

The Holistic Way

By Daisy Rose

Site -



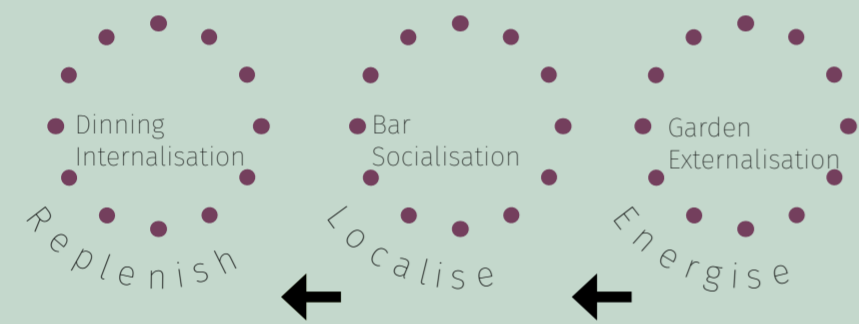
The Farnham Maltings is an industrial building serving many functions throughout its years. In 1845 the property was a brewery, and outside where the carpark is located now, stood a network of allotment gardens.

Concept -



This project is about slowing down the scale of which we consume. Using Biophilia to de-construct the site focusing on the physical and mental well-being of planet and people. I have devised the scheme around 3 main locational areas, Energise, localise and Replenish, discovered through abstraction of the site.

Abstract circulation -

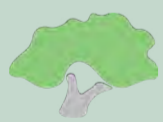


Purposed use -



A Farm to plate restaurant which promotes ideologies of degrowth with the de-scaling of production and processing, bringing communities back together.

Client -

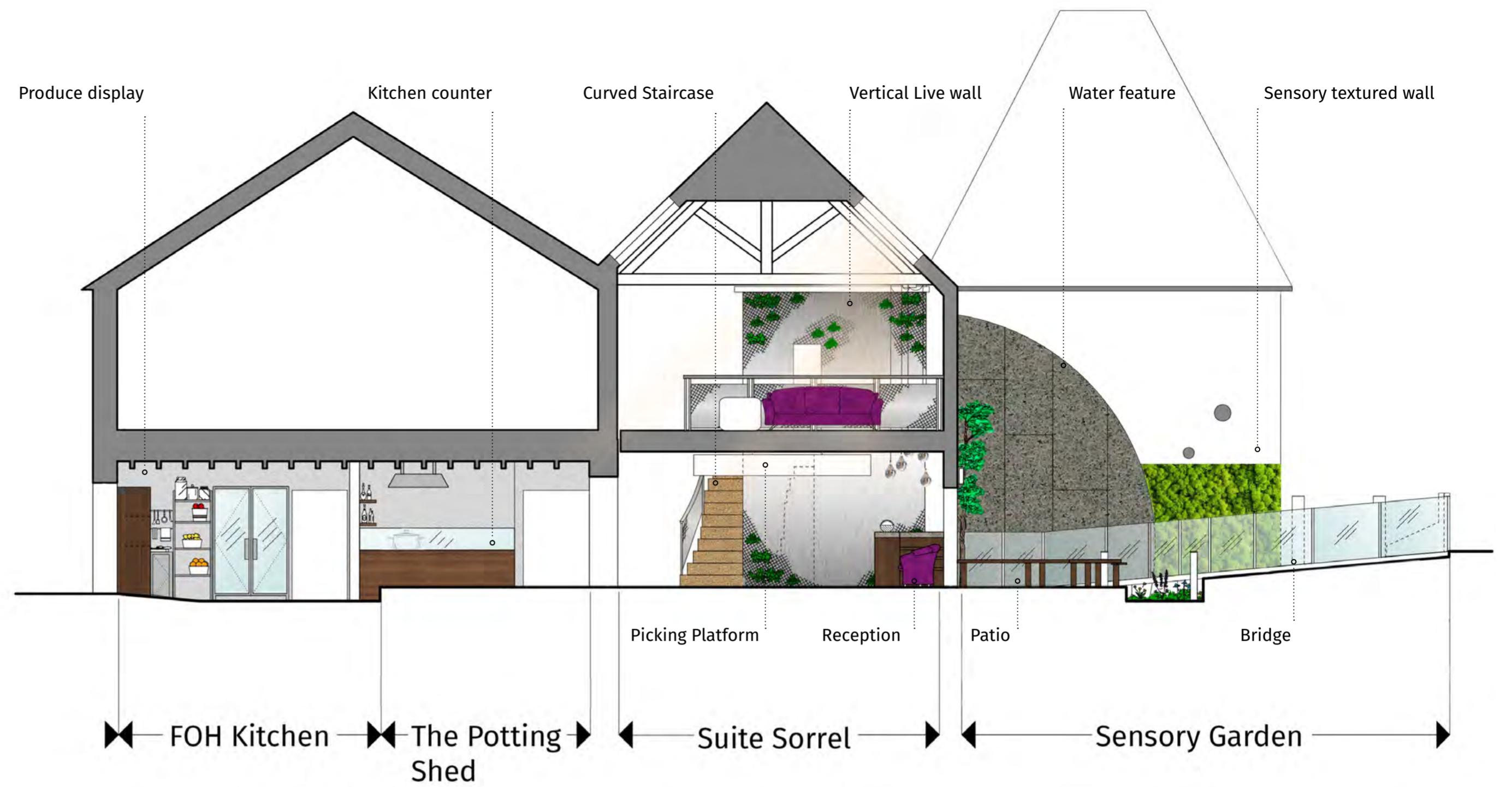


Biodynamic Land Trust. Promoting holistic farming. Through historical and natural methods, food processing is considered more sustainable than modern techniques.

User -

Linked by a keen interest for fresh produce within the Farnham community.

Home grower Farnhamite ECO worrier Foodie



Plan of Ground Floor

Plan of First Floor

Layout

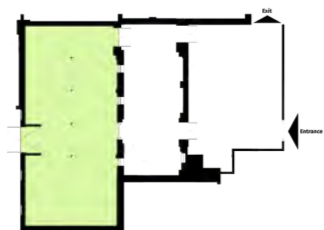
1.50 Scale model showing different location areas



3. The Potting Shed - Replenish



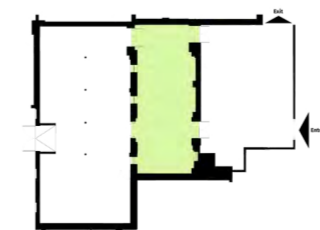
Replenishment is constrained in the depths of my design. This area will reflect most strongly that of the past uses of the building and caters to satisfy. Here users will make use of the potting bench to wash their freshly picked produce, after eating they are then invited to plant sorrel seeds at this station.



2. Suite Sorrel - Localise



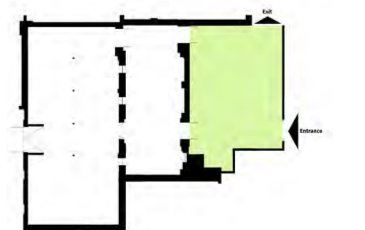
Localise will take cues from the spatial planning of biophilia. To pause, to think and to breathe. Encouraging the user to connect and learn, benefiting the mind, soul and soil. Users will order a drink and then pick sorrel and salads leaves from the live vertical wall.



1. Sensory Garden - Energise

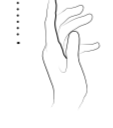


Energise is the life force of the design, starting in the largest area with the most natural light demanding attention it will branch throughout the building. By incorporating the senses this space will wash over the users, before being tamed and teased as the journey continues.



Sensory Garden

The Potting Shed

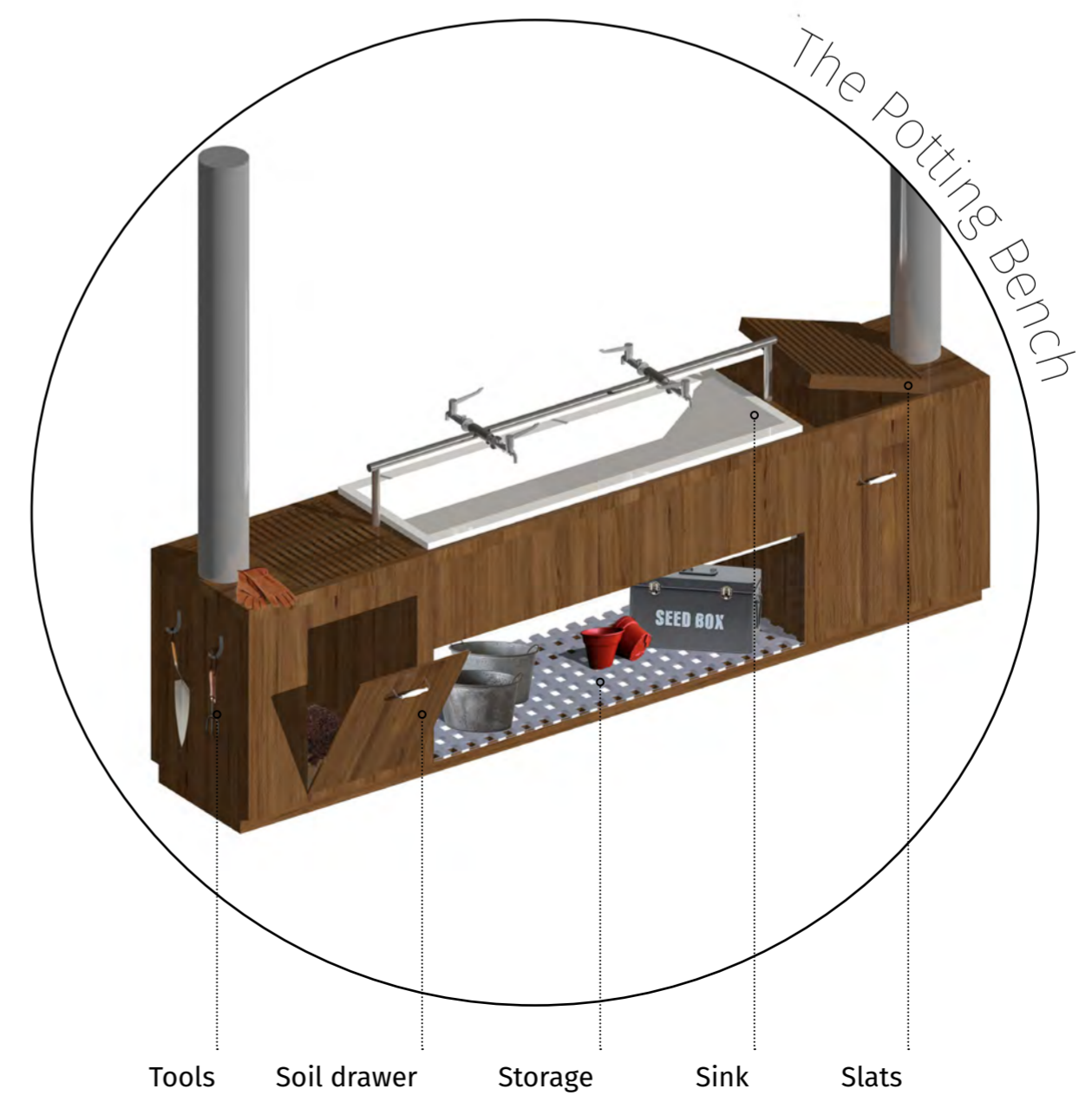


Visual wonderment is achieved with the application of foxgloves, artichokes and other beautiful flowers and herbs in the wild garden. Optical stimuli encouraging people and wildlife alike to visit the garden.

The Garden is a wash of smells, absorbing the user into garden. Lavender, mint, sweet garlic and rosemary guide one forward, fulling immersing the user.

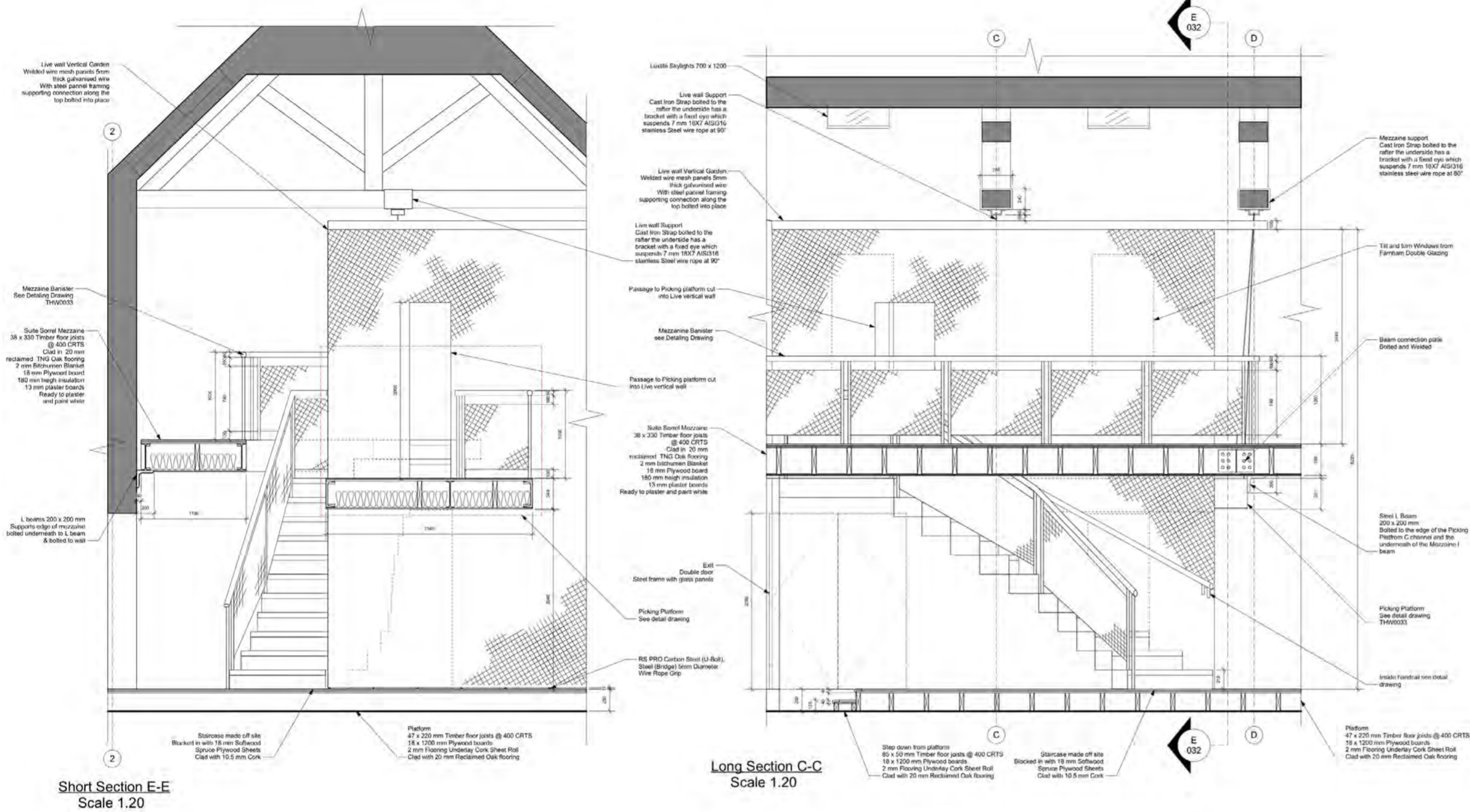
The sites location is strongly linked to the river Wey, the introduction of a water feature brings sounds water back to the garden. Rain water will be collected and used to water the plants in the summer months.

The sensory wall encourages users to reach out and experience the many of the textures nature can create. A soft spongy feature with added wild climbing flowers which doubles as a habitat for insects and bumble bees.

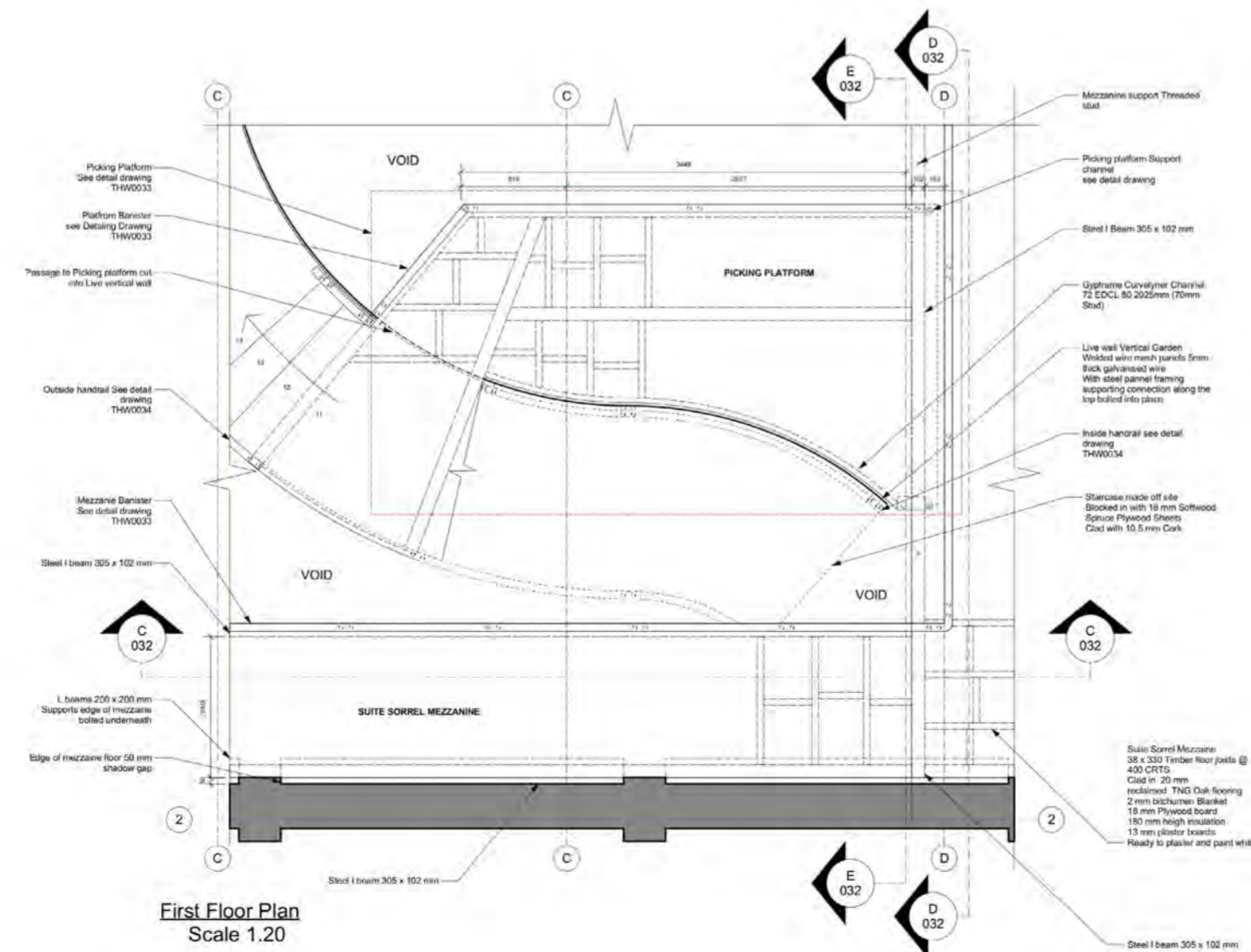


The Potting Bench can be used to wash vegetation before its collected and prepared by staff. Users are encouraged back to this station after dining to pot up new seeds, re-starting the cycle of growth once again.

Suite Sorrel

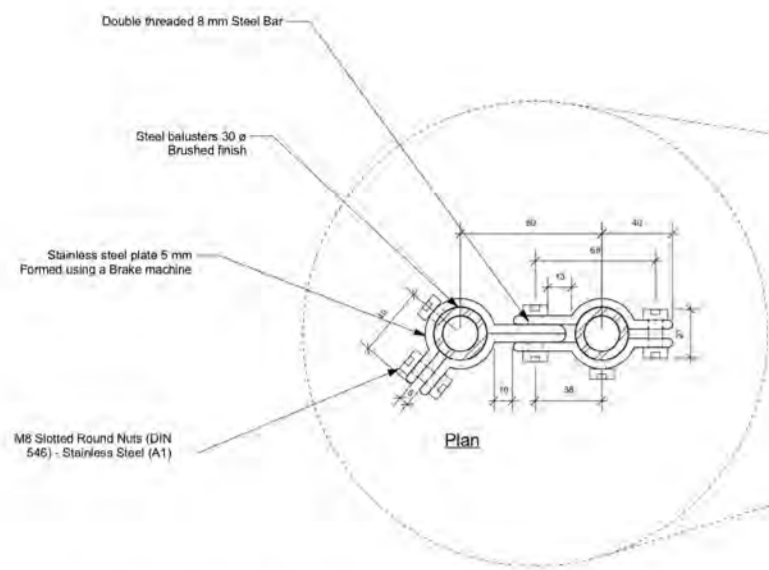


The Suite Sorrel stretches across two floors surrounding a curved vertical garden wall. The wall supports various sizes of sorrel and salads growing in pots clipped to the wire mesh. Users can sit and relax whilst enjoying a drink before being directed to various areas where they can forage for their dinner.

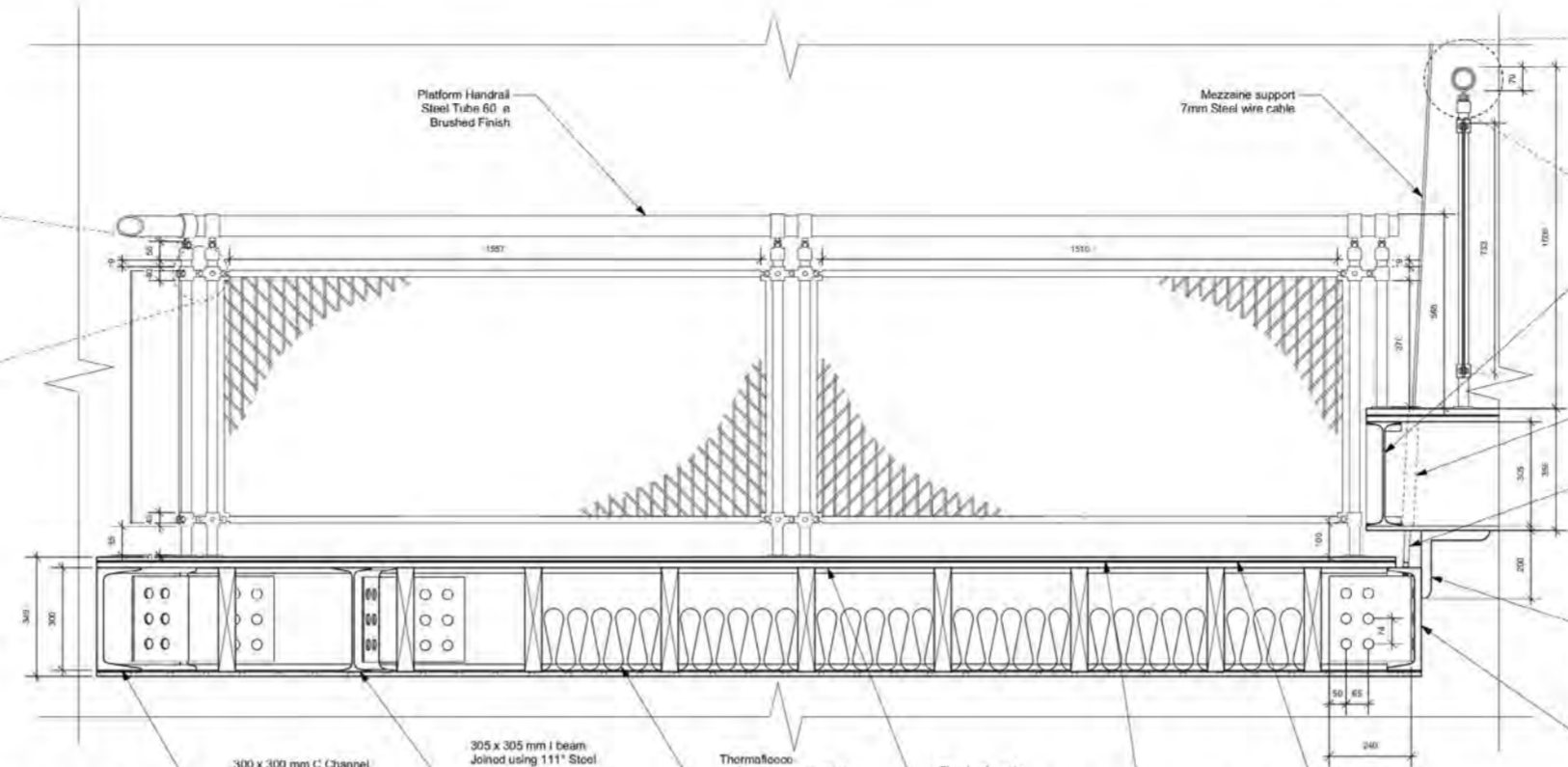


The curved cork staircase slows the user down, guiding them around the live wall, encouraging thought and reflection. The choice of material pallet is functional while representing the strong industrial background of the site.

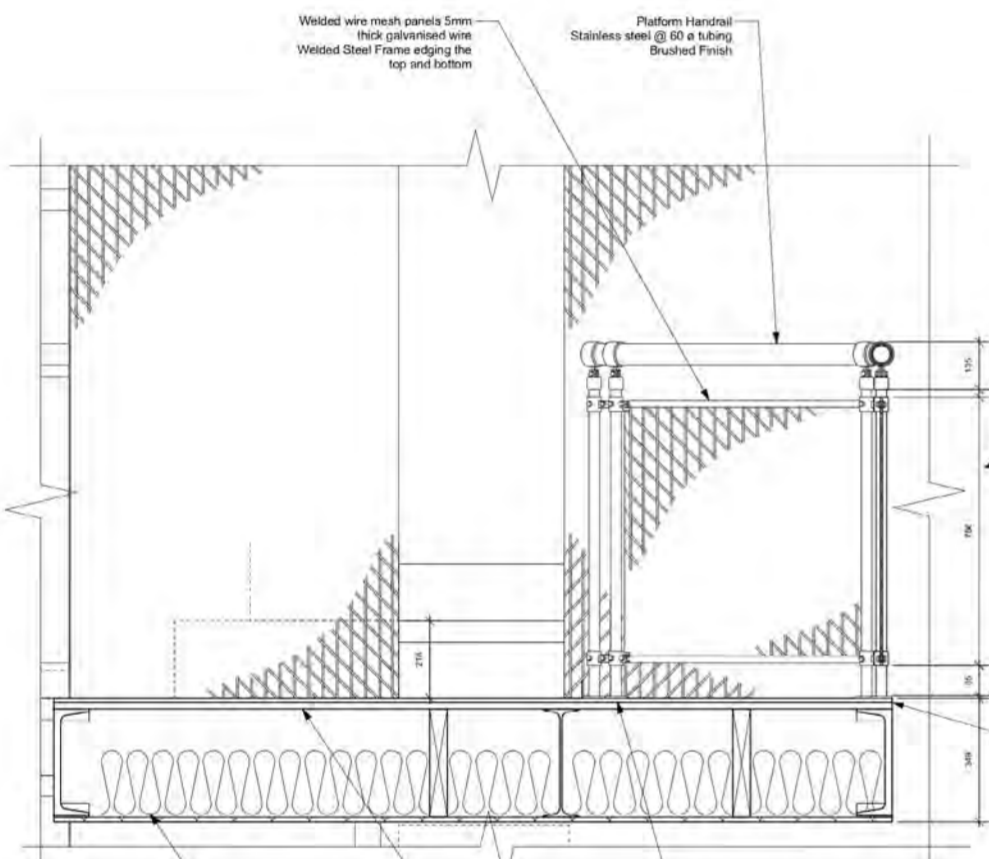
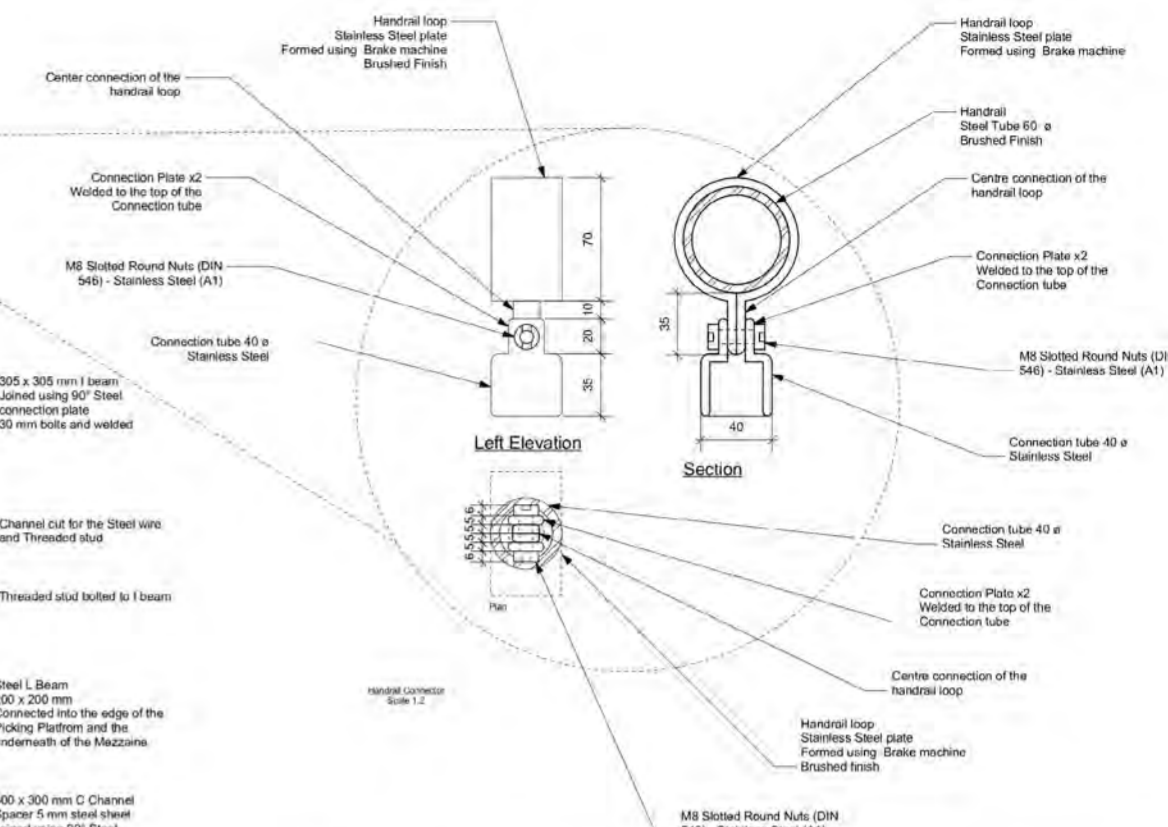
Detailing



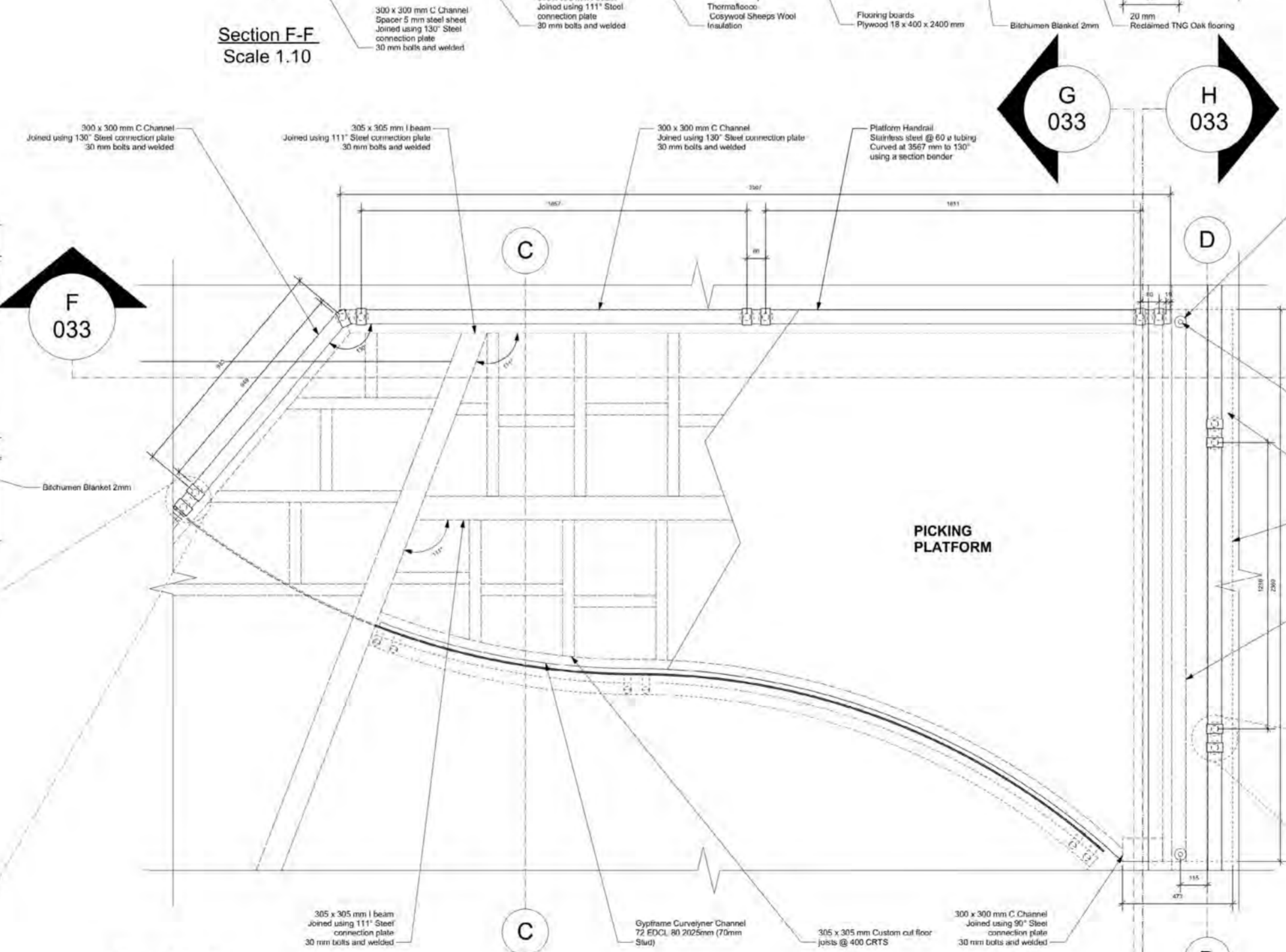
Double angled Banister wall support
Scale 1.2



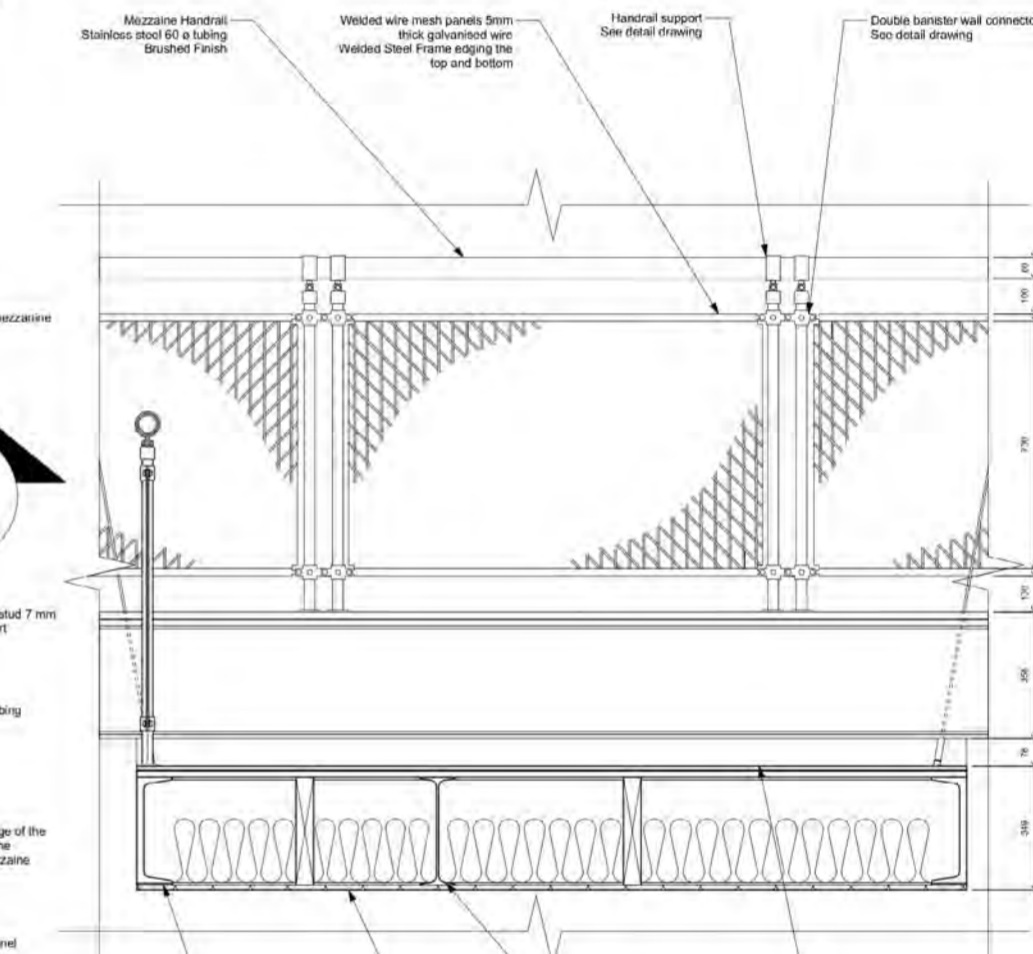
Section F-F
Scale 1.10



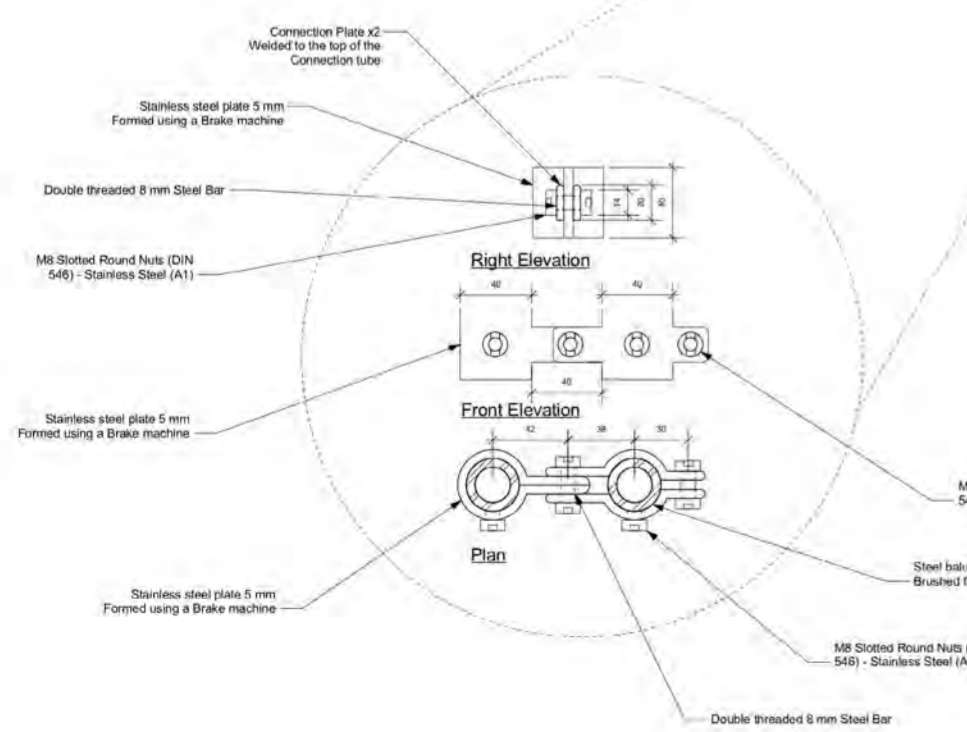
Section G-G
Scale 1.10



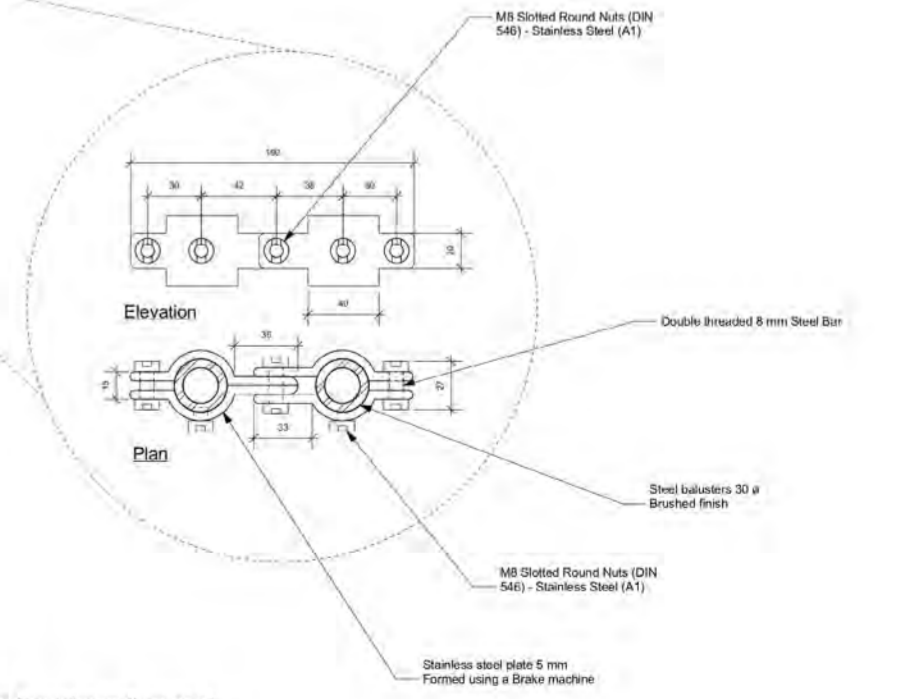
PICKING PLATFORM



Section H-H
Scale 1.10



Single Banister wall support
Scale 1.2



Double Banister wall support
Scale 1.2