
Vincent Square Eating Disorder Ward



The Site

Vincent Square Eating Disorder ward, is a specialist centre providing comprehensive care for adults aged 18 and over experiencing eating disorders such as Anorexia Nervosa, Bulimia Nervosa, Binge eating disorder and other Atypical eating disorders. Located in Chelsea, London, the service offers outpatient therapy, day patient programmes and inpatient care. The inpatient unit accommodates 14 individuals, while the day programme supports up to 12 patients at a time. The aim of this project was to redesign the ward as a space which resembles a home away from home. The design centres around creating an environment that feels comforting, familiar safe and supportive. More like a place of nurture than a sterile clinical setting. This approach was especially valuable for the ward as anxiety, control and vulnerability often play central roles in a patient's recovery journey. Ensuring that the design was calming, restorative and comfortable meant that some of these factors may become easier to cope with. In-depth contextual research has lead the design, reinforcing the idea that the physical environment can have a direct and meaningful impact on recovery outcomes.

Sophie Frances Criddle



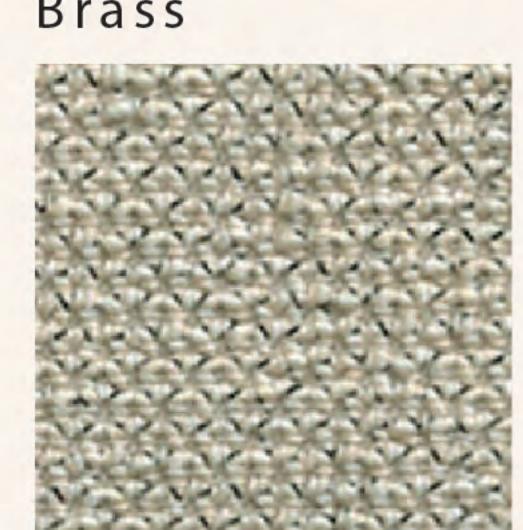


The dining room has been thoughtfully designed to accommodate the diverse needs of patients on the ward. Bespoke furniture allows for flexible and varied seating arrangements, enabling the space to adapt to individual preferences. The environment encourages choice and control, which are key components in supporting recovery.

Key Materials



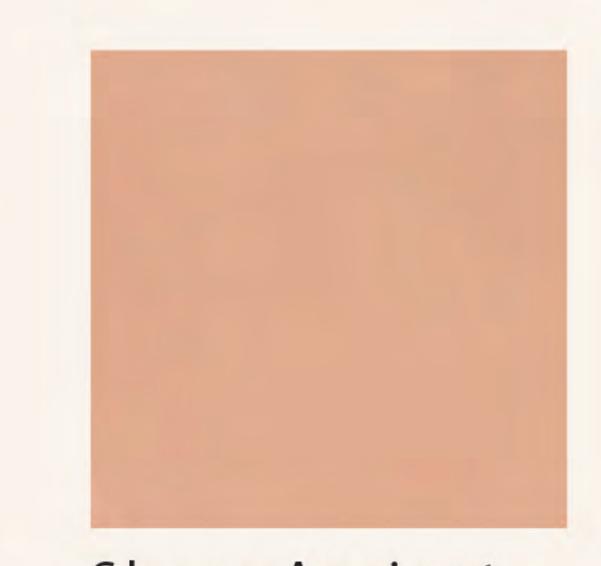
Nordic Brushed Brass



Camira Gordale UDA29



Green



Sheer Apricot R134A

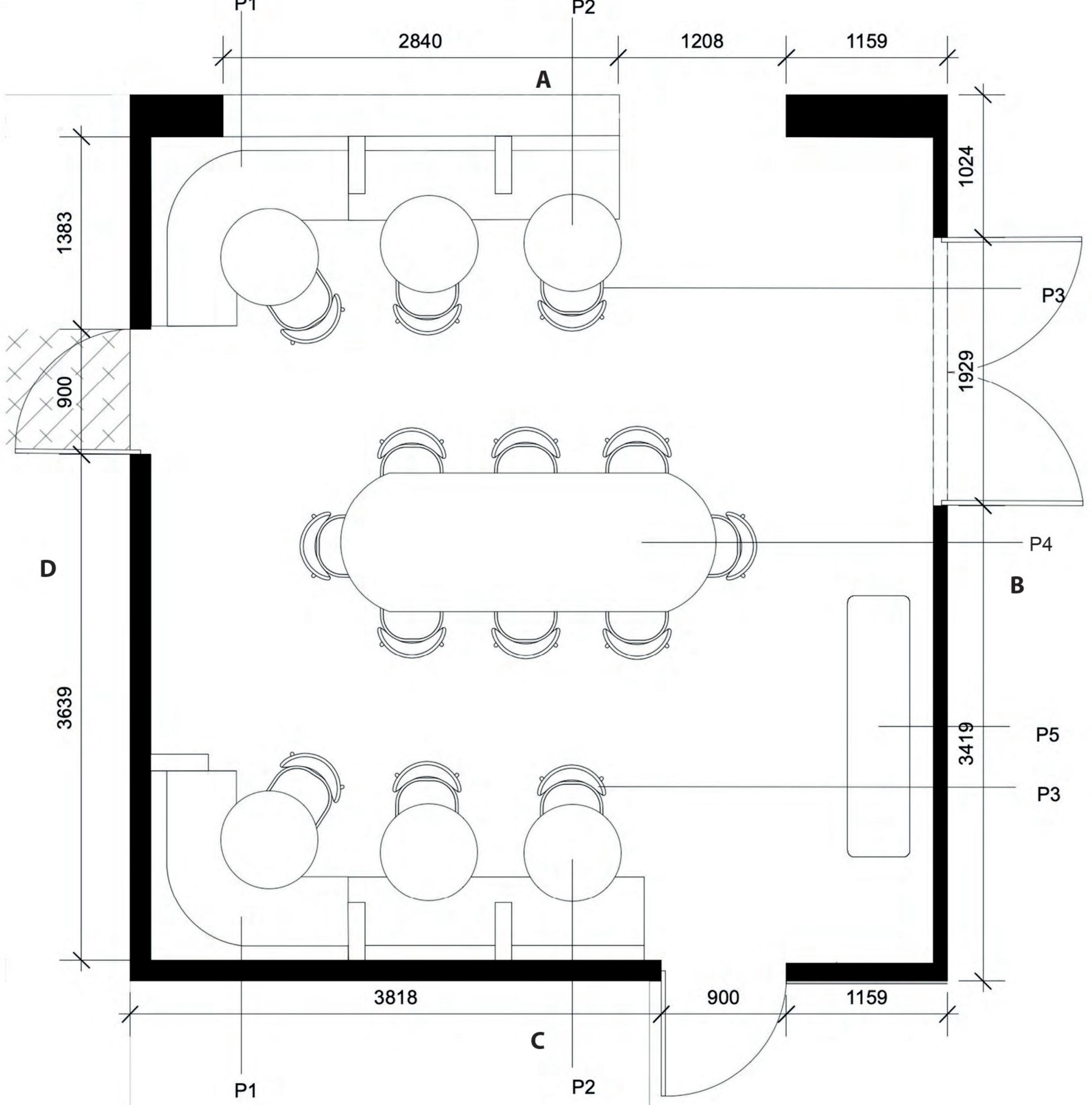


Knight Tile LVT KP96



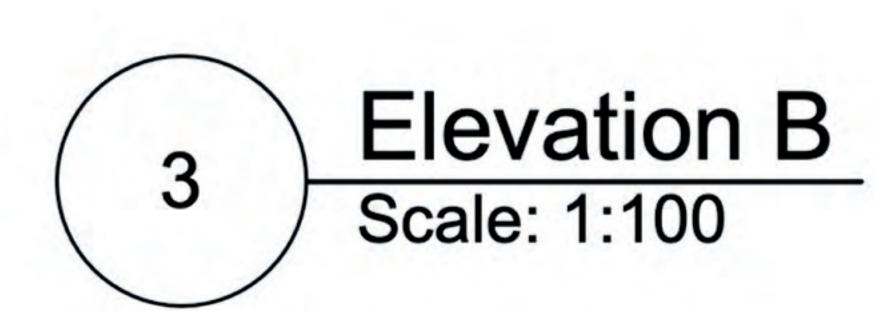
Eclectic Landscape Green

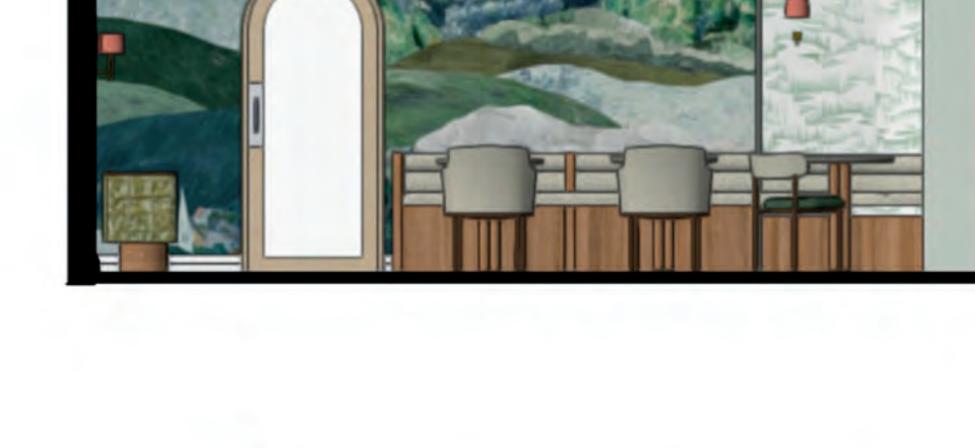
The materials selected for the dining room support the emotional, sensory and psychological needs of patients within an eating disorder ward. Together, these materials create an environment that balances calmness and warmth, offering patients a supportive and thoughtfully considered space for mealtimes.





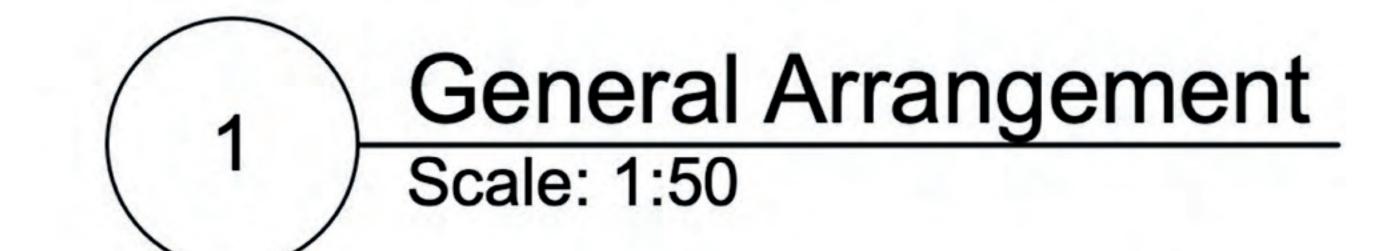


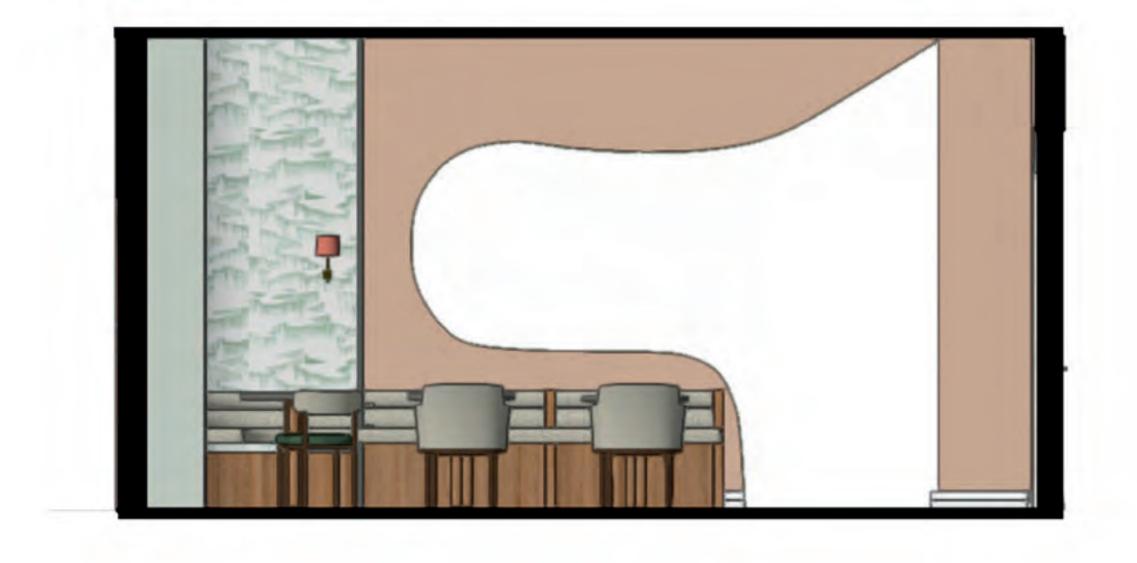


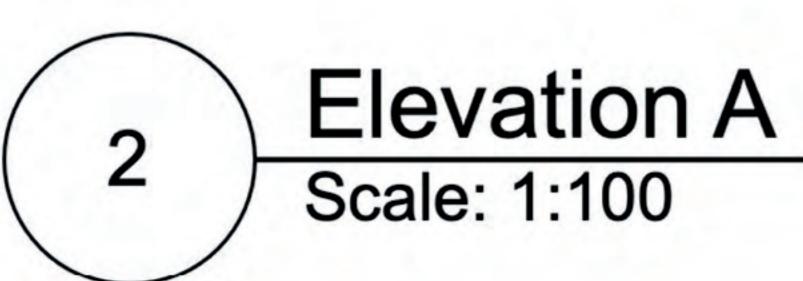


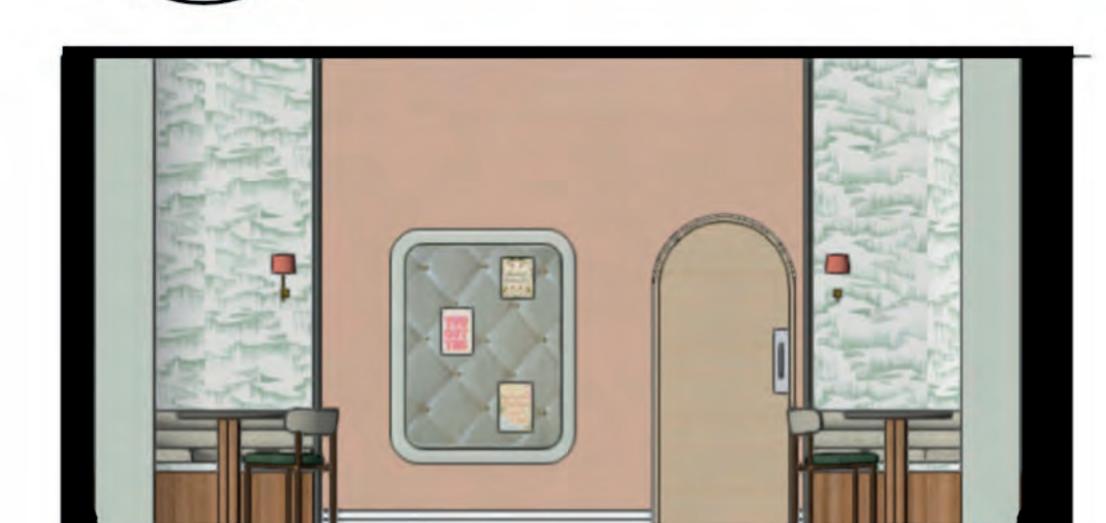
Technical Plans

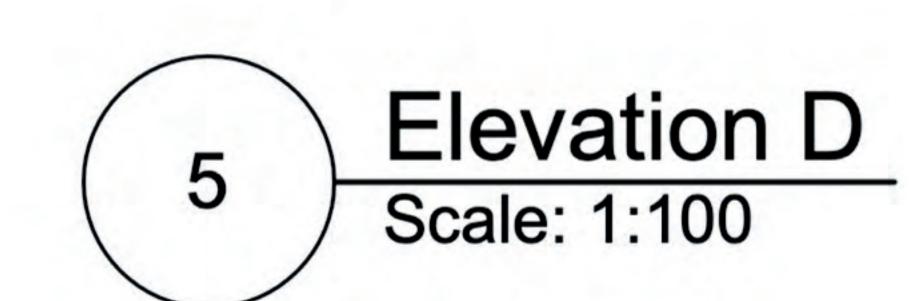
| | CODE | PRODUCT |
|--|------|--------------------------|
| | P1 | Bespoke Seating |
| | P2 | Conor White Marble Table |
| | P3 | Halston Dining Chair |
| | P4 | Elijah Dining Table |
| | P5 | Surface Cabinet - Moss |











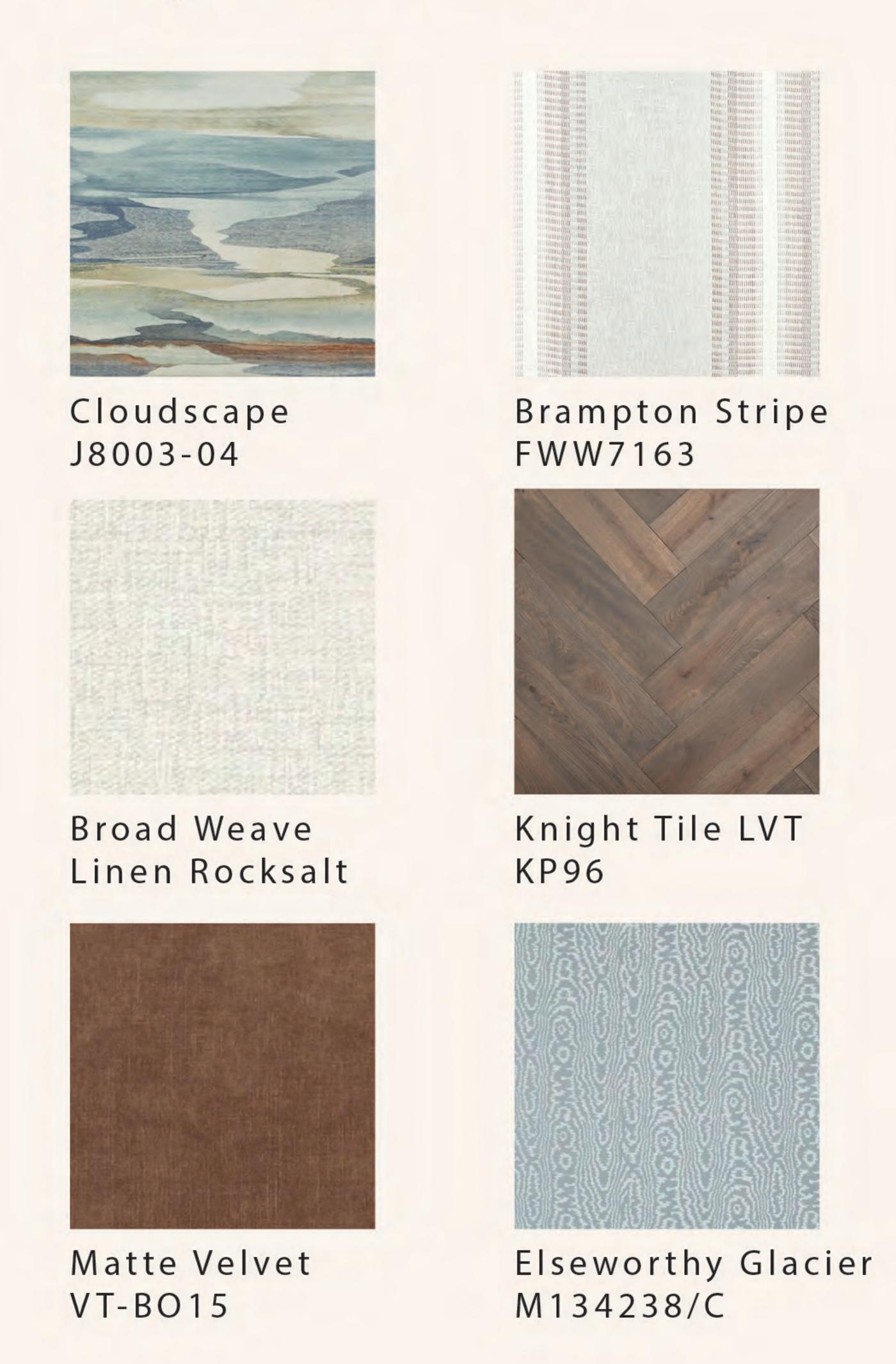
The colour palette plays a crucial role in reinforcing the dining room's therapeutic purpose. Inspired by natural landscapes and the gentle hues of a sunset. Warm peach tones are balanced with earthy greens and gentle neutrals to reflect organic elements and bring a sense of nature indoors, supporting the theme of healing and restoration.

Elevation C Scale: 1:100





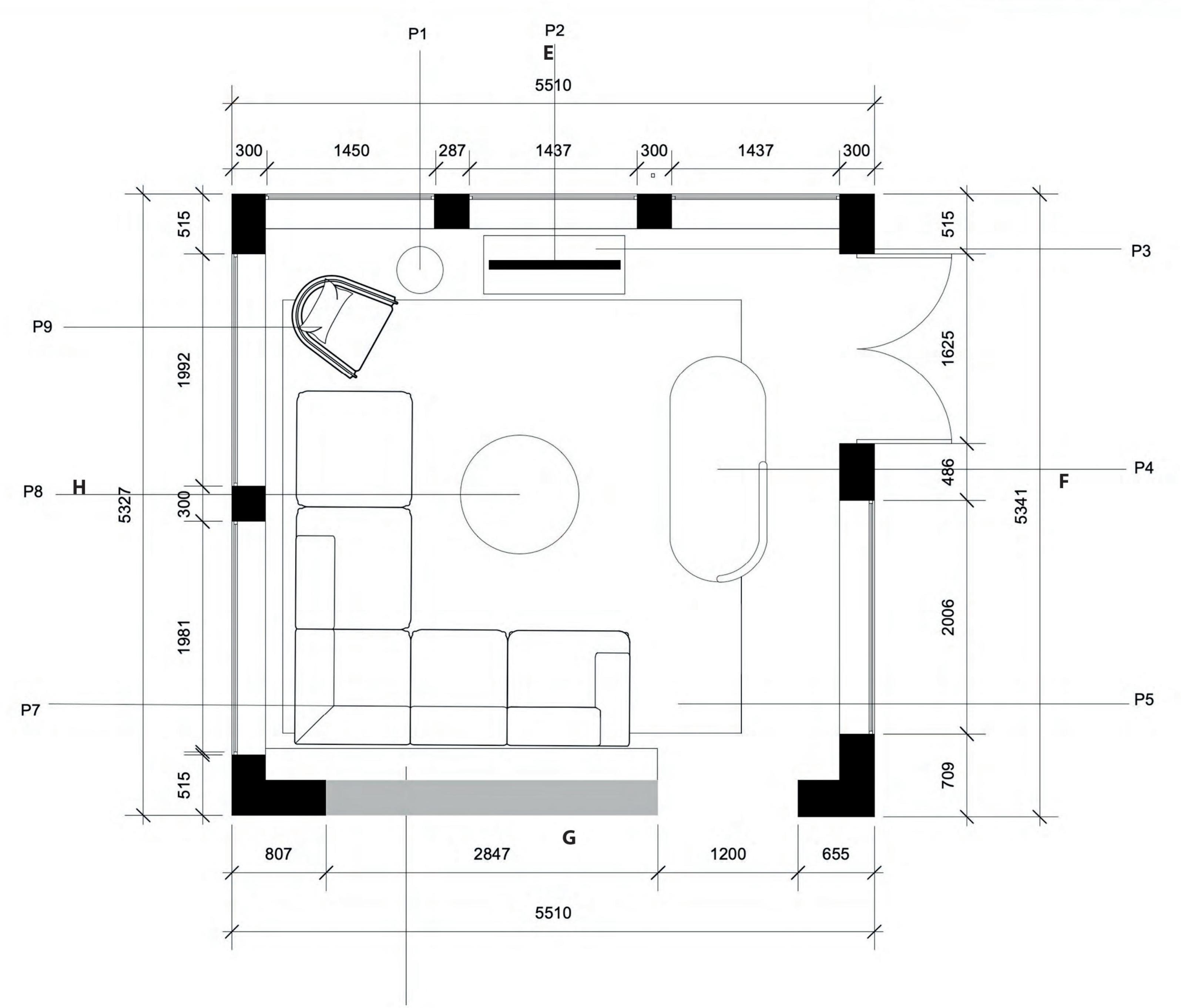
Key Materials



Natural textures, soft patterns and a muted palette work together to create a sense of safety and home. Layered elements incorporate biophilic references that foster tranquillity and reflection, while tactile fabrics offer sensory grounding and comfort.

The day room is a flexible space that responds to the varying emotional and psychological needs of patients throughout the day. The spatial planning prioritises choice, comfort and a sense of calm, offering a range of zones that allow individuals to engage, rest or reflect according to their personal needs. The room has been consciously organised to avoid overstimulation, with clear visual lines and gentle transitions between areas.





Technical Plans

| CODE | PRODUCT |
|------|---------------------------|
| P1 | Vitra Side Table |
| P2 | TV |
| P3 | Adlon Coffee Table |
| P4 | Half Back Rest Chaise |
| P5 | Horizon Abstract Wool Rug |
| P6 | Bespoke Wall |
| P7 | Kingley Large Corner Sofa |
| P8 | Ocean Marble Coffee Table |
| P9 | Poppy Lounge Chair |

General Arrangement

Scale: 1:50

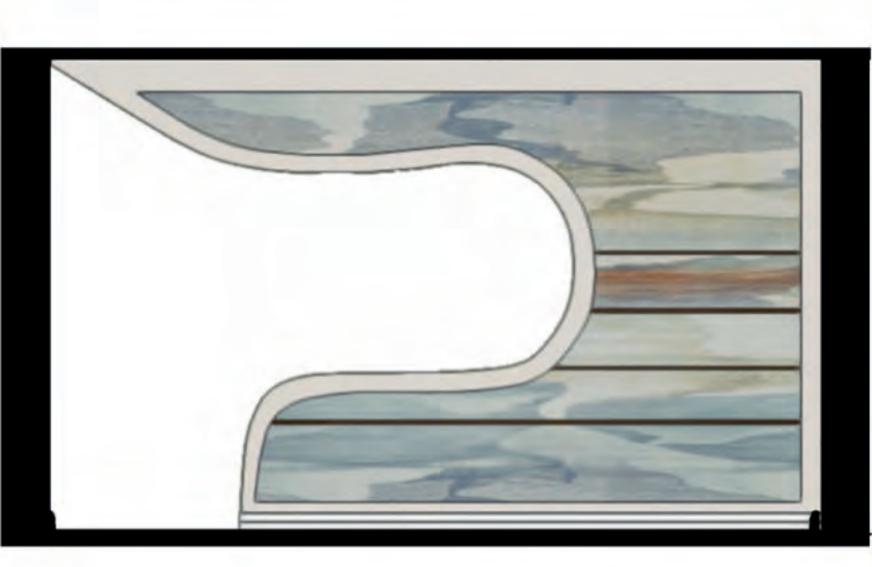
9

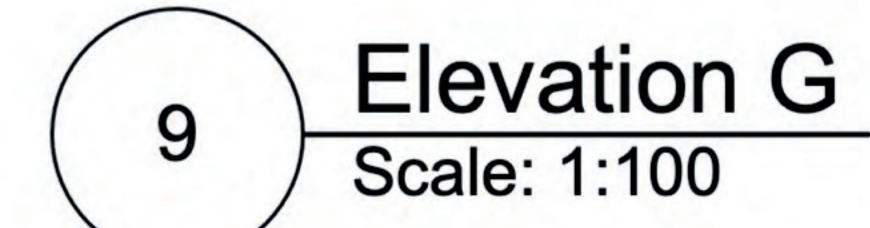


Flevation E Scale: 1:100







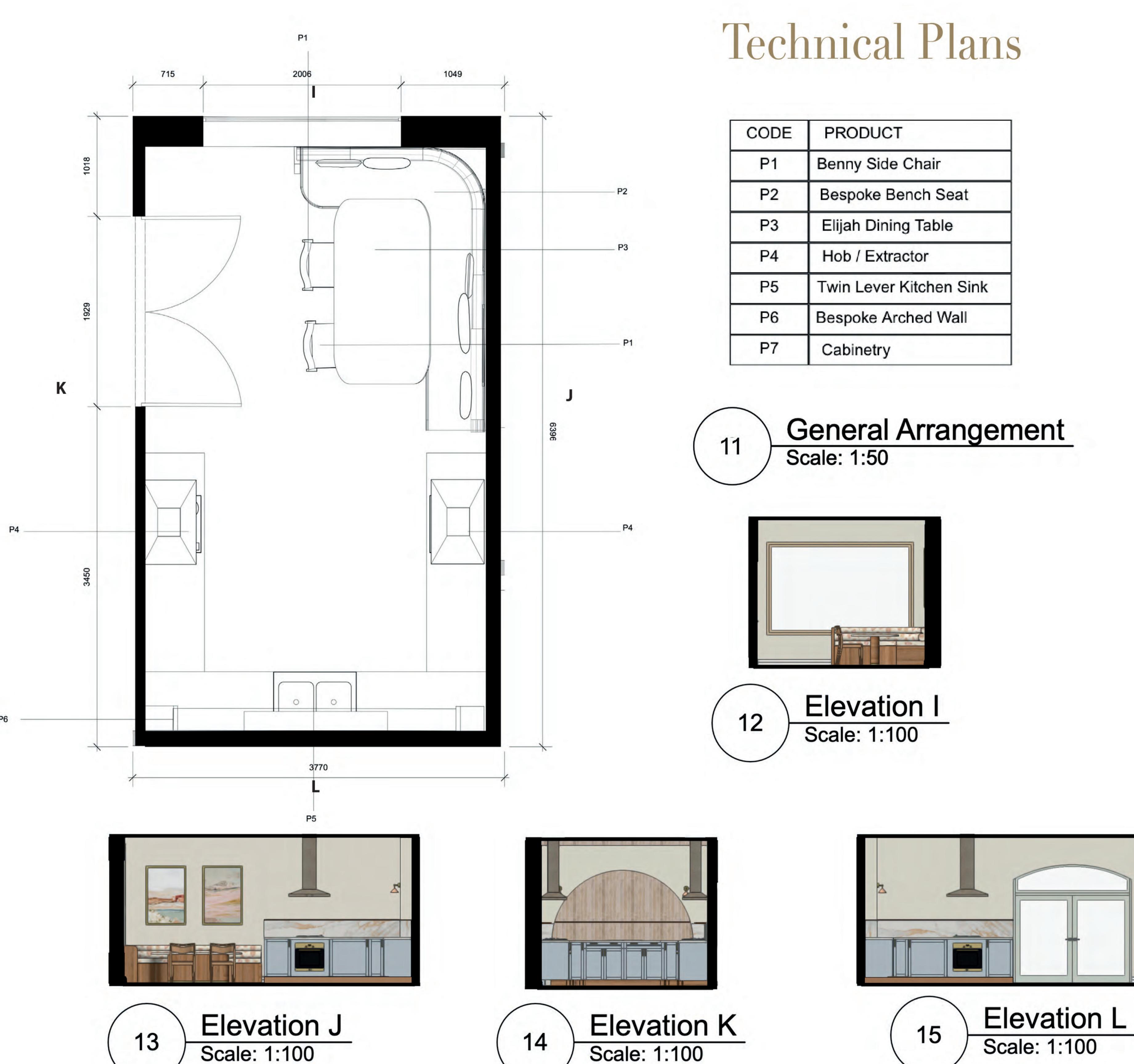




Elevation F
Scale: 1:100

Natural light and external views are maximised where possible. The overall design of this space echoes the overall concept and enhances a homely aesthetic. This reinforces the idea of the day room as a 'home away from home' where patients can 'simply be' without pressure or expectation.





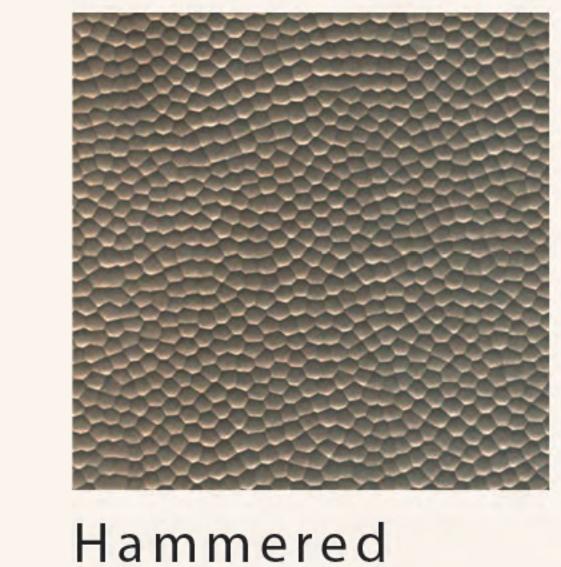
The colour palette centres around muted blues, soft peachy tones and grounding browns, each chosen for their therapeutic qualities and emotional resonance. These tones are balanced equally through the space contributing to an overall atmosphere of stability and reassurance. The colour palette helps the space move away from sterile or overly clinical associations, and instead creates, uplifting space that feels safe and emotionally accessible.





The therapy kitchen is a supportive, transitional space where patients can gradually rebuild their relationship with food through hands-on cooking and eating in a safe, homely setting. The layout offers both structure and flexibility, allowing individuals to engage at their own pace.

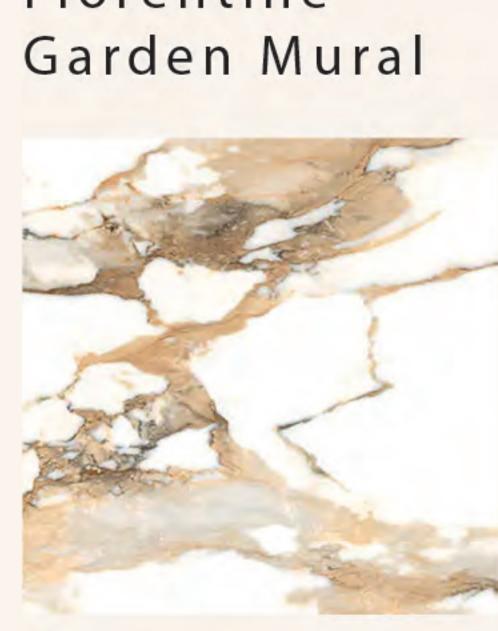
Key Materials



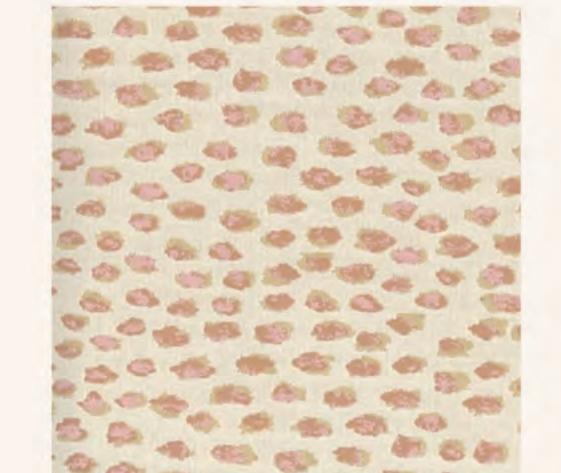
Brass



Florentine



Roma Stone



Elements 751-131



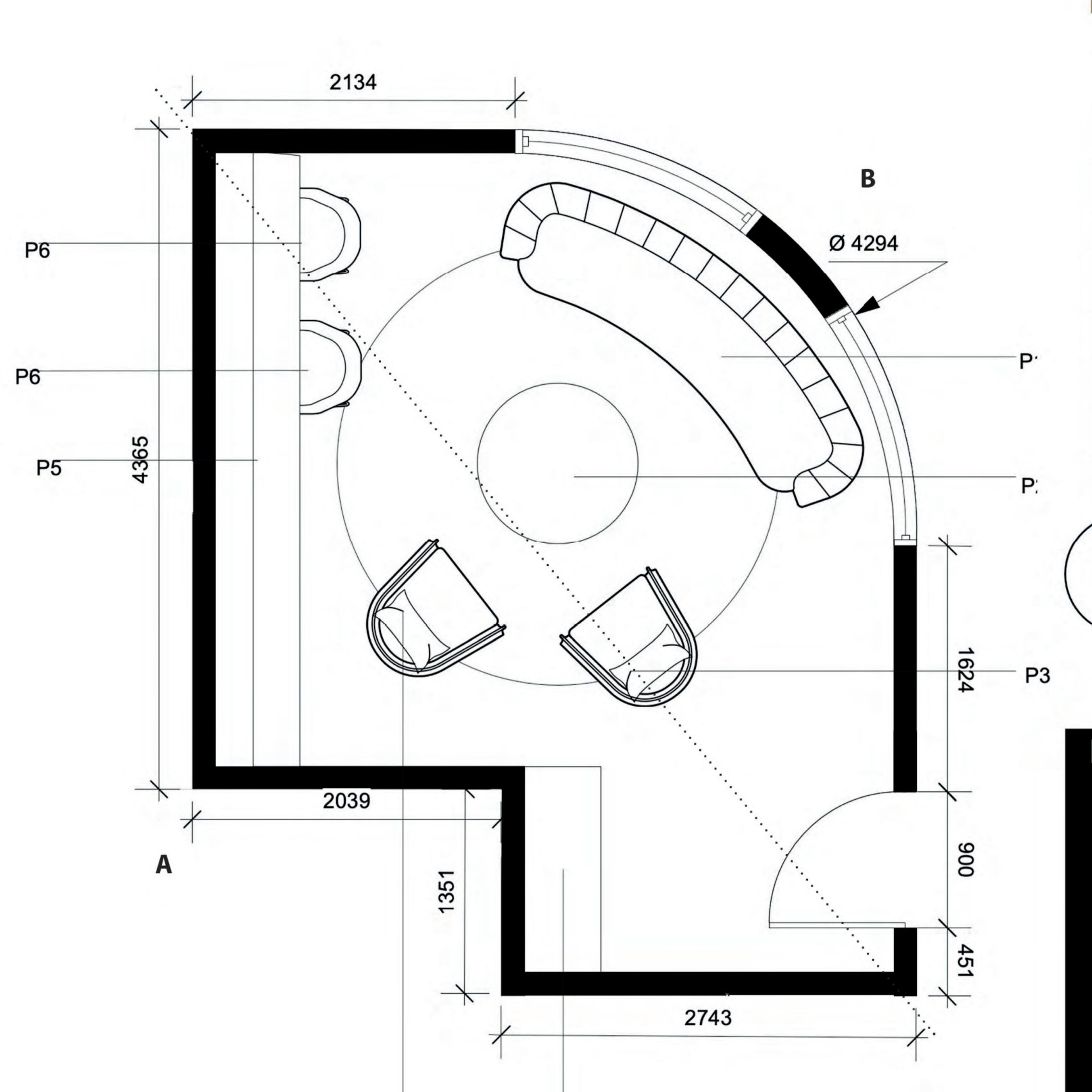
Hoxton Hirst Square



Halcyon Days R174F

The key materials used for the therapy kitchen create a warm, nurturing and emotionally supportive environment that encourages patients to re-engage with food in a safe and familiar setting. Soft peach tones, warm brass, and earthy neutrals are balanced with calming blue-grey materials to establish a palette that feels both grounded and gentle.





Technical Plans

| CODE | PRODUCT |
|------|----------------------------|
| P1 | Josephine Sofa |
| P2 | Forest Marble Coffee Table |
| Р3 | Poppy Arm Chair |
| P4 | Coffee Station |
| P5 | Bespoke Cabinetry |
| P6 | Caverna Arm Chair |
| P7 | Seville Setas Rug |

General Arrangement
Scale: 1:50



Section A
Scale: 1:50

The colour palette used in this space will help to support staff during high pressure moments.

The bespoke wall feature adds visual interest and is symbolic of rolling hills. Combined with the colour palette, this feature creates a restorative atmostphere for staff



Section B

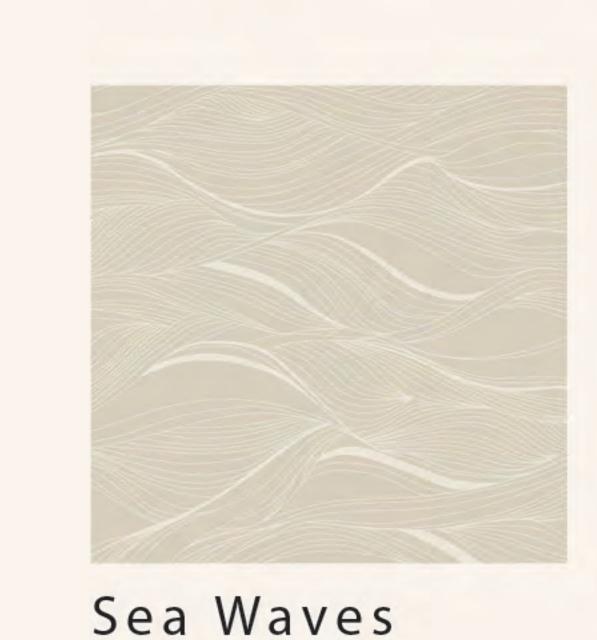
Scale: 1:50





The nurses station has been reimagined not just as a clinical control point, but as a gentle, grounding presence within the ward. A place of quiet reassurance, connection and care. The addition of a curved wall softens the visual language of the space, allowing staff to observe and respond attentively without the space becoming overly dominant or imposing. The curve also evokes a feeling of openness and flow.

Key Materials



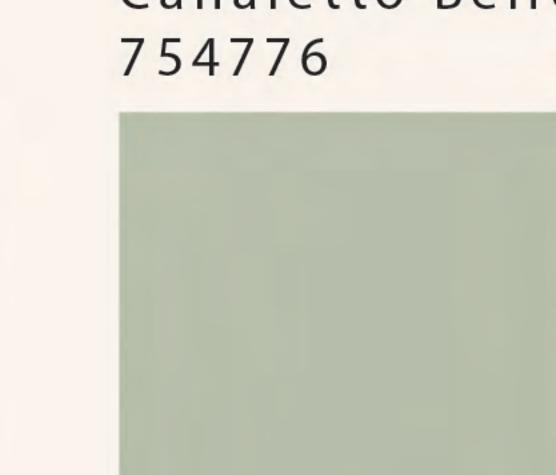
Light Beige



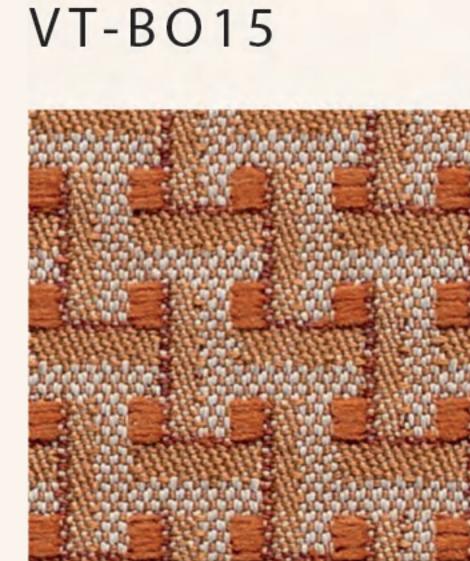
Canaletto Beife



Matte Velvet



vet Green Laminate F5344



Janis Burnt Orange



Knight Tile LVT KP95 - 6

The selected material palette brings together earthy warmth, organic textures and calming tones to support both emotional wellbeing and functionality within the ward. Soft sage green and natural timber tones create a soothing foundation. Subtle movement and visual interest are incorperated which echoes, the themes of stillness and nostalgia.



Angle Corner Chaise

Ashby Dressing Table

Ottoman Stool Model 03

P7



The first style of bedroom which has been designed utilises the unique shape of the room. The spatial planning is carefully considered to ensure the space is functional yet welcoming. It's vital that the environment has a calming and tranquil atmosphere which would encourage people to relax and use the space.

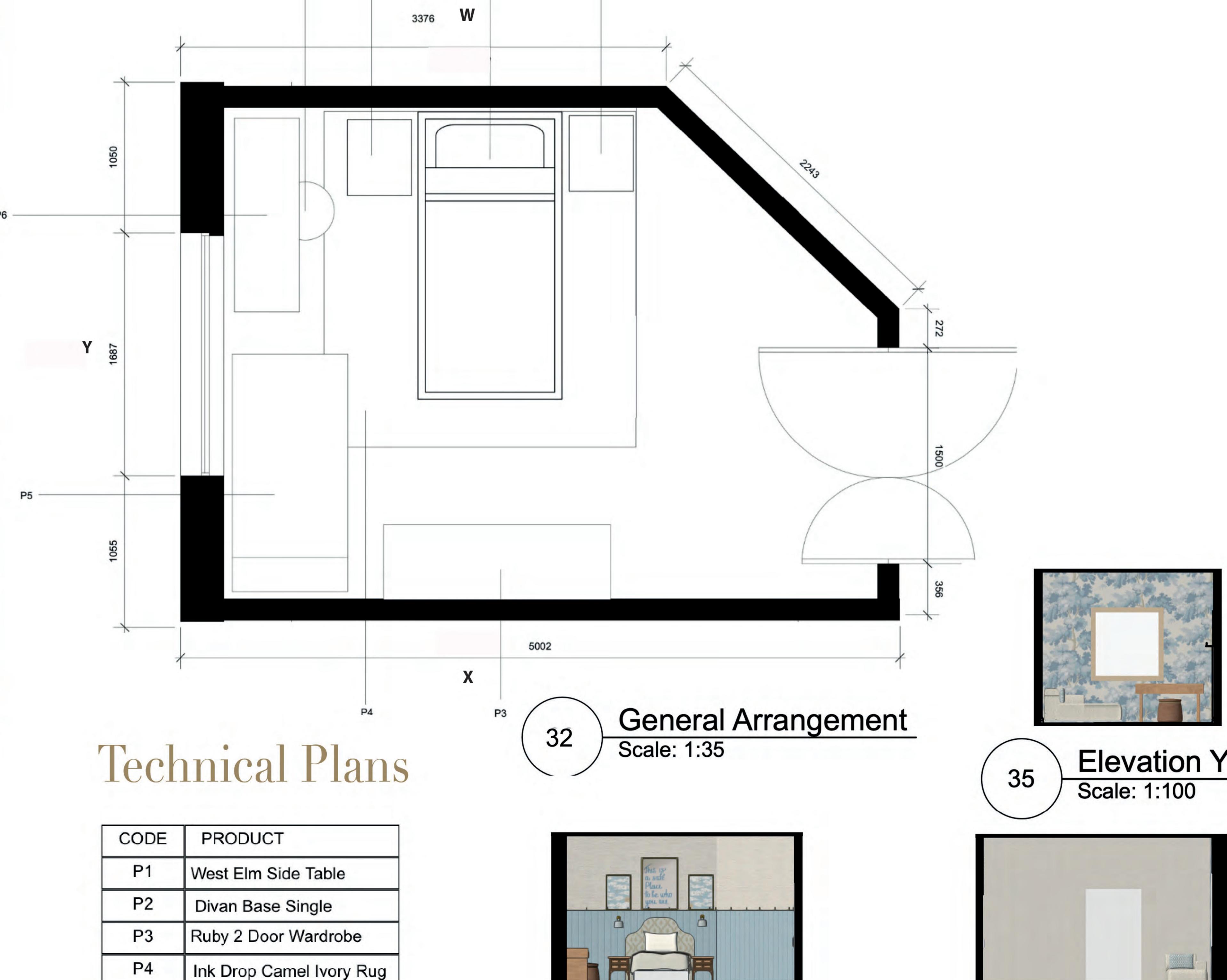
Key Materials



The material palette for the first bedroom creates a soft, nurturing environment that supports emotional wellbeing and recovery. The combination of warm neutrals, dusty blues and organic textures creates a sense of calm and familiarity, helping to reduce anxiety and promote rest.

Hayfield Oak

SM-VGW8241



This space uses using a refined palette of soft blues, warm beige and accents of gold to create a soothing yet uplifting atmosphere. Pale blue wood paneling with a subtle washed finish creates a soothing feel, complemented by a large-scale leafy mural in muted blue that connects the patients to nature. The upholstered headboard, adds a sense of familiarity. The small sofa offers a quiet place for patients to rest and or engage in mindful activities such as reading or journaling.

Elevation W

Scale: 1:100

Elevation X
Scale: 1:100



Sophie Frances Criddle

Raphael

Light Blue