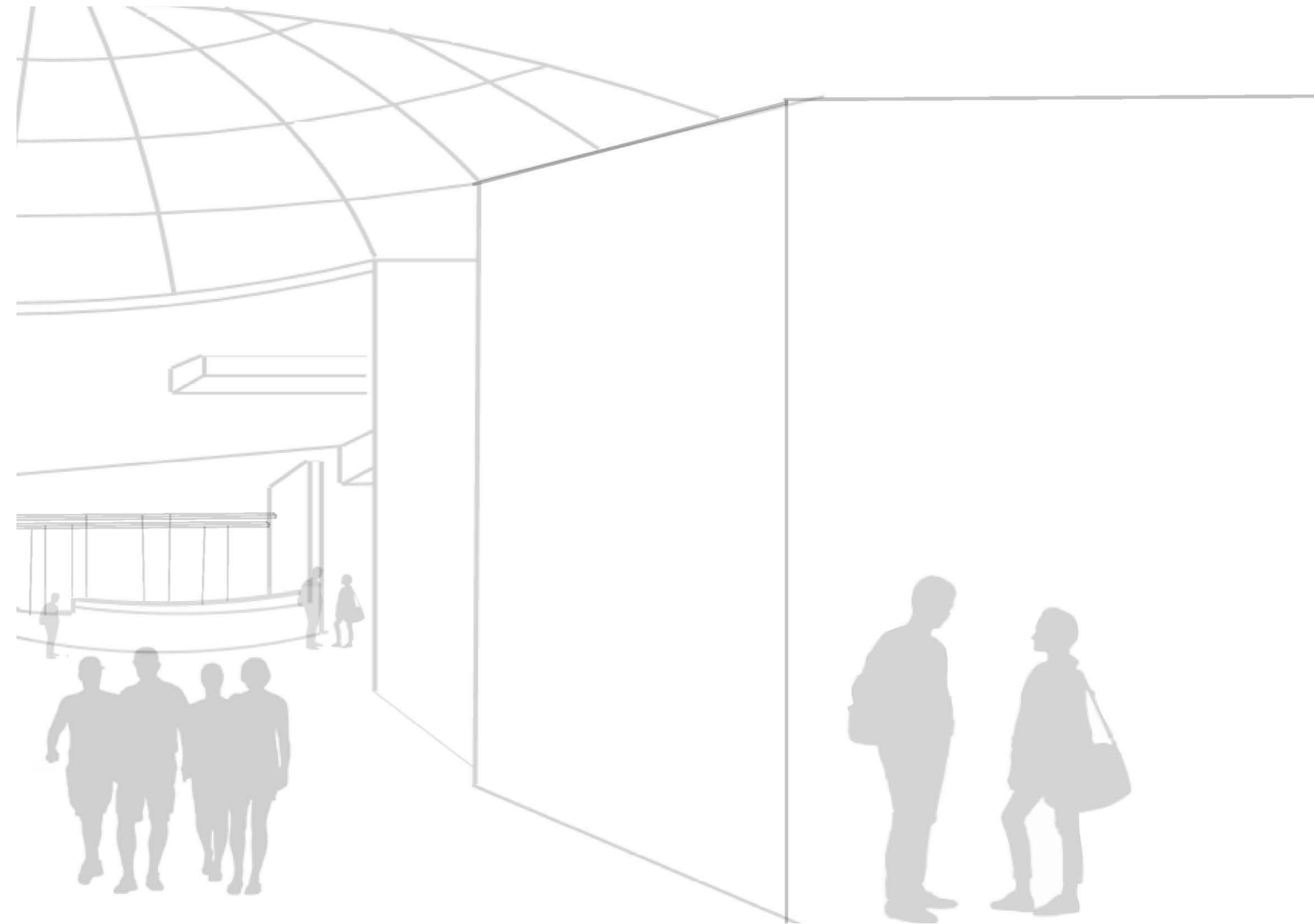
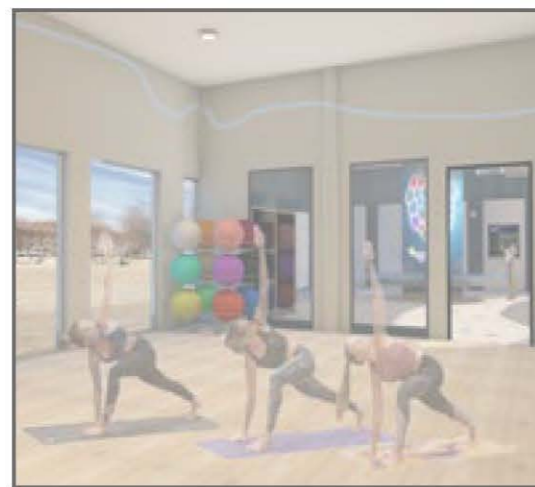
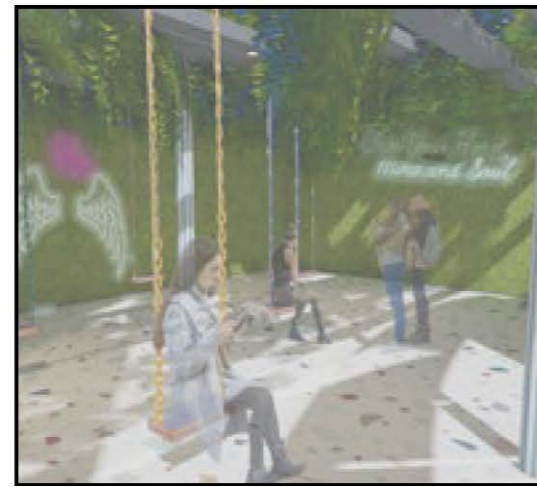


# About Cloud 9

This project focuses on the health and well-being of students and faculty because University can have a negative impact on a person's mental health. As a result, I've picked this issue since, as a student, I've seen directly how University may affect one's mental health. This centre will be designed to be more than simply a dull, clinical area; it should be a location where you feel comfortable dropping in when you need to de-stress or unwind.

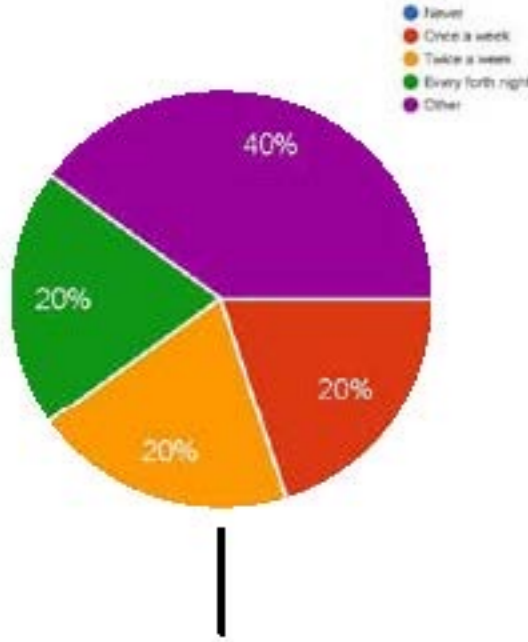
Cloud9 will offer a range of places dedicated to a person's wellness, such as aromatherapy suites for those with anxiety, as well as counselling rooms for the comfort of students and employees.

The building will be open 24hrs a day, 7days a week. The central space with a full cafe for students and faculty to be sociable as well as different therapy spaces. An extra floor will be added to accommodate the art therapy and aromatherapy spaces. The basement will be used as an indoor playground equipped with arcade games, social space and vending machines for snacks.

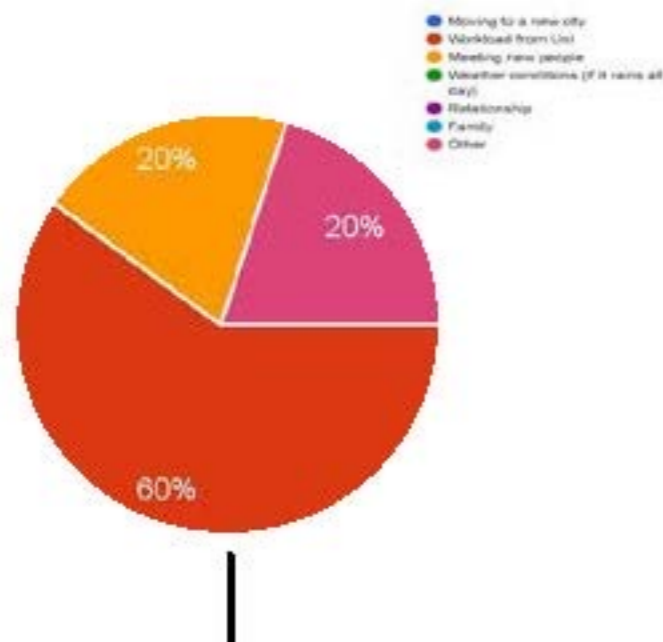


# Research Analysis

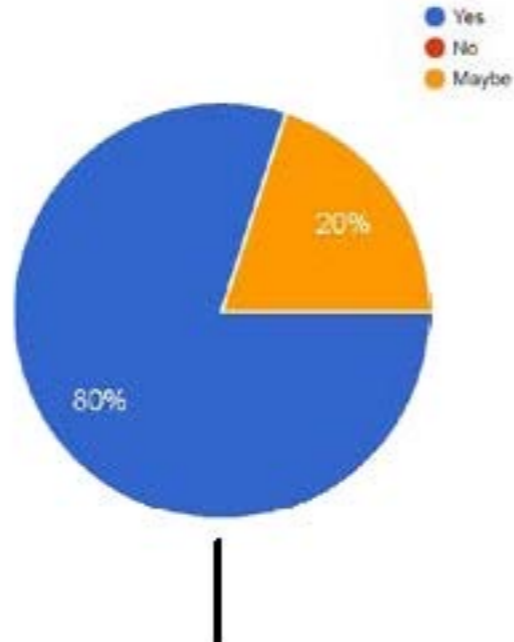
This analysis shows the results of a short anonymous survey that was conducted for students and tutors to get an understanding of how well they cope with university while also obtaining info on what facilities they'd find helpful for distressing and relax within cloud 9.



40% respondents have answered that they experience levels of stress more than once a week and the other percentage has experienced stress no more than once a week.



60% of respondents have answered that the workload from University has had an impact on their life causing high levels of stress and anxiety.



Almost 80% of students and employees of the university would be inclined to use a centre focused on destressing.



McEwan Hall



Potterrow Dome

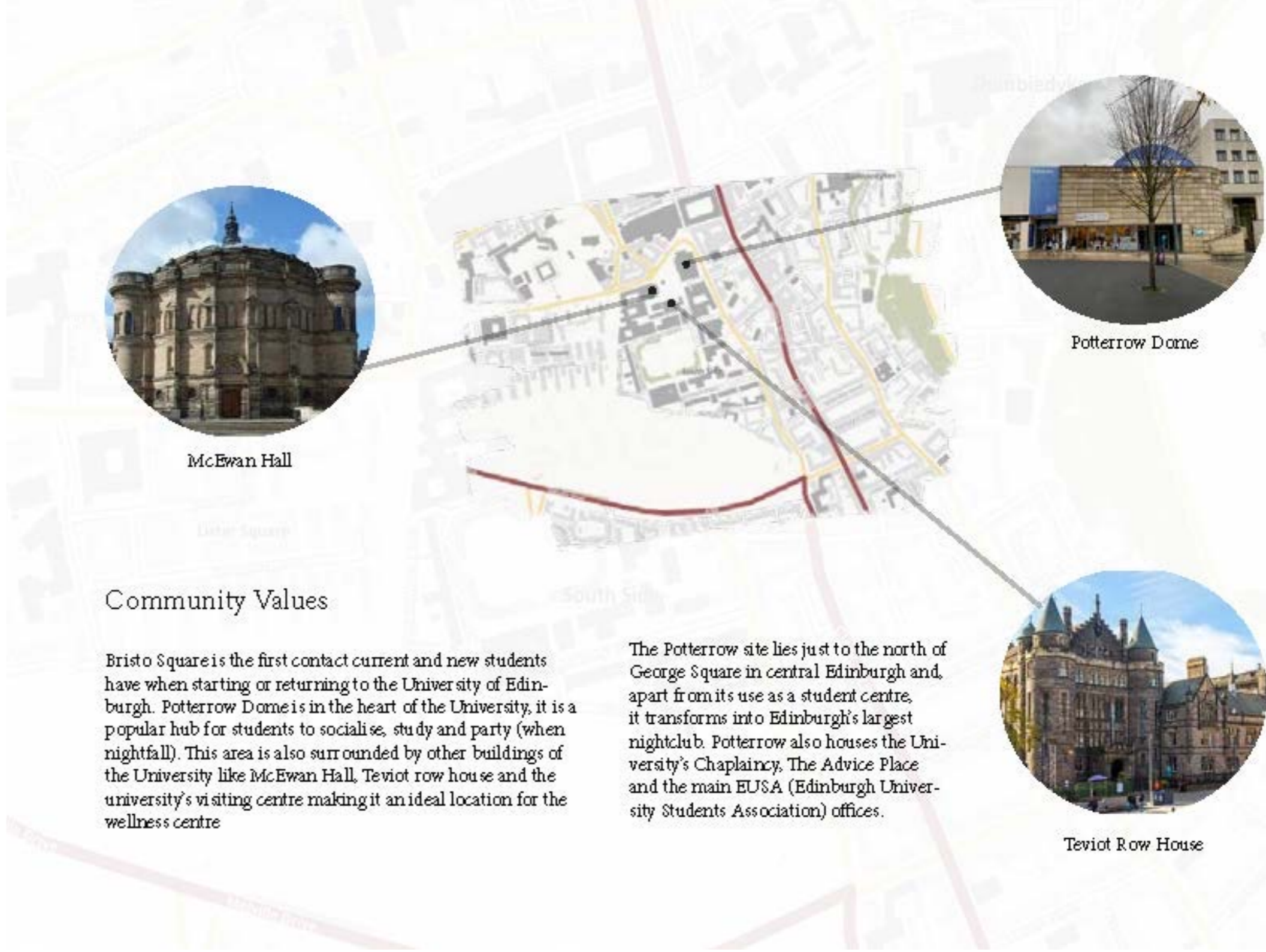


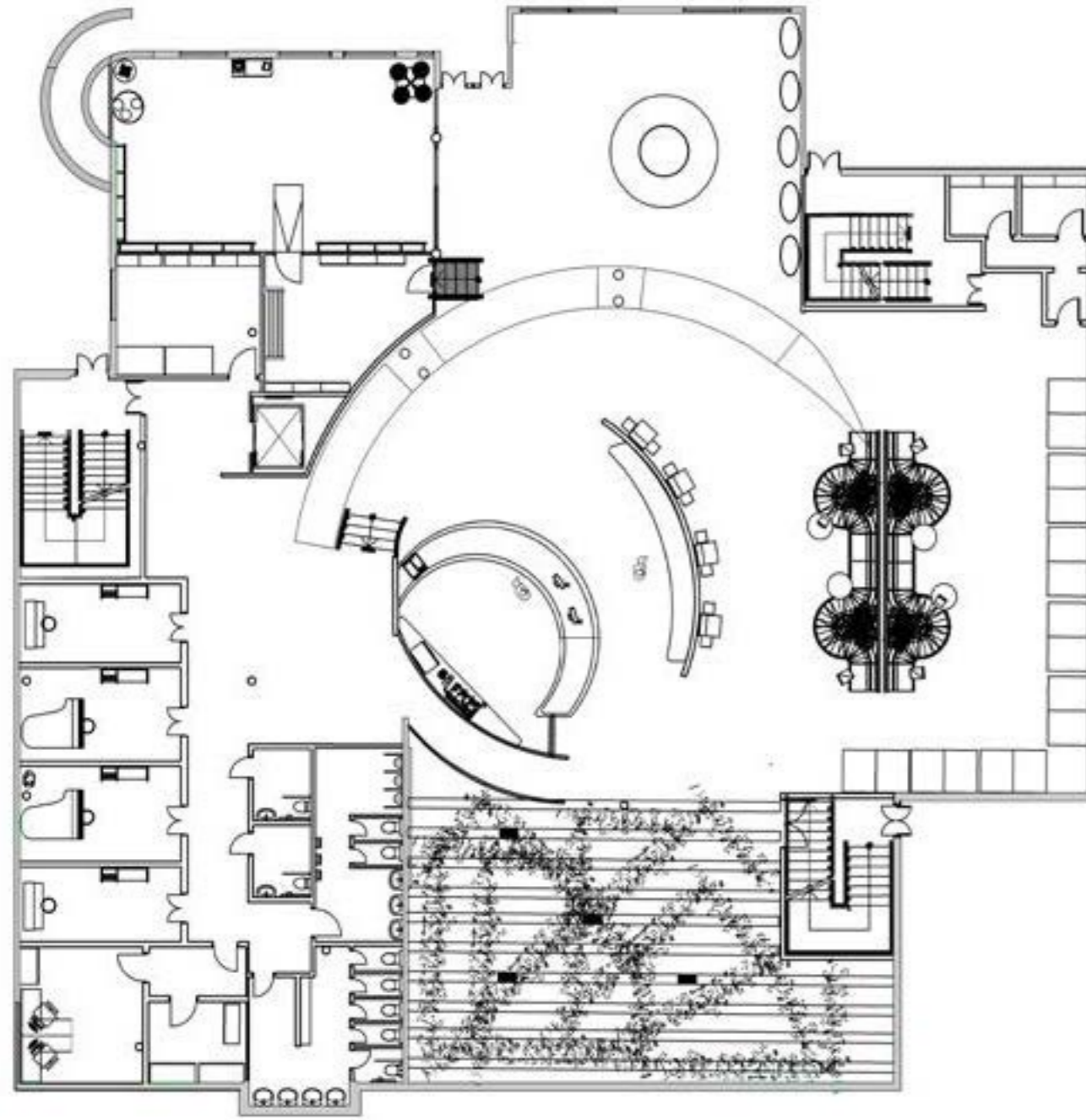
Teviot Row House

## Community Values

Bristo Square is the first contact current and new students have when starting or returning to the University of Edinburgh. Potterrow Dome is in the heart of the University, it is a popular hub for students to socialise, study and party (when nightfall). This area is also surrounded by other buildings of the University like McEwan Hall, Teviot row house and the university's visiting centre making it an ideal location for the wellness centre

The Potterrow site lies just to the north of George Square in central Edinburgh and, apart from its use as a student centre, it transforms into Edinburgh's largest nightclub. Potterrow also houses the University's Chaplaincy, The Advice Place and the main EUSA (Edinburgh University Students Association) offices.





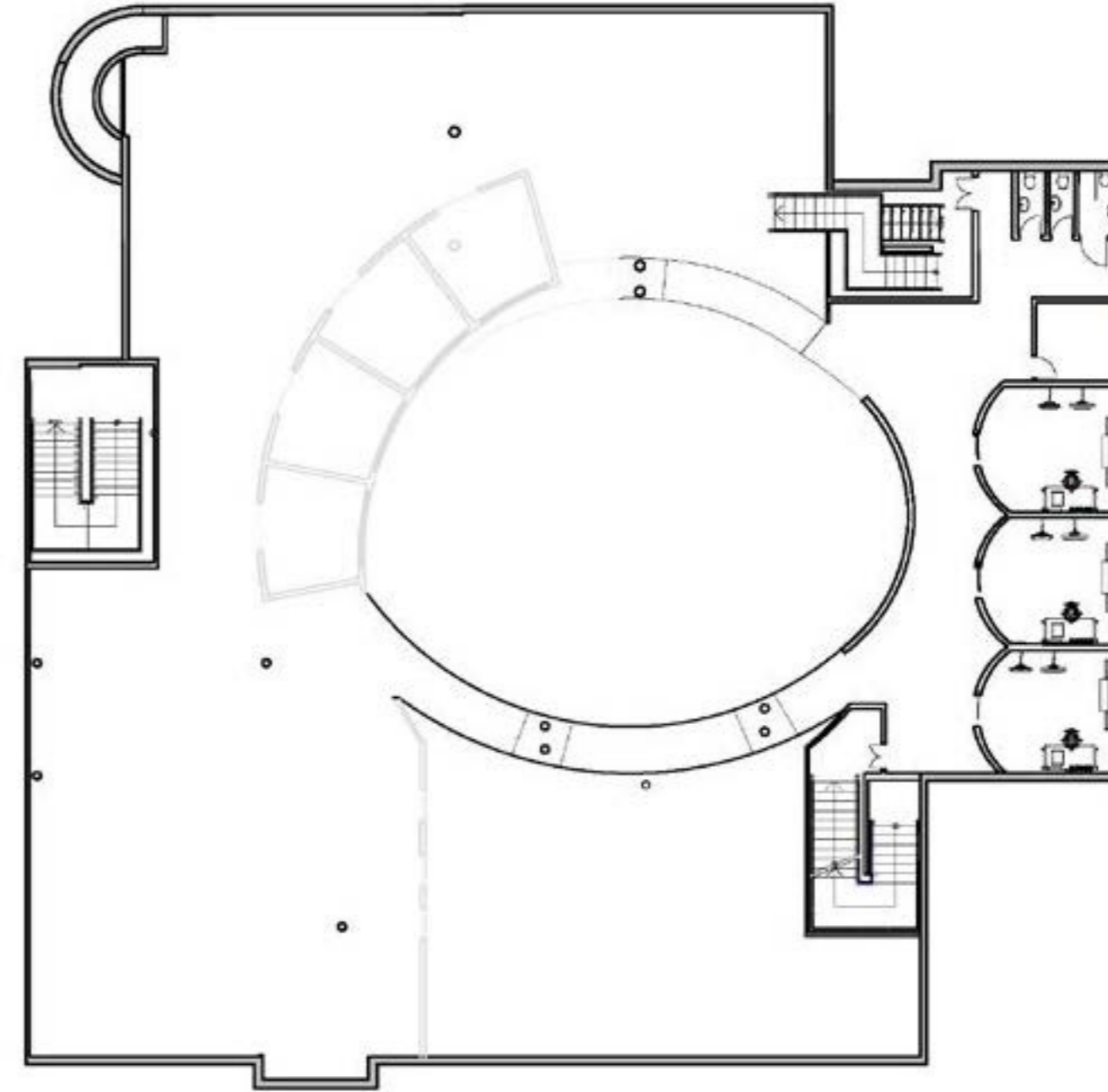
### Level 1

Level one of Cloud 9 has a main central space with a full cafe and private booths that can be used for private consultations or meet up friends. A hands free digital check in system will also be in place where student/tutors can book a therapy space as well as an activity screen that users can place their phones on to receive a get active activity

There's also a studio that can be used for free yoga classes or booked for group wellness exercises. Multi functional therapy rooms also occupies the ground floor, these rooms can be used for music therapy or quiet study rooms that'll be set up in advance for the user. These rooms would be available around the clock for anyone that needs it

#### Proposed Layout

Cloud 9  
Level- Ground Floor  
Scale- 1:200 @A4  
Address- Bristo Square, Edinburgh, EH8 9AL  
Pottorow Dome

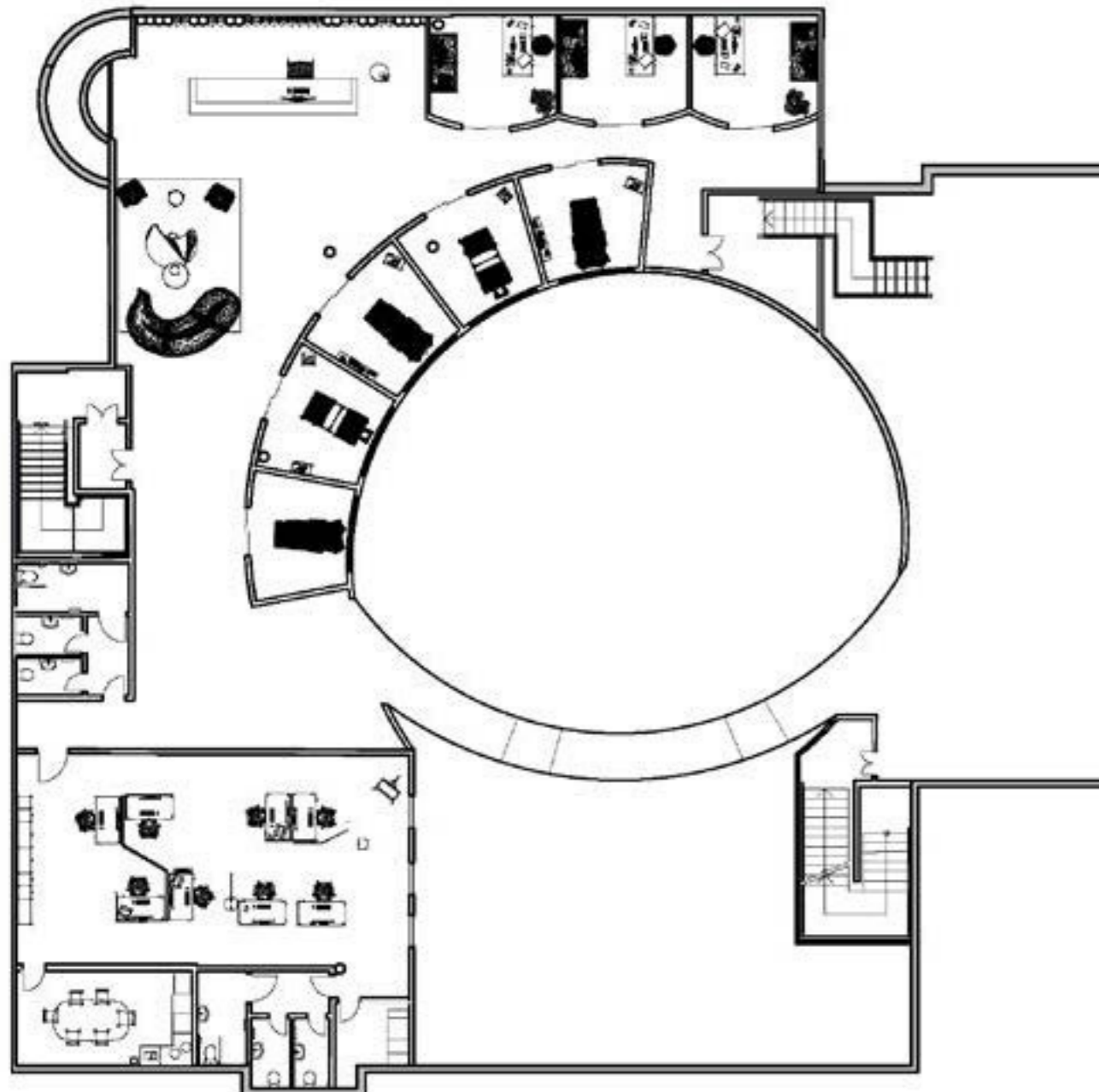


### Level 2

The creative therapy floor has three rooms in total dedicated to art therapy and touch therapy, this floor also has unisex toilets as well as an accessible toilet. Users can access this floor by using the ramp or the stairs next to the toilets.

#### Proposed Layout

Cloud 9  
Level 1- Creative Therapy Floor  
Scale- 1:200 @A4  
Address- Bristo Square, Edinburgh, EH8 9AL  
Pottorow Dome

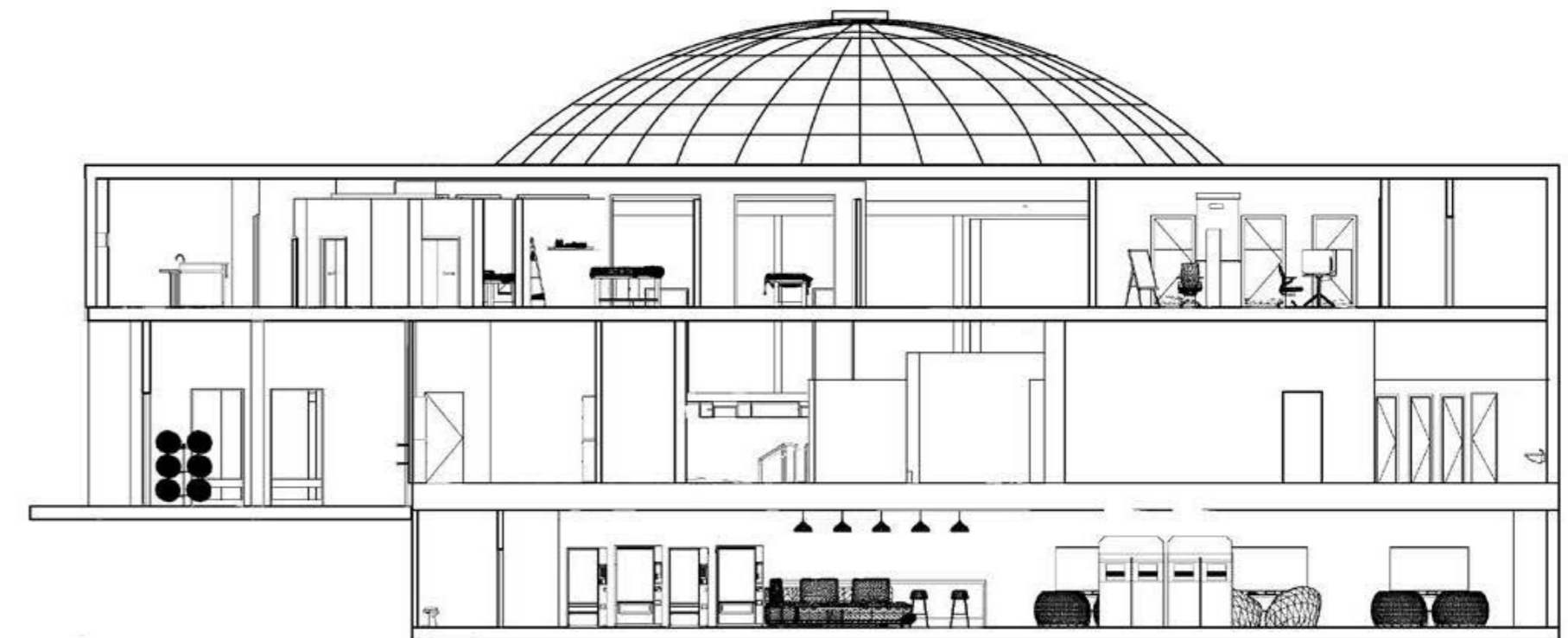


### Level 3

Coming up from the Creative therapy floor, cloud therapy houses 4 Aroma therapy suites which can be booked for massage therapy on certain days well as counselling rooms and a essential desk where visitors can request their chosen oils for their therapy. For staff of Cloud9 there's a full office equipped with small break room, personal toilets and a storageroom

#### Proposed Layout

Cloud 9  
Level 2- Aroma Therapy Floor  
Scale- 1:200 @A4  
Address- Bristo Square, Edinburgh, EH8 9AL  
Pottorow Dome



#### Proposed Layout

Cloud 9  
Section CC  
Scale- 1:200 @A3  
Address- Bristo Square, Edinburgh, EH8 9AL  
Pottorow Dome



Yoga Studio



Creative Therapy



Main Space- Cloud Cafe



Game Room

