



## BROTHERS OF THE SEVEN DOLORS

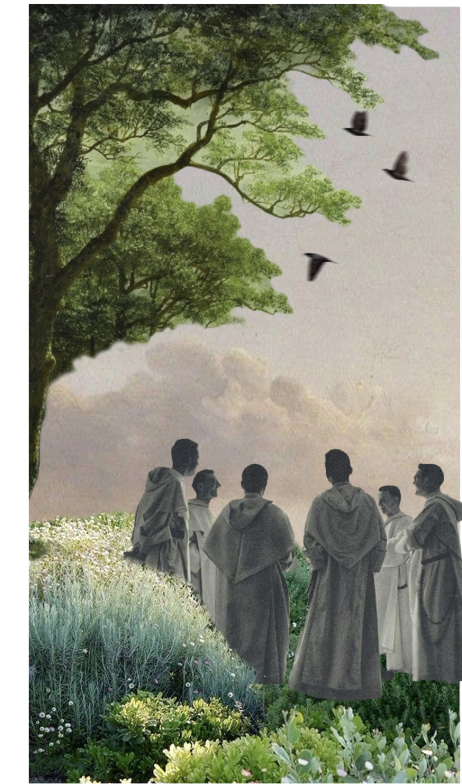
### *Rewriting the modern into monastic tradition*

Brothers of the Seven Dolors Abbey is a Capuchin monastery, brewery, and community kitchen based in Plymouth Moneycentre. Through the complete upheaval of Graeme Brooker's adaptive strategy in a new term coined Inverse Intervention, the Brothers of the Seven Dolors Abbey sanctifies modern homogenised construction strategies to revive a culture that recognises the importance of beauty and aesthetics, whilst reconciling resource distribution to the poor and vulnerable.

This scheme aims to address four main concerns: the cultural importance of beauty and aesthetics within the context of Plymouth as a wartime city, but relevant to wider audiences, the vocational decline within the Catholic Church that is synonymous with the decline of tradition and aesthetics, the societal problem of homelessness and food poverty within Plymouth, and the political affair of British institutional collapse.

Through a 'neo-renaissance', the classical methodologies of Perfection, Proportion, and Clarity, that align with the Neoclassical style of archaic Plymouth, beset to post-postmodern generative tactics, have been implemented to regenerate Plymouth at its current state. Vocational decline is also addressed using these methods, by predicting the English monastic style that was lost with the Dissolution of 1535, with hopes to attract laypeople back to monastic life.

The monastery and its intrinsic charitability tackles the third issue of the societal problem of homelessness and food poverty. By housing and running a soup kitchen open to vulnerable, homeless, or spiritually lost in Plymouth and the surrounding area, the Brothers of the Seven Dolors does not take, but builds upon the foundations of local community. Adopting a wider perspective, as a result of privatisation, government institutions that provide education and healthcare are facing collapse. With the reintroduction of the monastery, traditionally vital hubs of progression of society that provide education and care, perhaps the interest of the people can be addressed.



PROGRAM COLLAGES *contemplation, work, community, prayer*

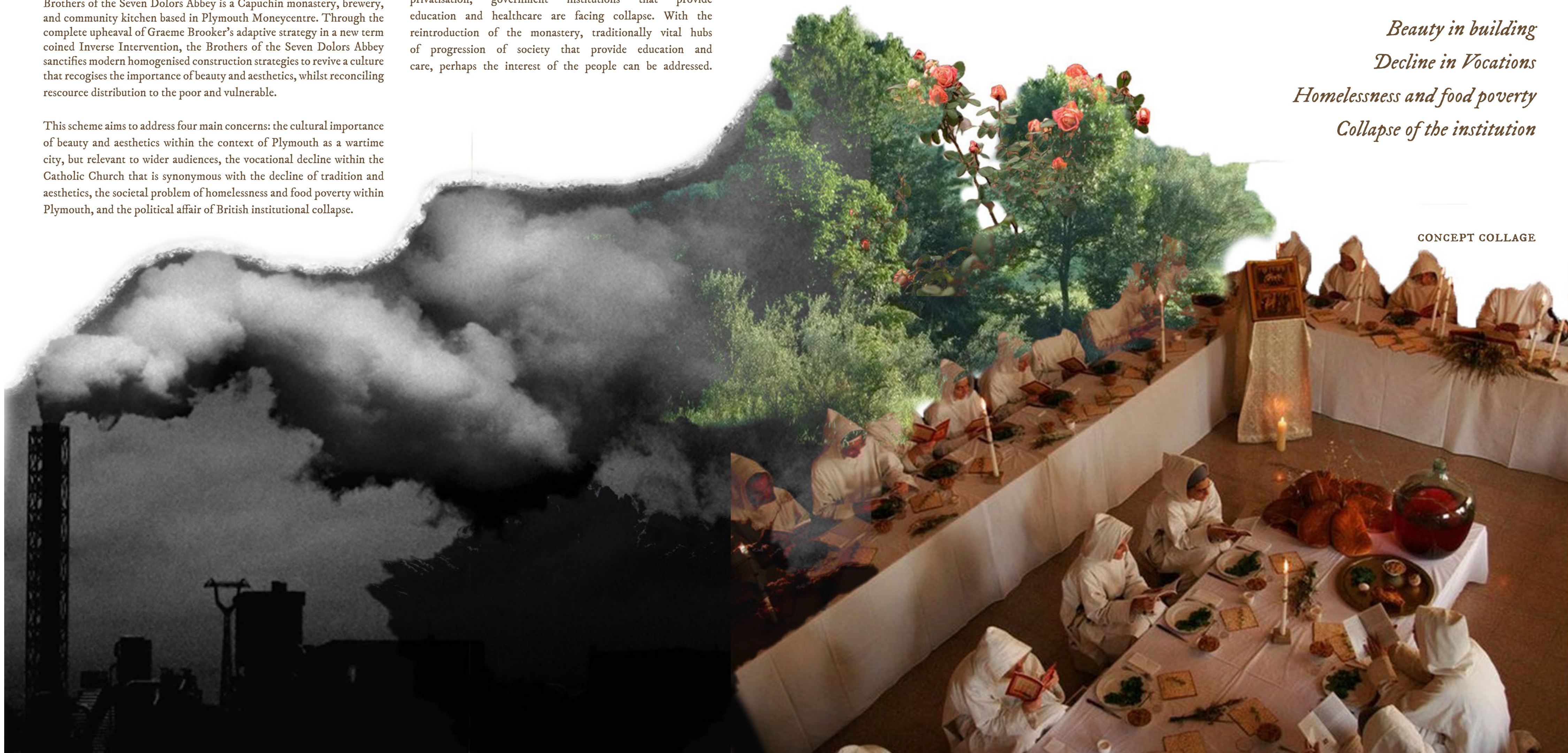
*Beauty in building*

*Decline in Vocations*

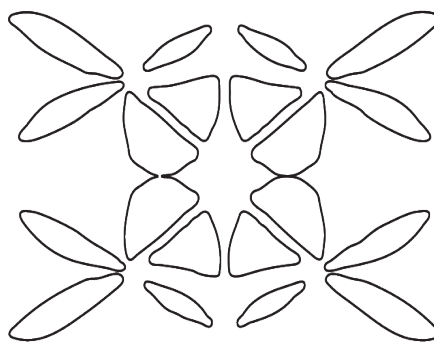
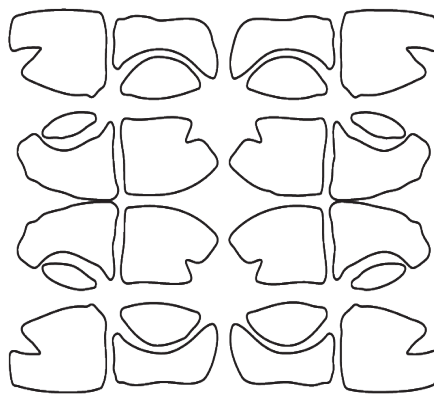
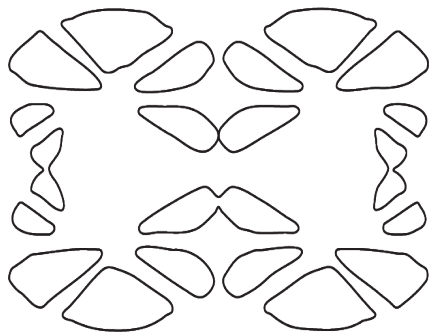
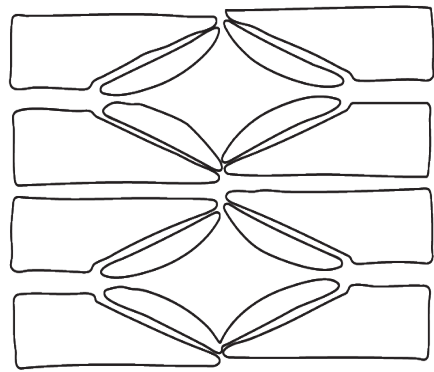
*Homelessness and food poverty*

*Collapse of the institution*

CONCEPT COLLAGE







CONCEPT

To develop the space zoning and floorplans, the Roman Capital Typeface was layered, inverted on the negative, and tiled to create these abstract shapes, which would then inform each element of the design. This is important, as each shape is derived from a specific Christogram, such as INRI, or IXCX- leading the core of the space back to Christ.

SITE COLLAGE



MONEYCENTRE

Plymouth Moneycentre is a 1960s office space constructed after the Plymouth Blitz. The building's unremarkable and unnoticable appeal attracted the Navy to use it for sniper practice. A range of finance businesses inhabited this building, but today, stands uninhabited.

INVERSE INTERVENTION

This, however, makes it a perfect candidate for Inverse Intervention, a strategy which I define as "Inverse Intervention specifies the reversal of modernist ideals of 'building upon' or 'adding to' architecture or interior design. Inverse Intervention is the imposition of the old onto the new.

HORARIUM (SCHEDULE)

Monks, especially Capucins and other Fransiscan Orders, follow a strict daily schedule.

TARGET MARKET

Brewery Visitors

Spiritual Retreators

Community Kitchen Users

Capuchin Monks

3:00am

3:30

4:30

5:30

6:00

7:00

7:30

8:00

9:30

10:30

11:45

Rise

Matins (Liturgy of the hours)

Lectio Divina

Lauds (Liturgy of the hours)

Angelus, Private Mass, Mental Prayer in the Choir

Breakfast

Prime, Chapter (Liturgy of the hours)

Lectio Divina

Tierce, Conventual Mass

Class, Study or Manual Work

Sext (Liturgy of the hours)

12:00pm

2:00

2:15

5:30

6:30

7:30

8:00

Angelus, Lunch

None

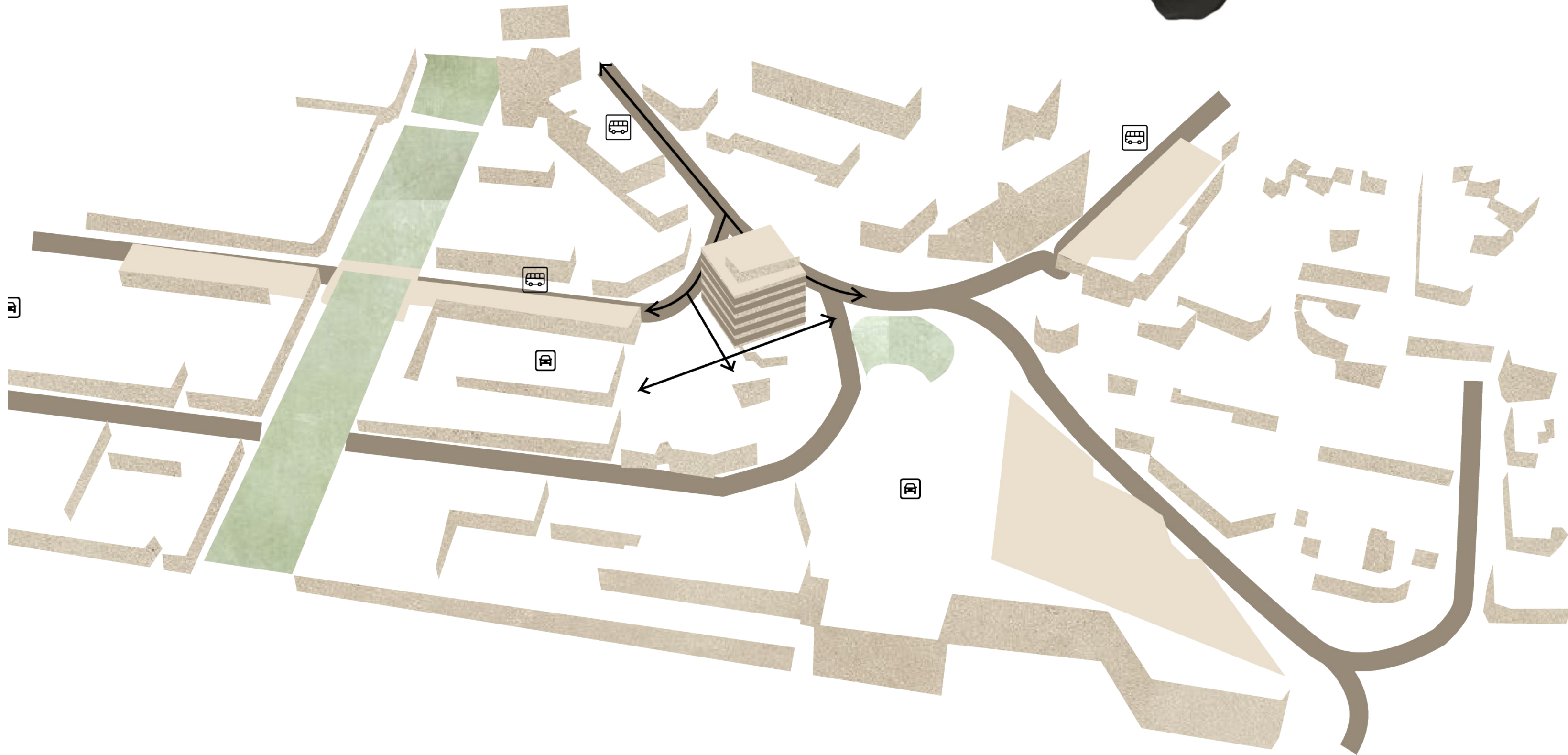
Manual Work

Vespers, Mental Prayer in Choir

Dinner

Compline, Angelus (Liturgy of the hours)

Retire



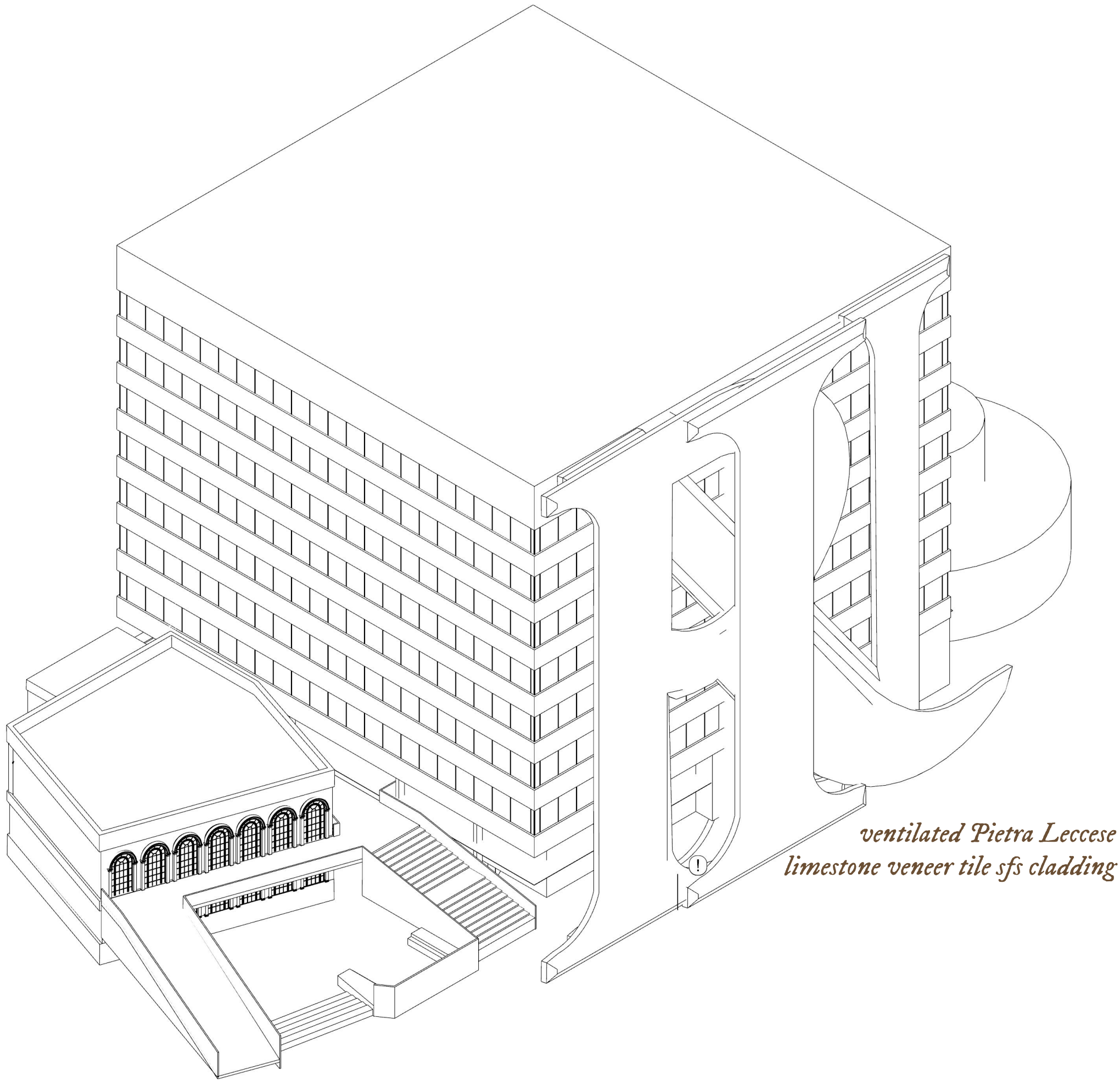


The layout is based on the traditional monastery, which was centred about a quadrangle cloister/ covered walkway. In this instance, to ensure the Abbey chapel faces East, the quadrangle was placed on an angle. The cloister cuts up through the building, creating a void core.

There are degrees of privacy inside. The brewery is public, community kitchen is semi-private, and monastery completely private to maintain a peaceful and contemplative atmosphere away from the noise of the brewery.

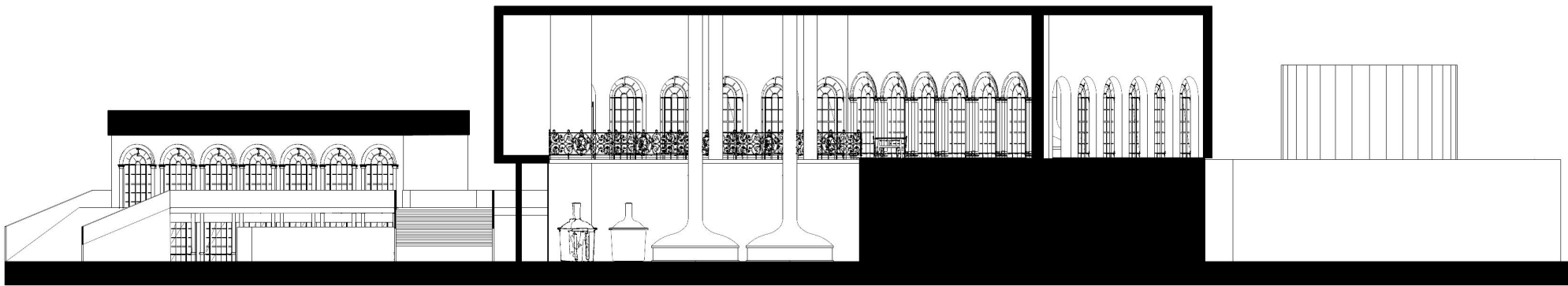
Inside the vestibule/ entrance space of the brewery sits double classical stairs to the upper section, also accessible by lift. This introduces a defining feature of the space, that causes leading lines to draw the eye to the copper kettles.

The kettles themselves are placed behind the angled walls. These walls maintain line of sight, whilst also concealing the inner workings of the brewery to maintain an element of curiosity within the user. This is achieved with large round-headed French windows, which are also used for the community kitchen's exterior.



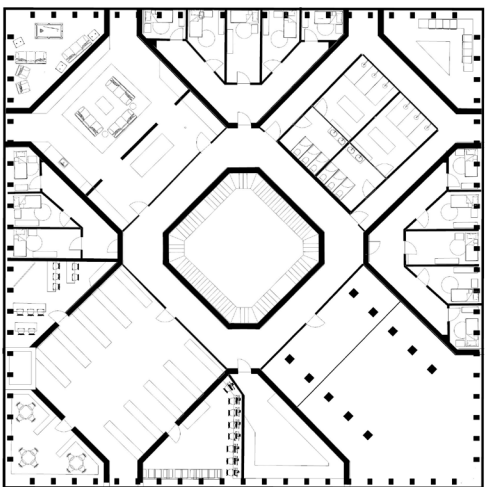
*ventilated Pietra Leccese limestone veneer tile sfs cladding*

ELEVATION OF BREWERY- GROUND FLOOR & LI

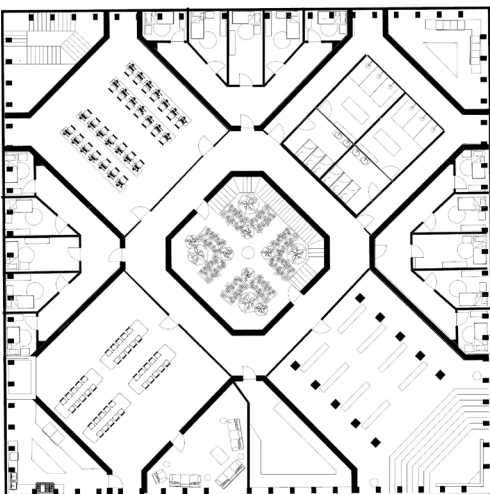


COMMUNITY KITCHEN

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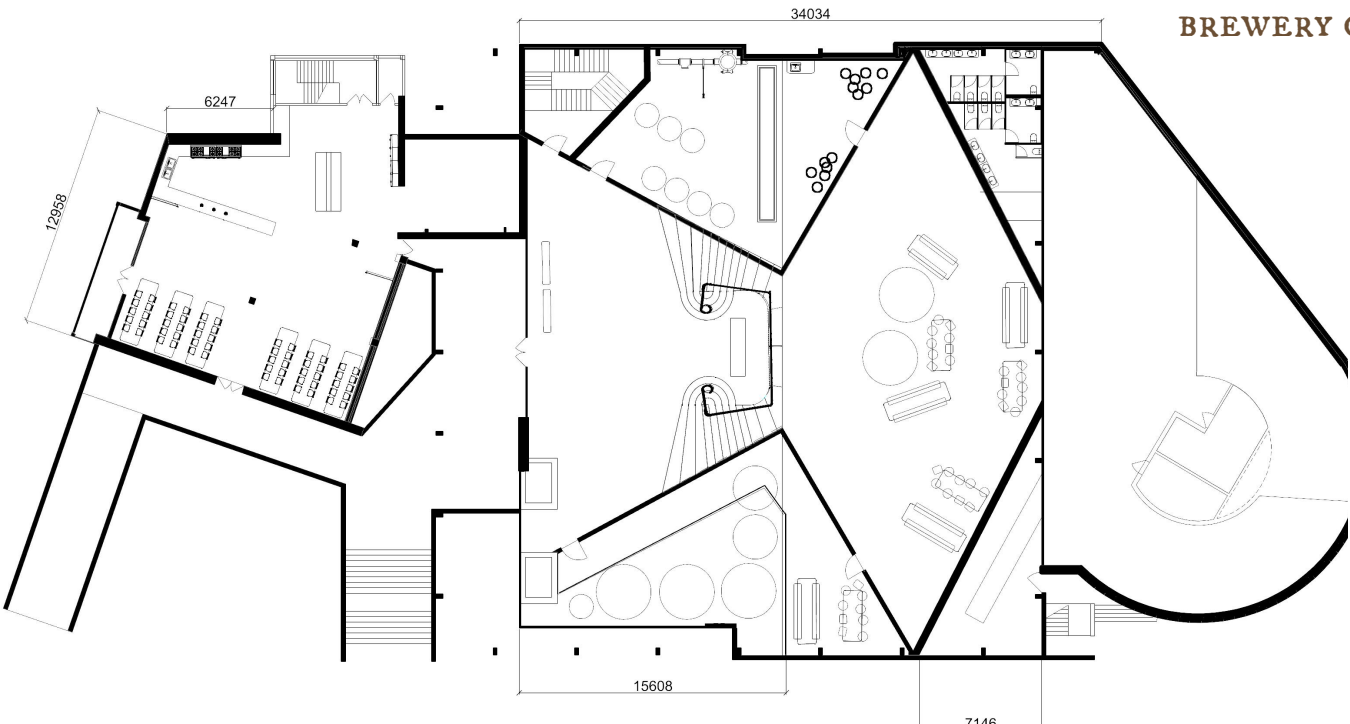


FLOOR 3- cells, library, calefactory



FLOOR 2- chapel, laundry, dining, office

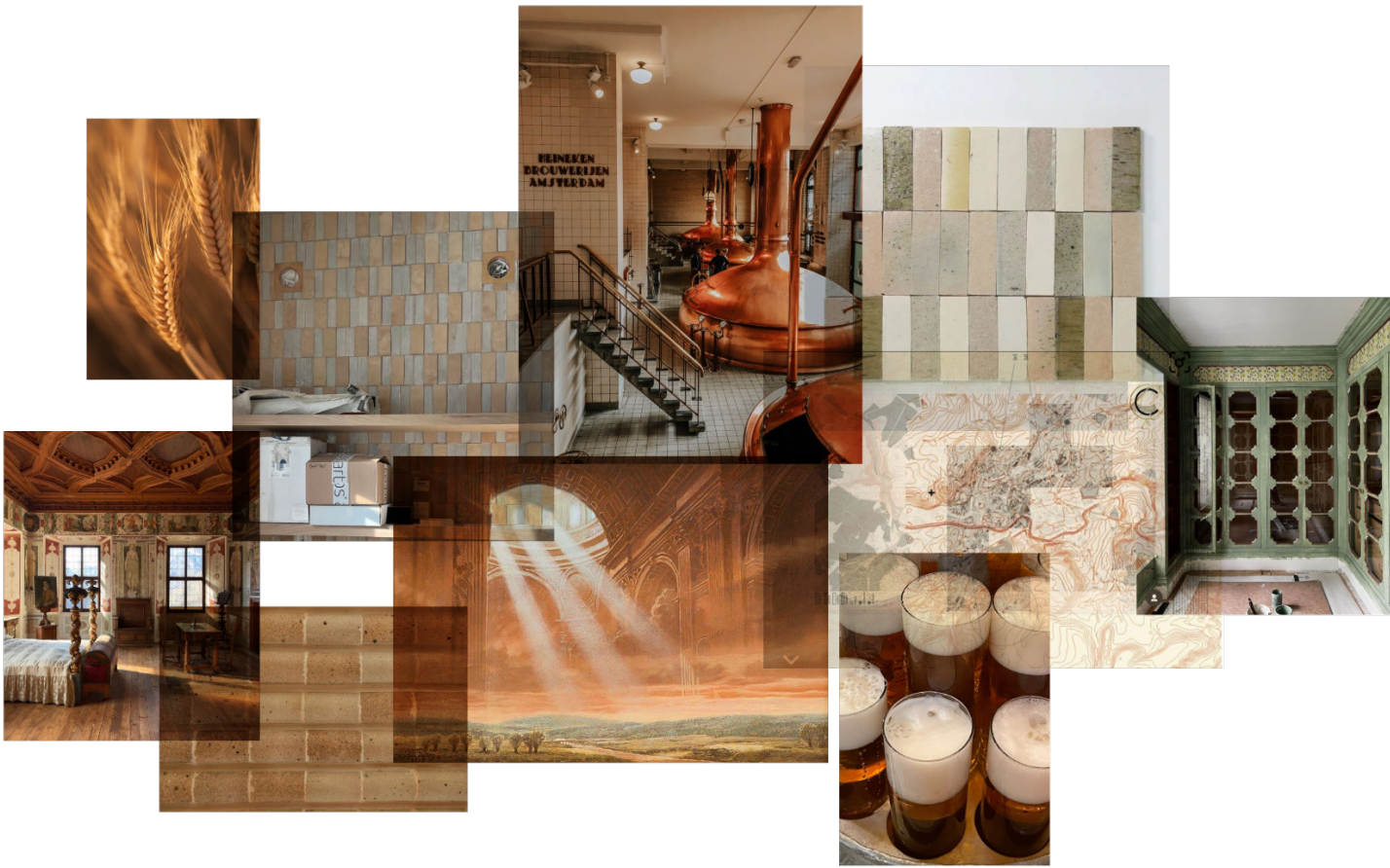
BREWERY GROUND FLOOR







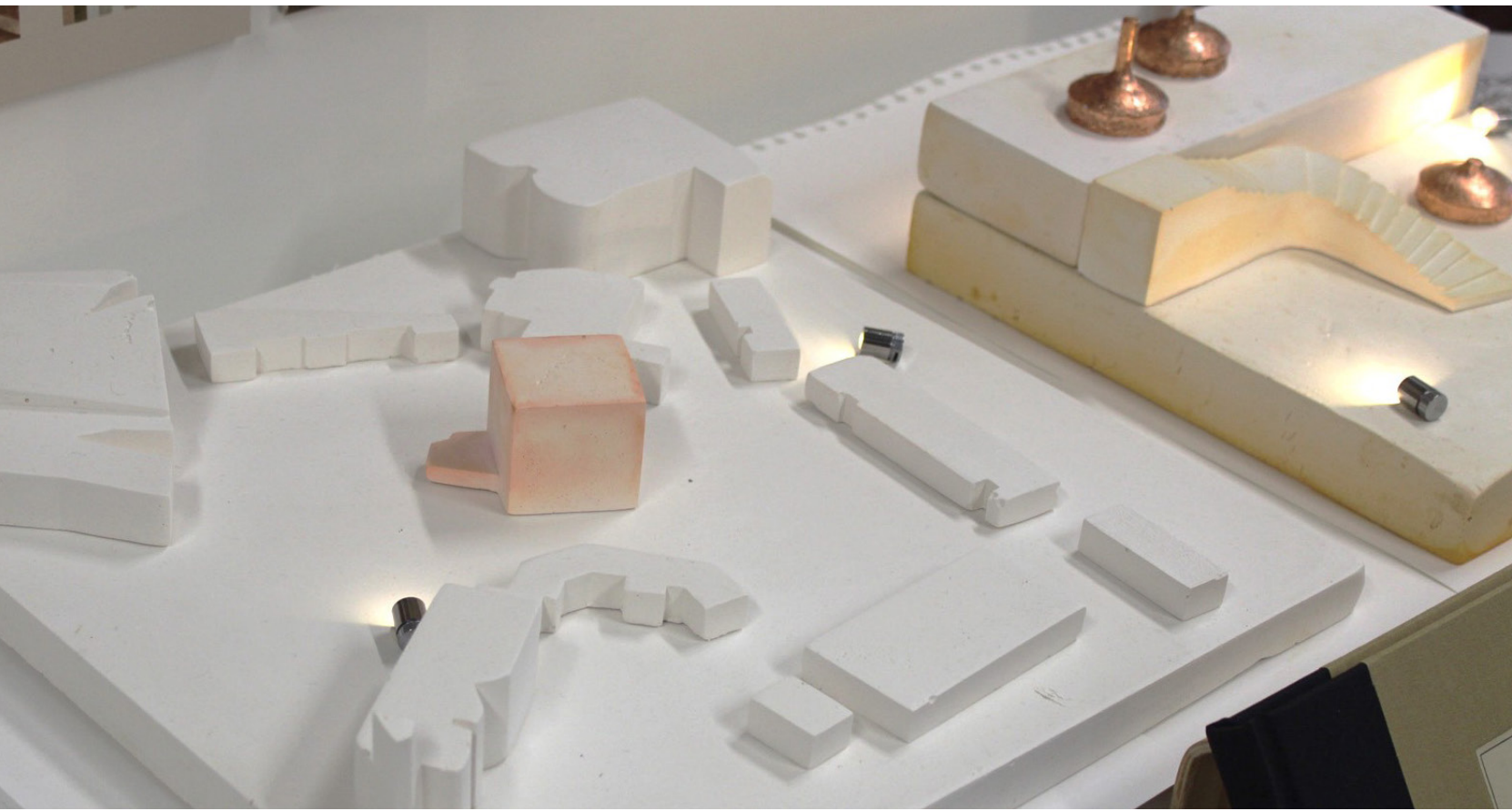
A Breviary is a book containing daily prayers that the monks live by. The beer brand was titled this way due to the relation to the monastic life, but also the wordplay it offers against ‘brewery’. The logo is characterised by decorative typographic swashes to retain sophistication.



The intended atmosphere of the vestibule/ brewery is vast, industrial yet classical, spacious, transcendent, and a macrocosm. Through the use of colour, the palette denotes not only the atmosphere, but ecclesiology. Bronze implies gold and regality, green; living things, and yellow is joy and hope.



Display shot



Model shot





*Brewery Vestibule*



*Brewery Vestibule*



*Food Bank*

*Nestled distant from the haunts of men, light ripples stream through the window, diffused by veiled curtains. Blurred shadowy murals paint the walls, as the early sun warms the room with its quiet swells, a dim chiming signals the first of the hours.*