

# BLOOM

growing a community of wellness

## site analysis

the Monks Dorter, Waverley Abbey near Farnham, Surrey, UK.



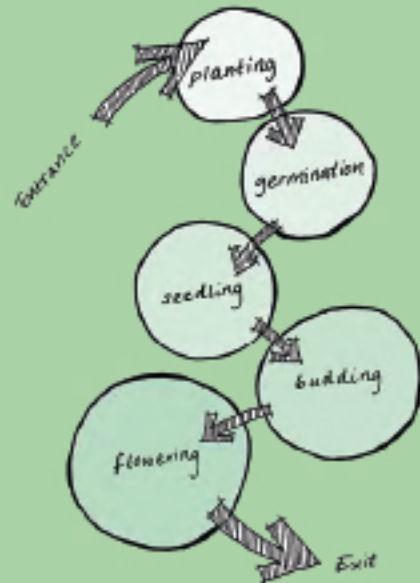
## client

Reading based charity using ecotherapy to improve the lives of those with mental or physical disabilities.



## proposed use

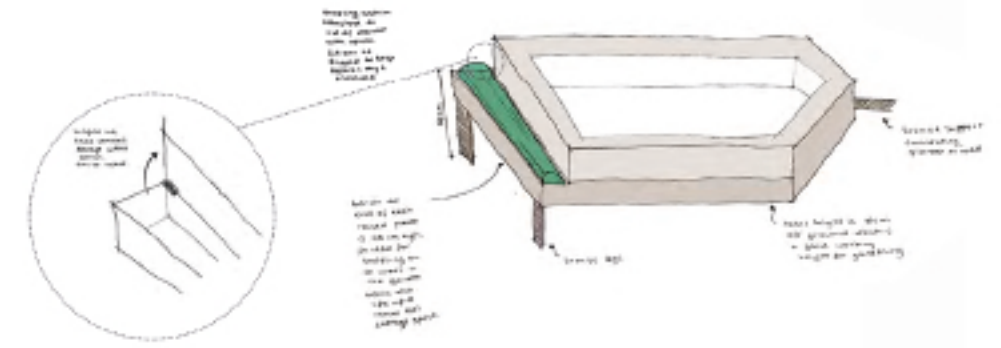
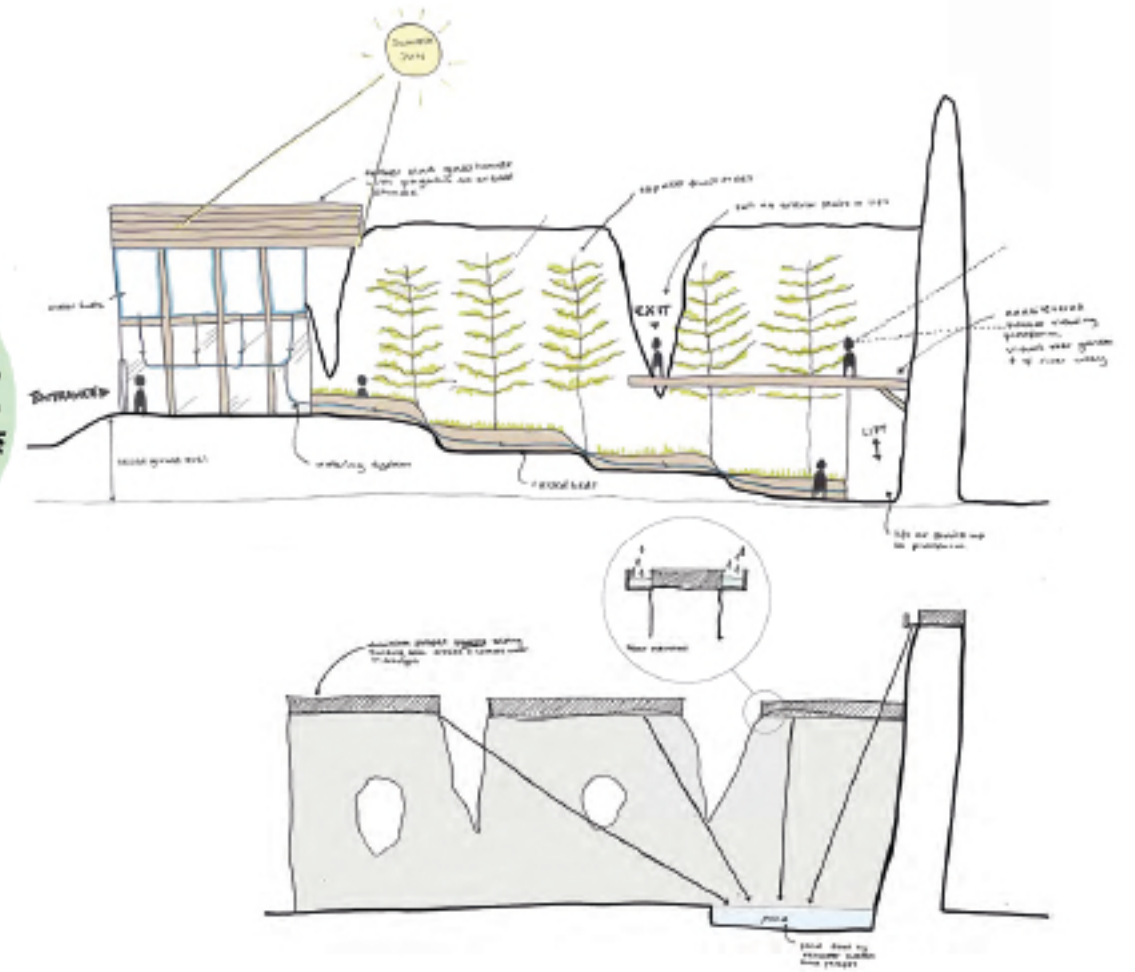
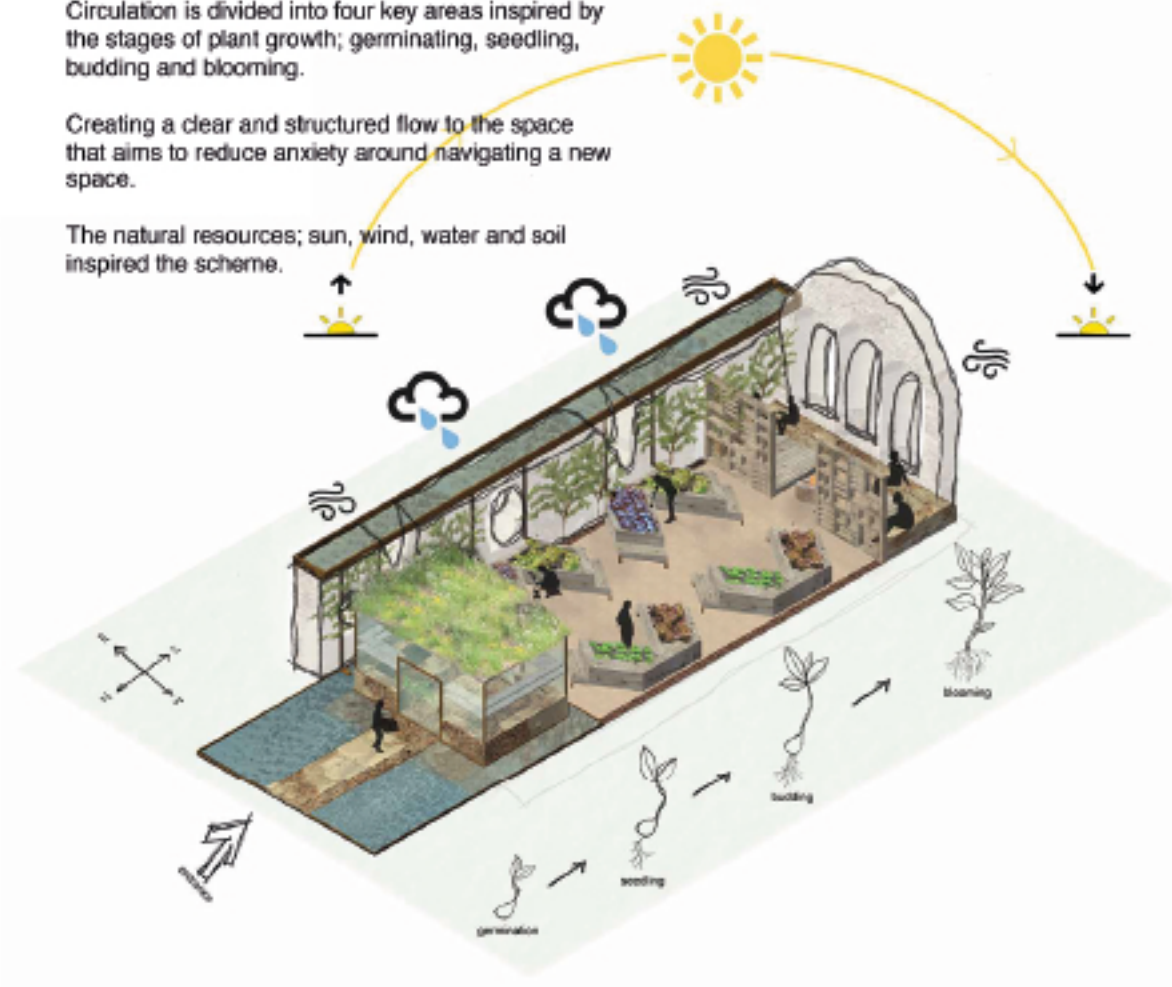
- ecotherapy centre for people with anxiety
- open from March to September
- available to adults aged 50 plus with anxiety
- 8 users per year
- users will be able to sign up themselves or be referred by GP



Circulation is divided into four key areas inspired by the stages of plant growth; germinating, seedling, budding and blooming.

Creating a clear and structured flow to the space that aims to reduce anxiety around navigating a new space.

The natural resources; sun, wind, water and soil inspired the scheme.

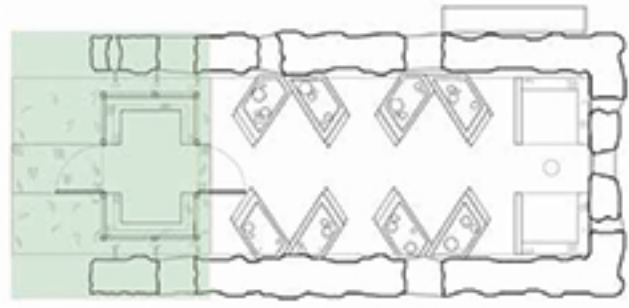


A simple lift-off timber lid conceals a leather covered padded kneeling cushion. The lid can be lifted and flipped over to allow the user to kneel on the cushion with comfort and ease. Kneeling is not only ideal for gardening, but creates a link back to the Cistercian monks who knelt to pray. The drawer also has hooks inside for any tools that can be hung.



# germination

a meditative moment to detach from your anxieties



tranquillity

mindfulness

to enter the space, the user crosses a walkway surrounded by water, this represents the transition from the outside world into Bloom. The walkway is a space for solo reflection and a moment of meditation. The glass facade means that users can see through the whole space, reducing the fear of the unknown.



wildflower  
living roof



aged brass



glass

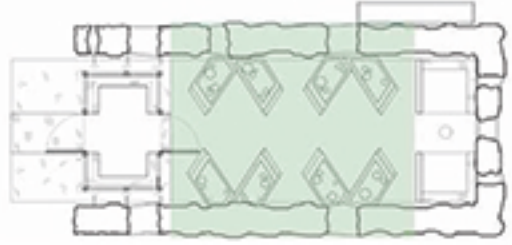
wildflower planted roof



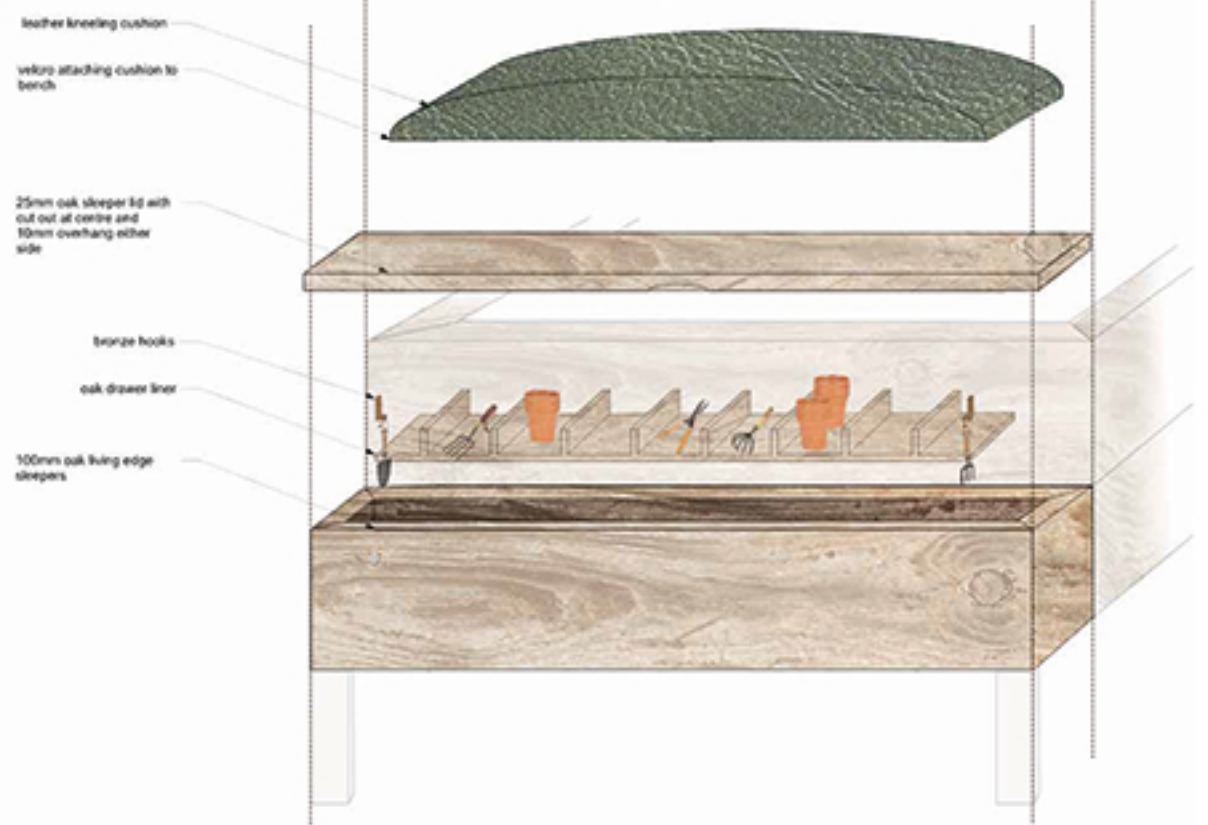


# budding

connect to yourself through nature



nurture



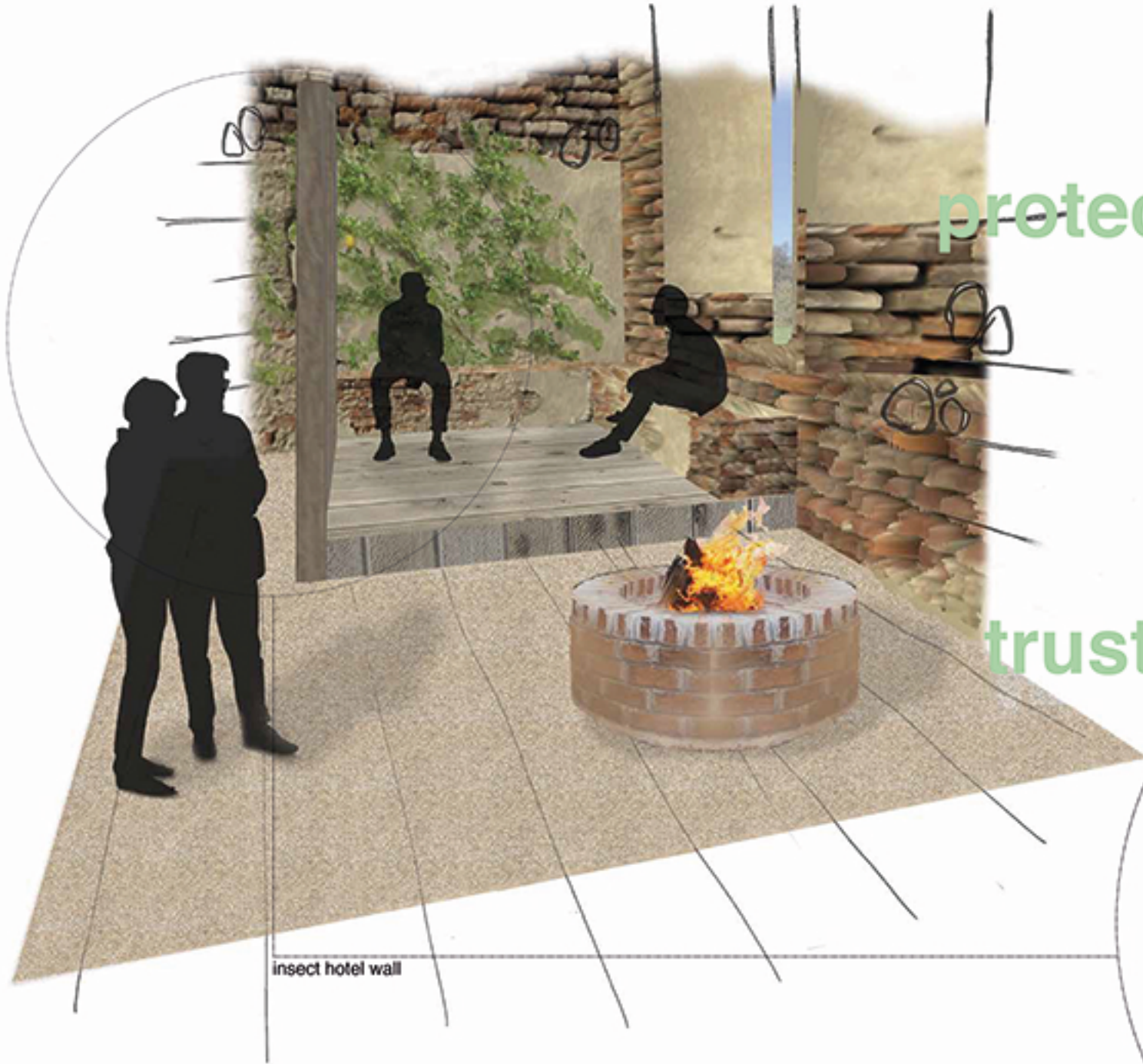
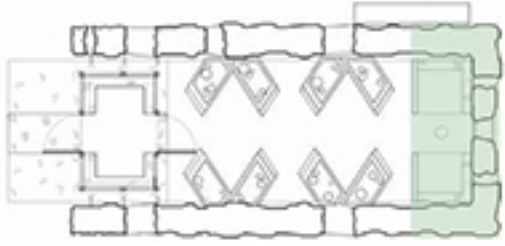
each raised bed has an integrated kneeling bench, this pays homage to the monks who would kneel to pray and is also a practical position for gardening. The lid of the kneeling bench can be lifted up and turned over to reveal a leather cushion to make kneeling more comfortable. When not in use, the lid can be turned over to keep the cushion protected within the bench. The bench also has built in oak storage trays to keep tools organised.



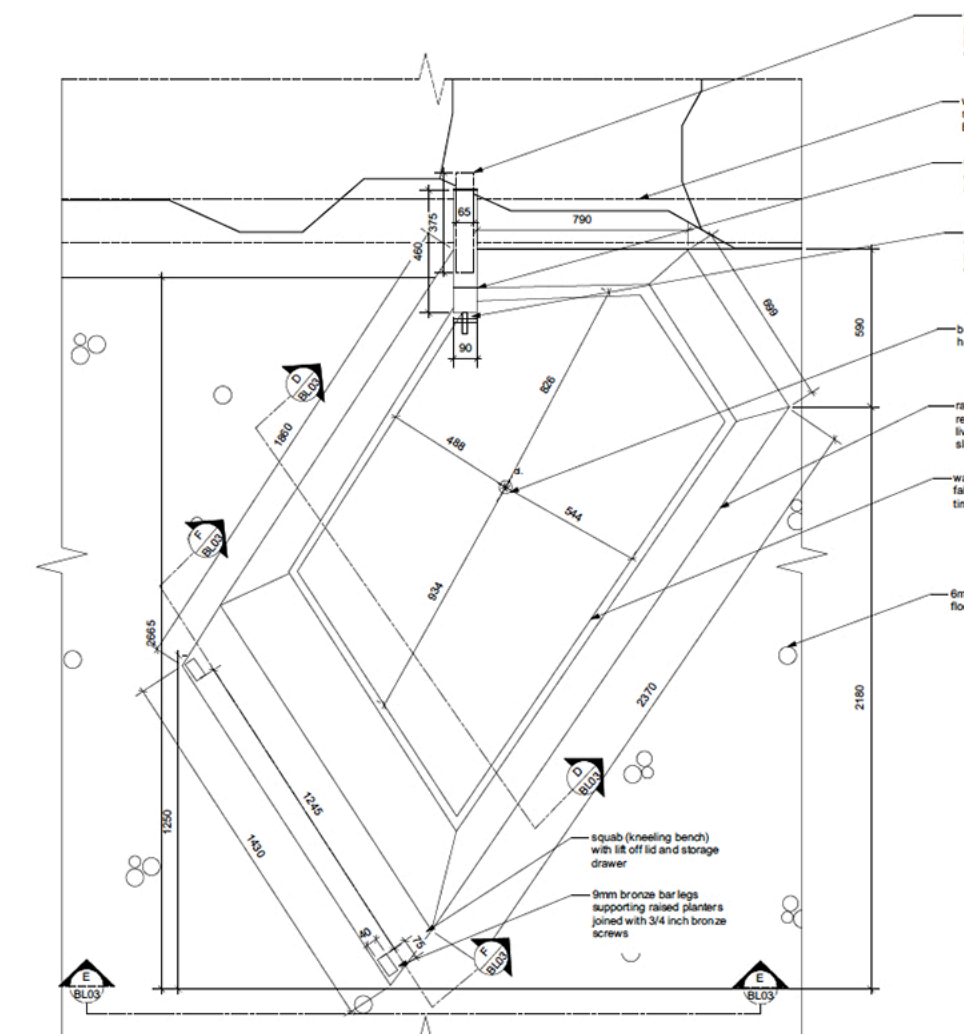
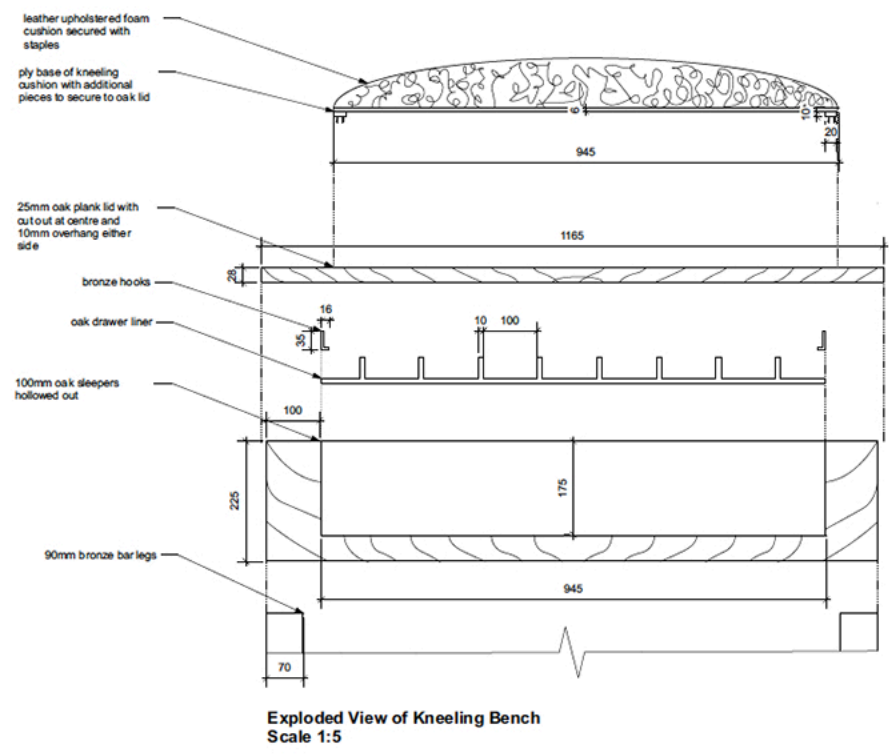
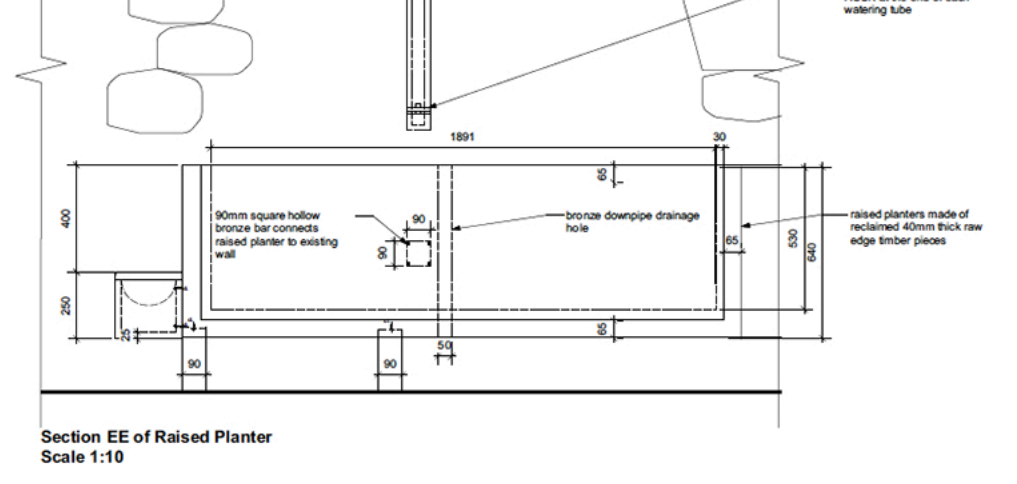
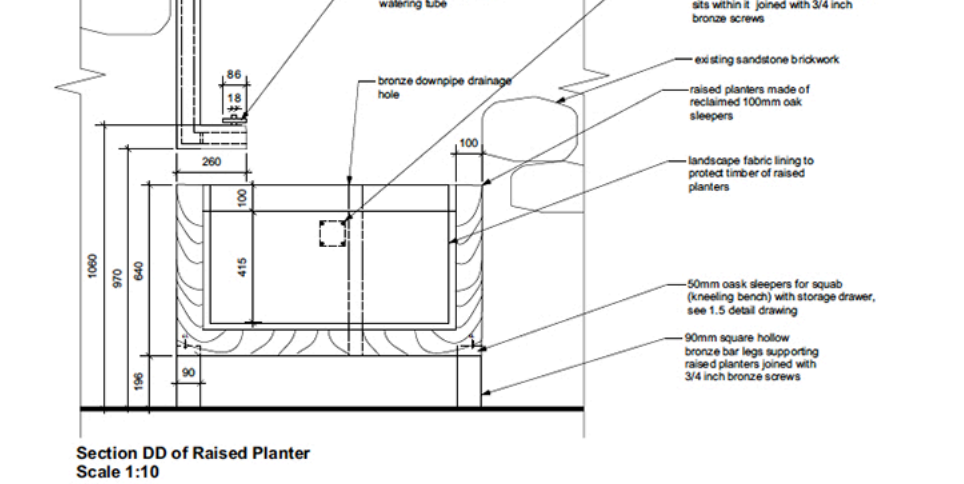
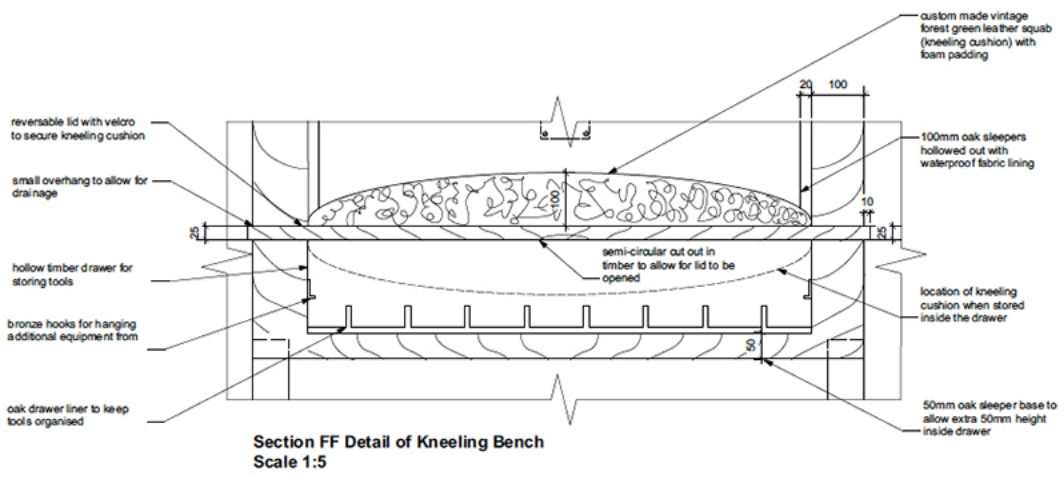
# blooming

start conversations in a safe social space

blooming is a space for socialising that feels welcoming and inviting. A fire pit creates a central focal point, and brick bench seating sets an informal mood. The two seating areas are protected by insect hotel dividing walls, which also create a home for surrounding wildlife.







<b>Notes:</b>	
Iron Mongery Direct: Solid Brass Screws - Slotted - Countersunk - 4 x 3/8" - Pack of 200 Manufacturer part number 629358	
London Bronze: 90mm bronze sheet metal Manufacturer part number 00736	
Door Handle Company: Robe Hooks, Cardea Ironmongery Single Coat Hook, Dark Bronze Manufacturer part number AA097DB 24 no.	
Client/ Site	
The Monk's Dorter, Waverley Abbey, Farnham	
Project Title	
FIAD6003 Final Major Project 2021 Bloom Ecotherapy Centre with Thrive	
Drawing Title	
Detail Drawing of Plan and Sections	
Scale	1:10 and 1:5
Drawn By	Emily Griffiths
Date	April 2021
Drawing No.	<b>BL03</b>