloo Road is a new built (2016) with large open floor plans/ "blank canvas"
ACTIVE GYM CLUB - experiential retail/ engaging their audience/ active space benefits the community & brings new

ADIDAS Y3 - Adidas appeals to all body types & genders

JUICE BAR - the agenda is to get people talking & making human connections/ mental & physical health



CLIENT & USERS

Taking Y3 Adidas as a client, presents itself with the opportunity of opening physical exercise and health to users such as young professionals, students as well as curious passers-by. The brand will create a community which will not only impact physical health in a positive manner, but also mental health. Due to Covid 19, people have not had the opportunity of human connections. This complex aims to help this issue.







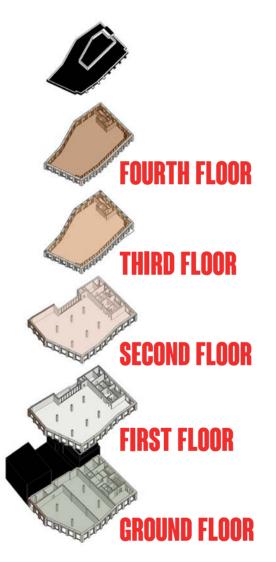




SITE ANALYSIS

The site is marked in colour. All other colours such as represent important cultural sites such as the Old & New Vic, as well as edgy, small businesses & Odeon Cinema. Looking at the overall location of the site, a business targeted towards young people would be appropriate. Waterloo Station gives potential for constant new reach. People would therefore be able to access the active space very easily. Fig.2 shows the character of surrounding streets & takes direct materiality references.

BUILDING ANALYSIS



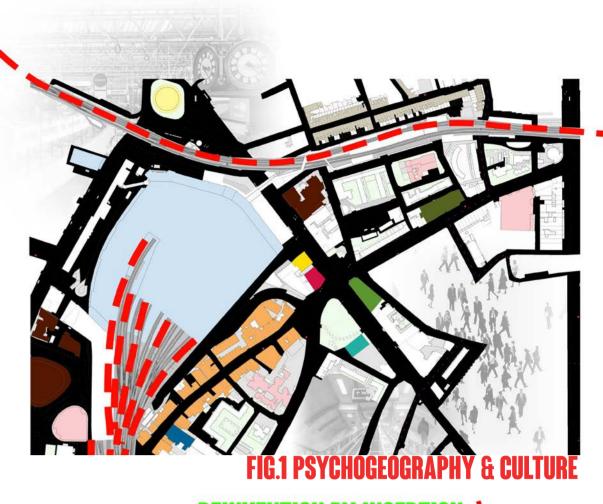




FIG.2 ENERGETIC ATMOSPHERE

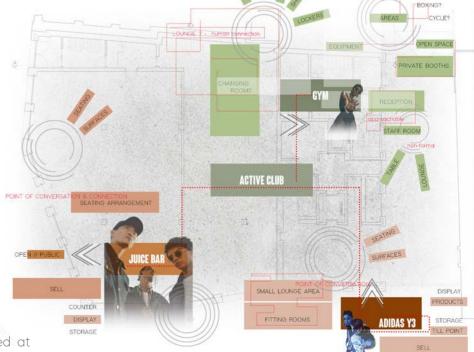
FIG.3 SCHEDULE OF ACCOMODATION

Ground/First/Second Floor - open floor space with columns and supporting beams. /Awkward corner on bottom right - how will the design incorporate all space effortlessly? / Small porch on first floor - ability to exercise outdoors.

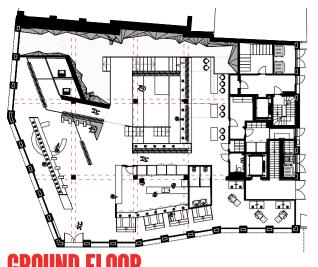
Third/Fourth Floor - building adapts slightly smaller scale. / Columns and beams are no longer supporting the space / chance of outdoor terraces on both floors.

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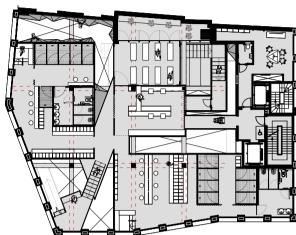




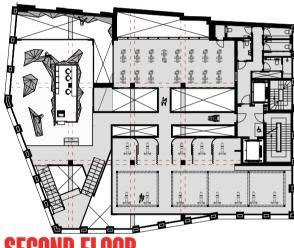
Re-creation through de-constructing the object. This experiment looked at Y3's creator- Yohji Yamamoto & his de-constructive avant-garde style.



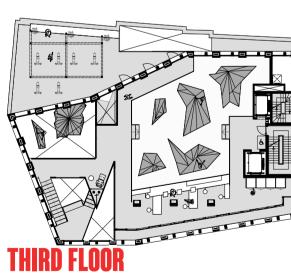
Ground Floor - "Health on the Highstreet" in a literal sense. Retail space with long distance circulation provides seating & fitting rooms. Juice bar represents idea of clean eating. Staircase product display puts customers in motion. Rock Climbing wall at the back further encourages movement.



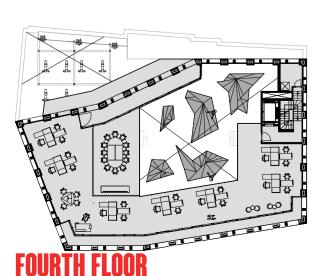
First Floor - The start of a new lifestyle - waiting room for classes. Yoga room uses plywood to further define volumes in space, as well as offering a calming nature. Female & male changing rooms are here. Rock climbing wall continues.



Second Floor - The real deal. More variety of rock climbing fixtures. Tunnels lead to cycle studio & weight training room. Triangular staircase is designed in reference to Y3's designer Yohji Yamamoto & his dramatic take on avant-garde clothing.



Third Floor - Double height spaces enforces drama & concept "reinvention through deconstruction". Further variety of rock climbing fixtures. Outdoor workout space. Lounge which is utilised by gym users & potential office workers on the upper



Fourth Floor - Constantly encouraging movement. Double height rock climbing units pierce through office floor. The visual focal point of the office encourages professionals to work out in the spaces provided below. The complex aims to encourage movement in all areas of life leisure & work.

REINVENTION THROUGH DECONSTRUCTION

Through my research of the client, the users, the site & thinking about the constant conversation of weight loss, the concept refers to "re-inventing yourself" by taking a step towards a better, healthier life. The design concept will metaphorically play on the idea of subtracting volumes, revealing new, exciting spaces.



Facade - In order to give privacy to users, certain openings use mesh laminated glass. This still allows natural light to filter through the space, however the main public will not be able to directly view the activity on first, second & third floor. The geometric staircase becomes a strong element seen from the facade. The ground floor uses red stained glass for curious passers-by to feel invited within the complex.



Section BB - Showing the overall layers of the space and multi-use of the building. Retail & hospitality (ground floor) make visitors inhabit the complex. Abstract lit tunnels guide users to different areas & uses of the space. Active space & office space co-live together, making a metaphorical emphasis on the importance of exercise & acts as a constant reminder, as well as a visual focus.

Section AA - Shwing the mix use character of the ground floor: retail, hospitality & activity (rock climbing wall). First floor acts as a "getting prepared for activity" space, with a waiting room, changing rooms & yoga studio. On floors 2 & 3 activity takes space, with a cycle room, weights area & rock climbing continuing. Outdoor activity is also an option. Rock climbing pierces through the 4th floor & becomes the main vasiaul element in the office.





Second Floor - The persistent changing in levels allows views of spaces from various angles. This observant trait of the design links back to the catwalk scene & the way people become the display itself.

However, by using mesh to cover the staircase, the idea is not aggressive. People will nevertheless feel comfortable exercising..

EONSTANT PEK

First Floor -

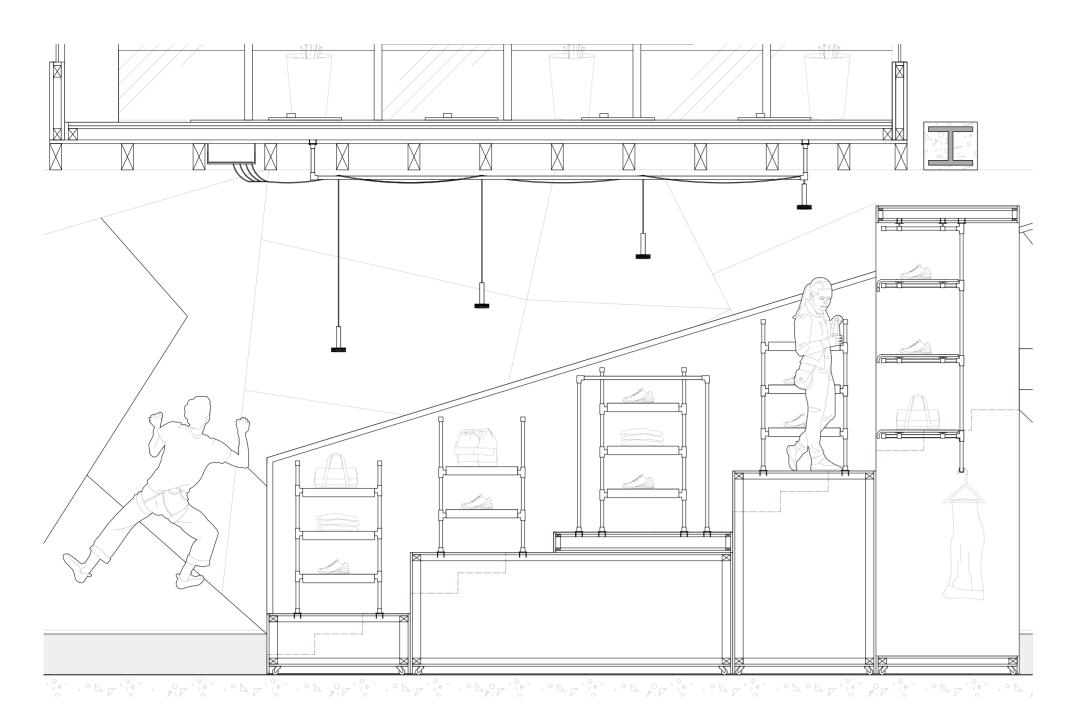
When you first enter gym allocated area, you are met by a waiting room - for people to inhabit whenever there is a pending class or waiting for their friend to finish spin class. This gives an incentive to the young professionals to form conversations with one another.



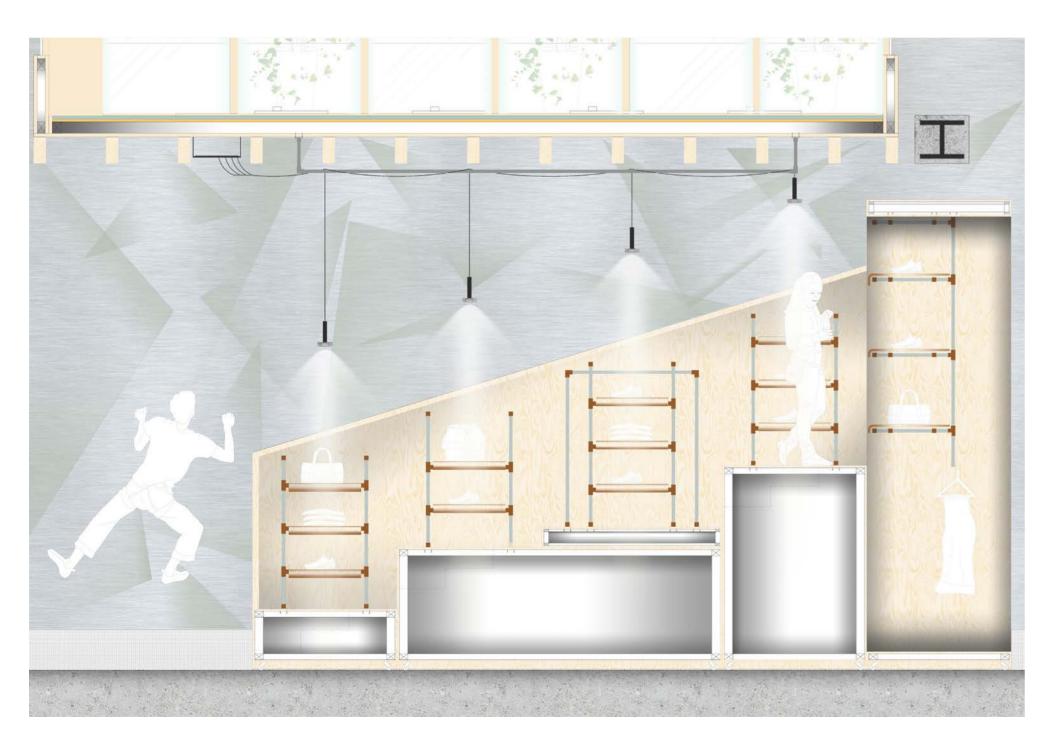
Second Floor -

Spin class faces the volume of the rock climbing structure, This brings a sense of community within the space, as each person realises they are there for the same reason: health.

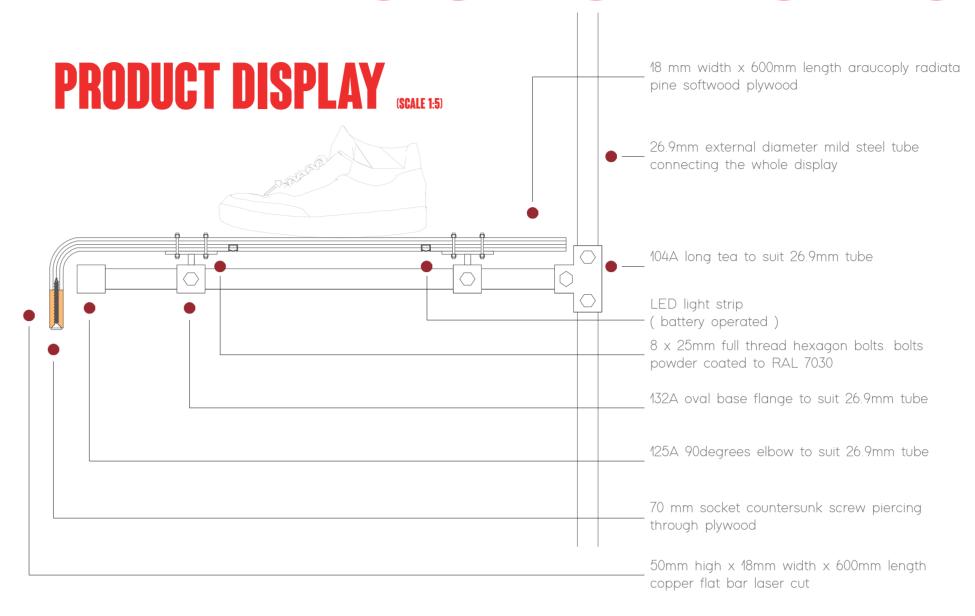




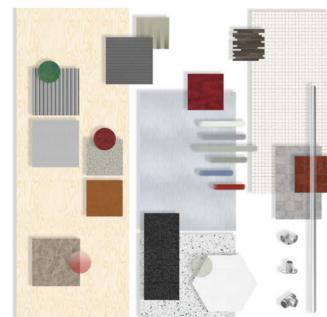
ZOOMING IN - Detail section aims to provide a clearer information of how the motion blocks are constructed, along with a closer look at the key clamp retail display. Key clamps have been chosen in order to evoke Adidas' perspective on exercise: edgy, cool & urban. Hanging lights put focus on the product. Upper Yoga space is designed with an acoustic floor in order to give maximum focus to the users of the space. Rock Climbing unit further pushes the idea of movement.



REAL SOLUTIONS



SUSTAINABLE MATERIALS PALETTE



- 1. Pine Plywood
- 2. Aluminium Steel
- 3. Corrugated Aluminium
- 4. Metal Diamond Plate
- 5. Sunbrella Upholstery6. Galvanized Steel
- 7. Copper
- 8. Dolomite Stone
- 9. Stained Glass
- 10. Acoustic Wool Panels
- Eco Rubber Flooring
- 12. Revive Material
- 13. Redwood Pine Flooring
- 14. Eco Friendly Tiles
- 15. Steel Tube
- 16. Key Clamps

BRANDING & WAY FINDING

Branding & graphics elevate the active space. The juice bar has a sense of belonging in the space & makes customers return to the complex.

Way finding is vital as the complex's circulation is based on "de-constructed volumes".











