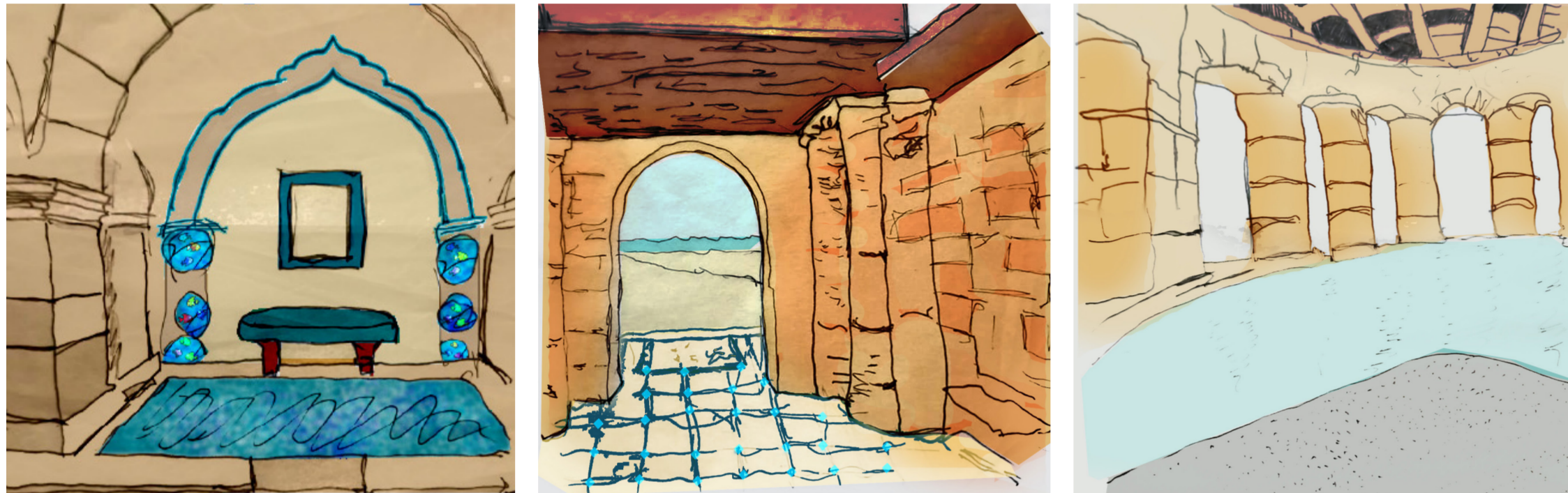


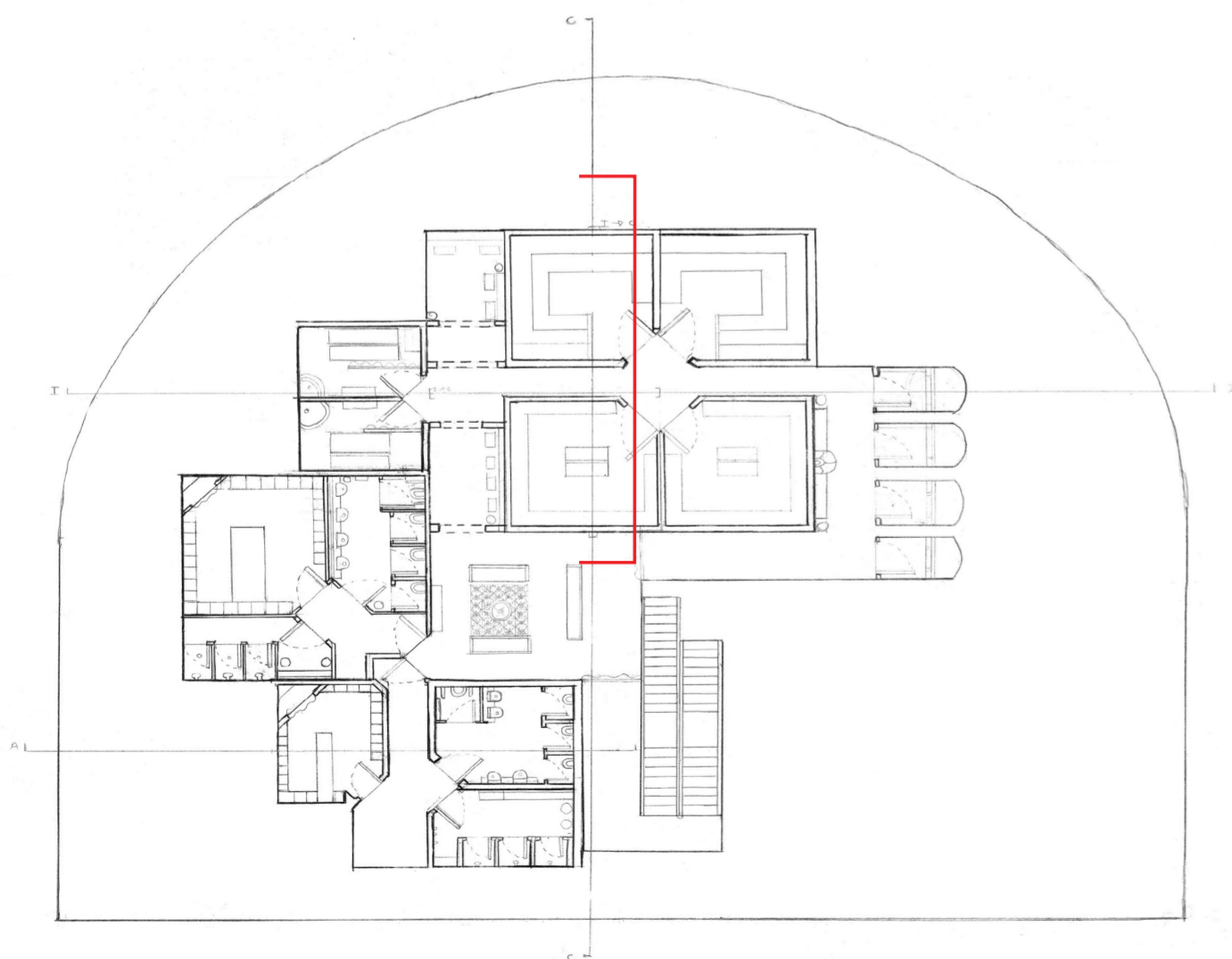
# Rituals

My ethos for this project is about bathing rituals and what the word "Rituals" means in terms of bathing culture in Malta and in religion, specifically Islam; and finding a way to represent that as well as the history and culture in Malta. Whilst creating spaces that are accessible and welcoming for Muslim women, to enjoy the spa and relaxation treatments too. This project was created with inclusivity and acceptance in mind. I found it important for all sections of society to have a safe place to bathe and honour their faith in a fair and just society.

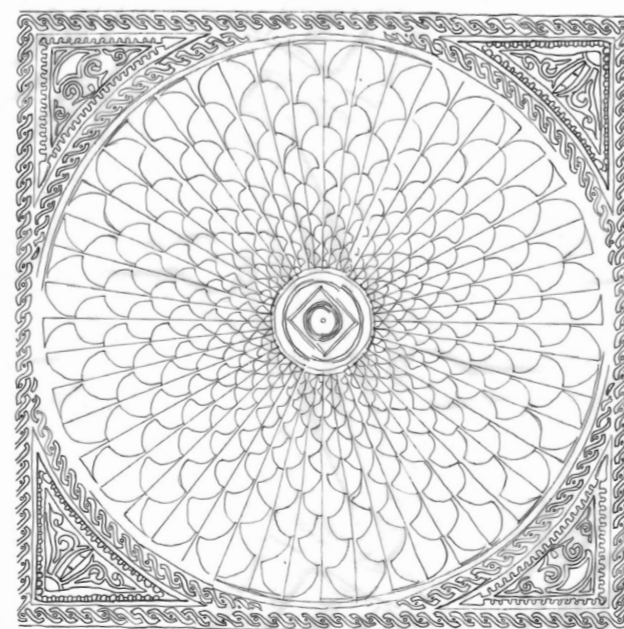
Roman heritage baths that date back to the 1st and the beginning of the 2nd century AD, consisted of a Tepidarium, a Caldarium, a Figidarium, and a Natatio. The bathers would first enter a Tepidarium for warm air. Then they would go to the Caldarium, similar to a sauna. This was followed by a cold dip in a Figidarium. The Caldarium played an important role in Roman life as it served as a meeting place.



Conceptual vignettes of internal spaces



Lower Ground floor plan at 1:100

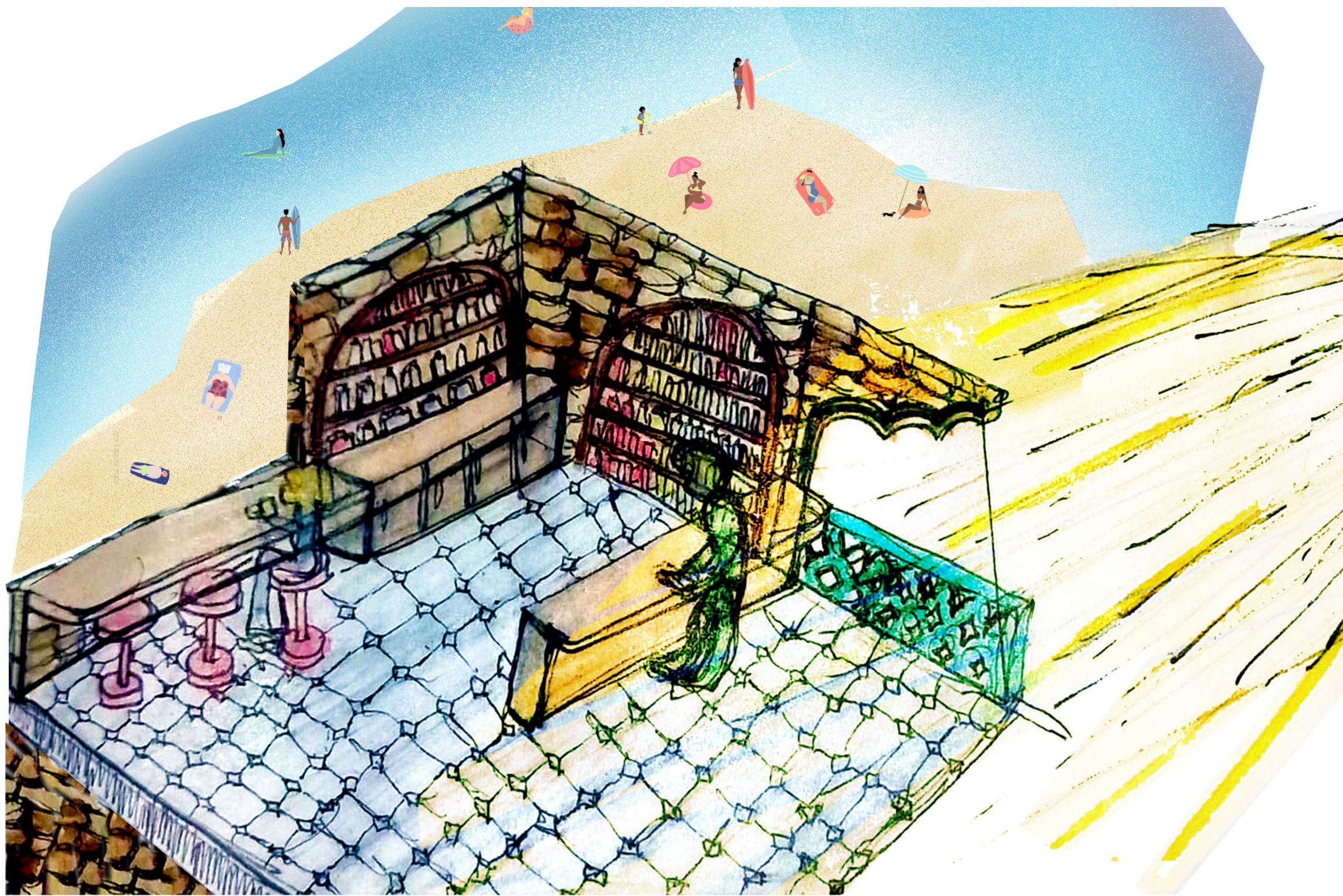


Tiled flooring at the Roman Baths at Għajn Tuffieħa in Malta.

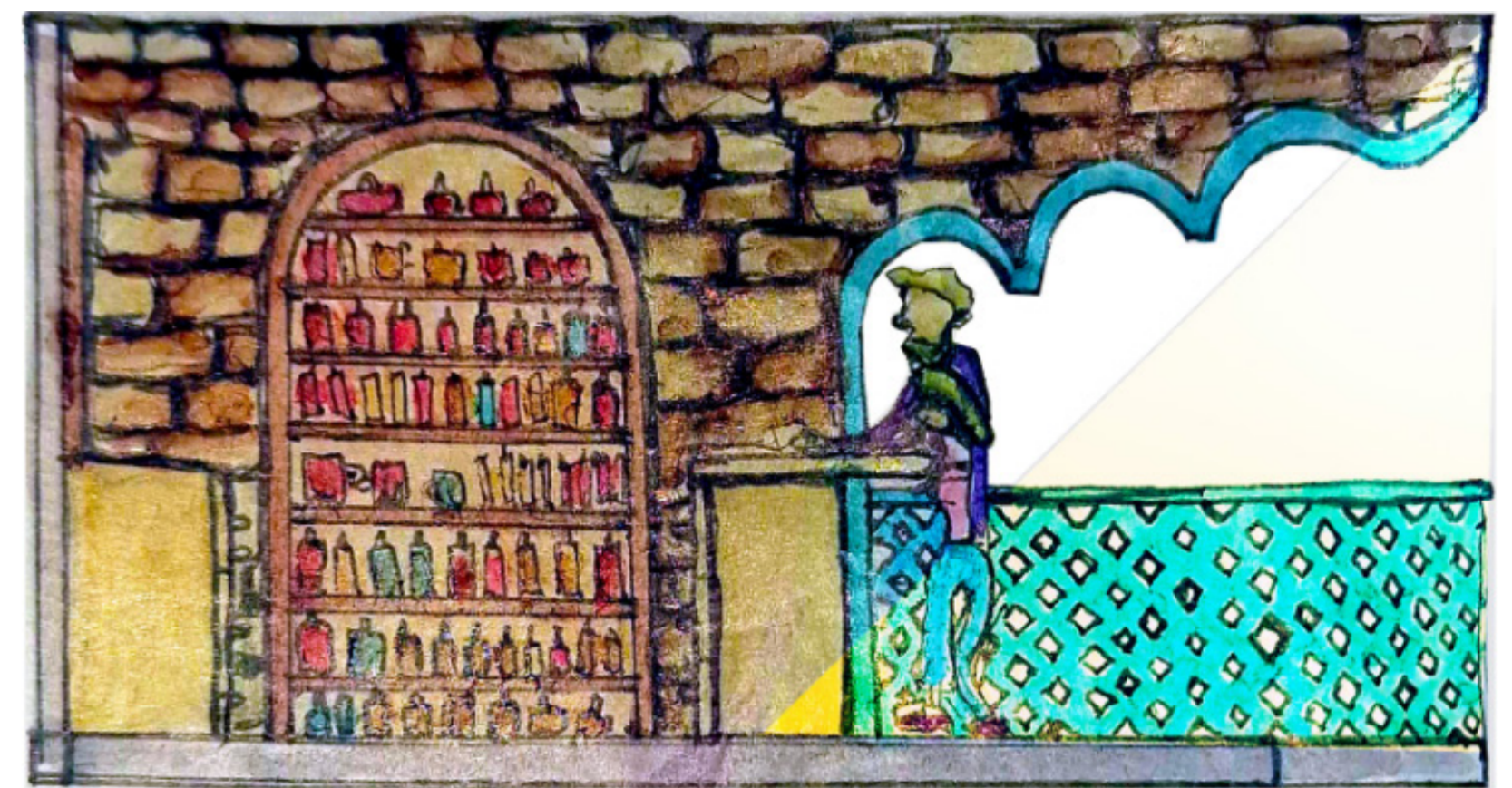
# Ideation of Wellness Rooms



Axonometric sketch of the Tepidarium on the left (hot air room) and Caldarium on the right (sauna).



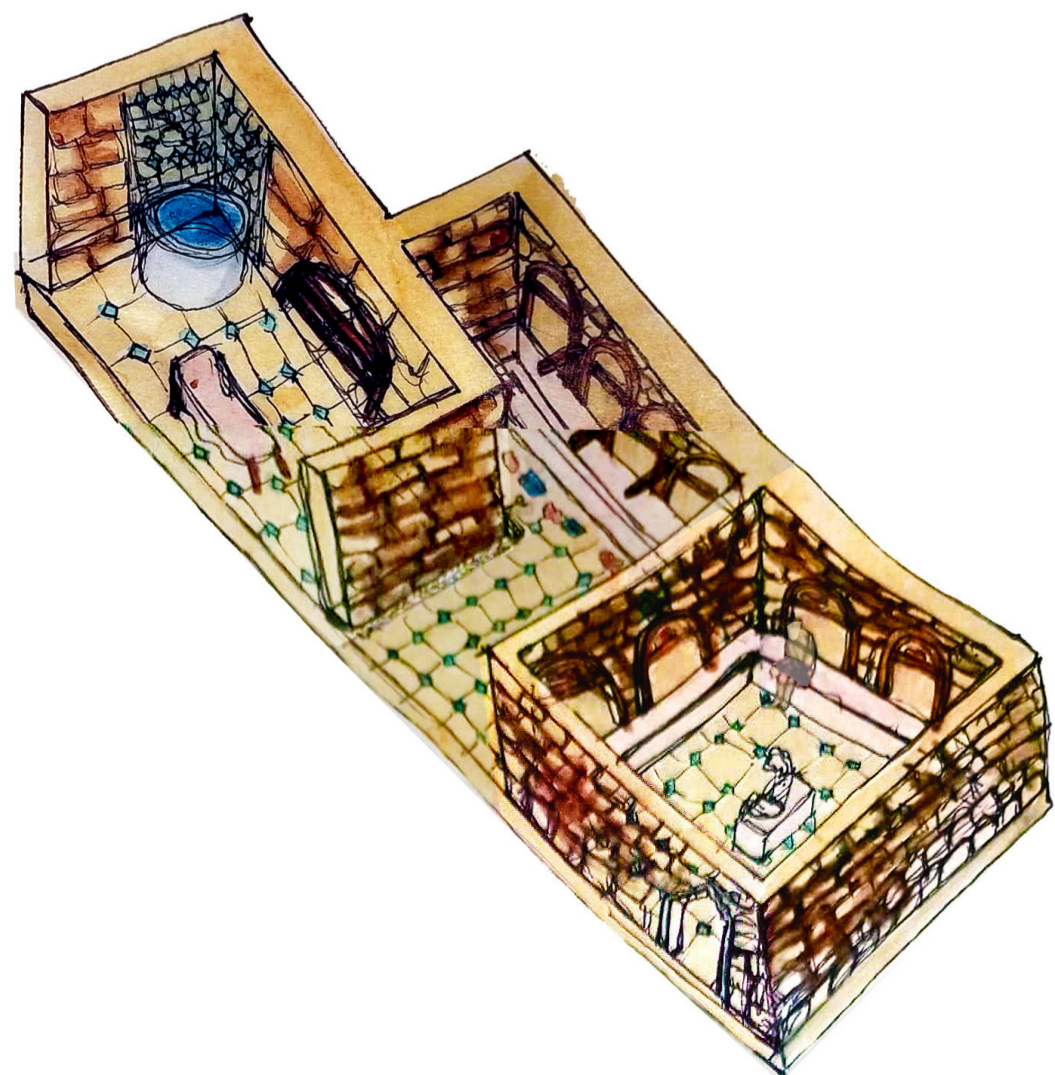
Roof top terrace bar with view of the beach



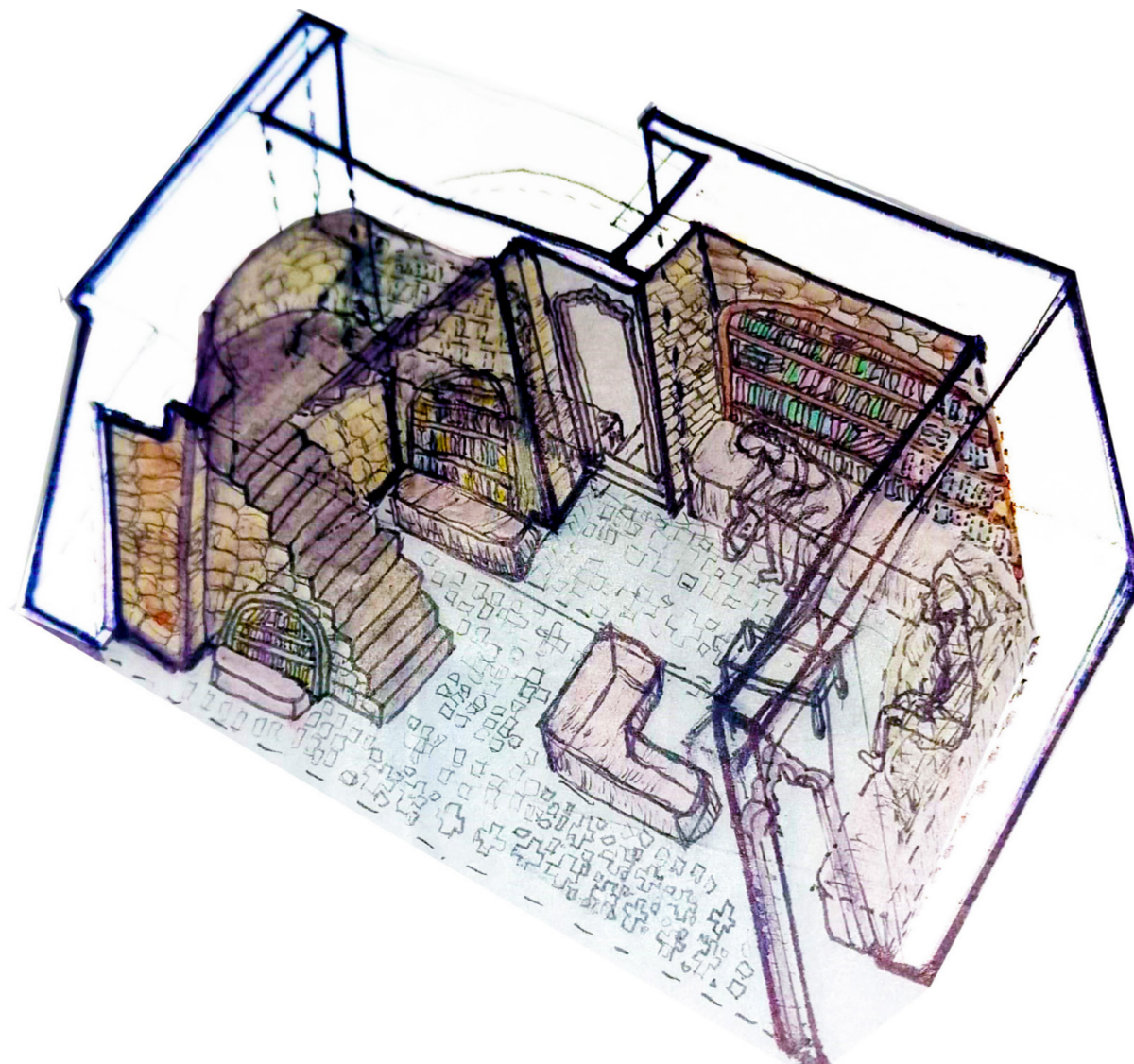
ROOFTOP BAR



FOOT BATHS



Private treatment room and sauna sketch



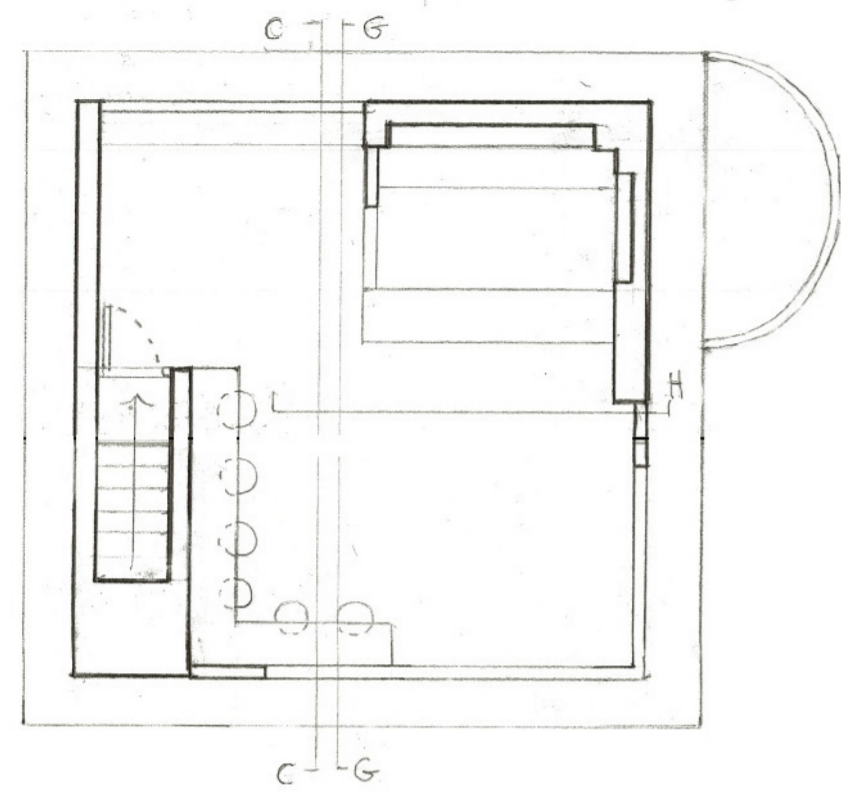
Reception and café seating area cut off sketch.



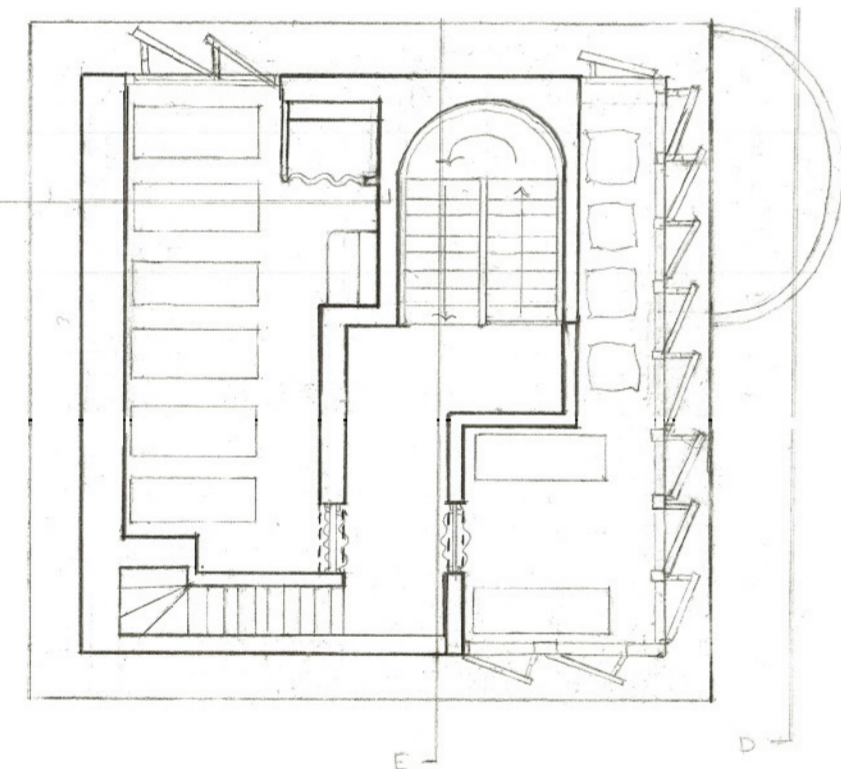
PRIVATE TREATMENT ROOM

# Plans and Elevation

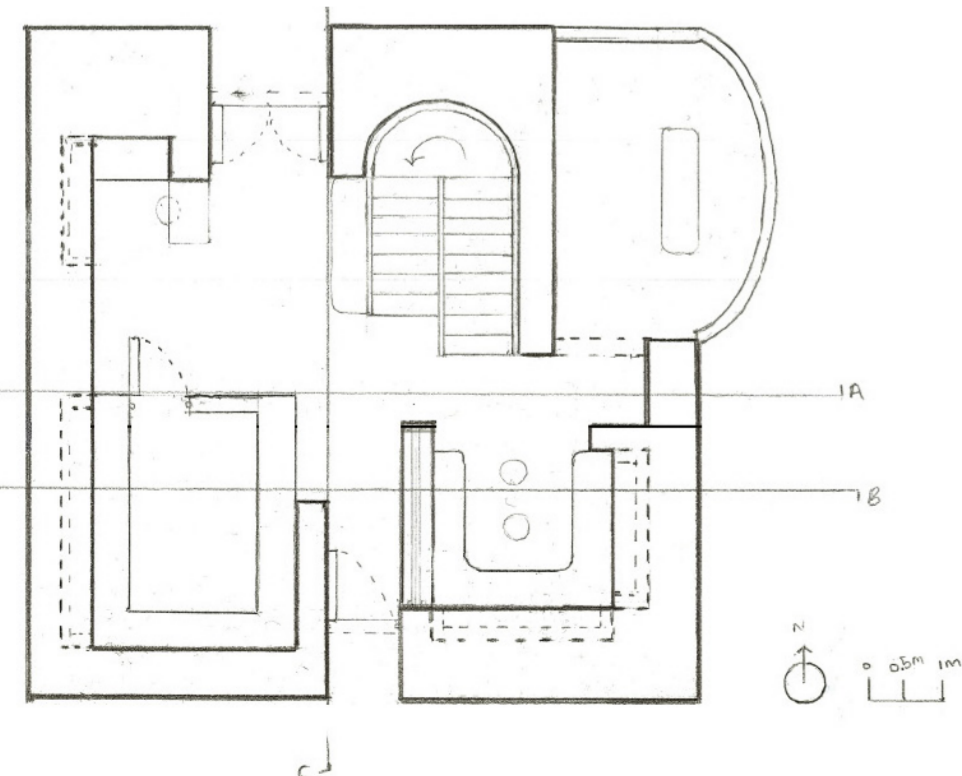
Second Floor Plan 1:100@A2



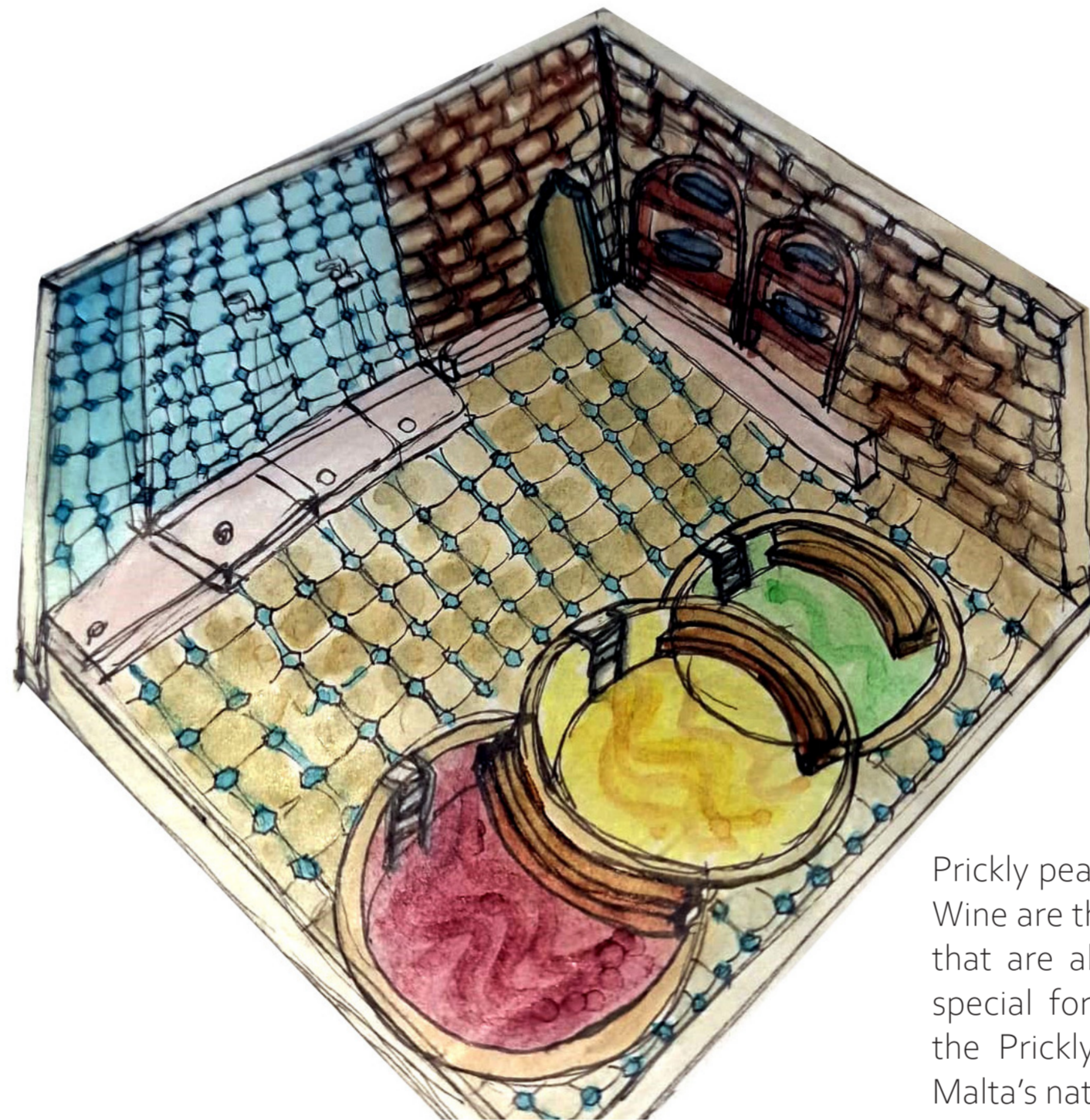
First Floor Plan 1:100@A2



Ground Floor Plan 1:100@A2

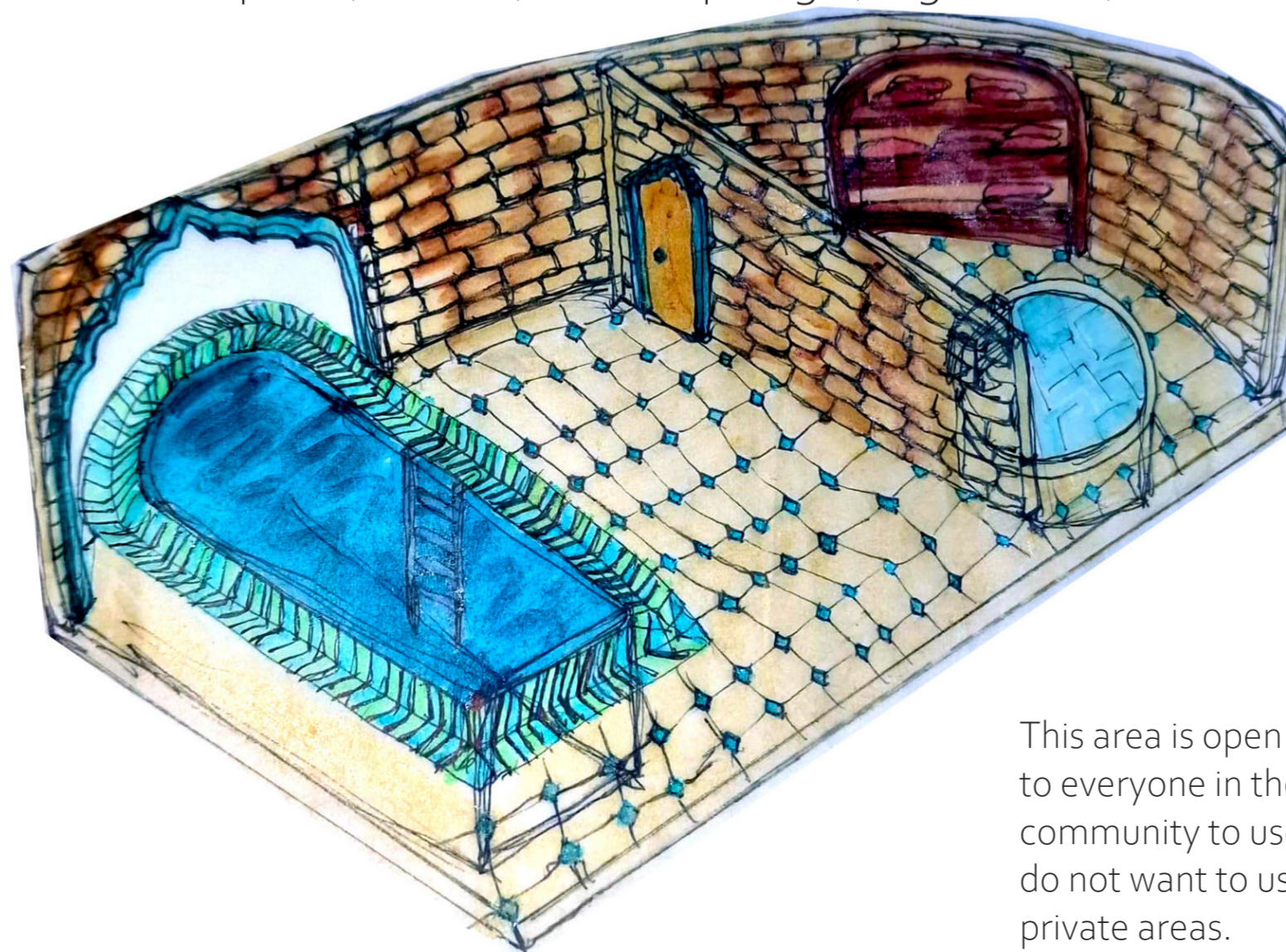


Basement floor sketch of treatment baths.(Womens section)

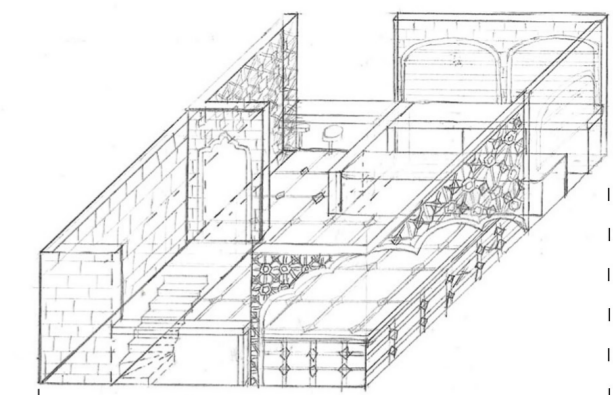


Prickly pear, Honey and Wine are three produce that are abundant and special for Malta, with the Prickly Pear being Malta's national fruit.

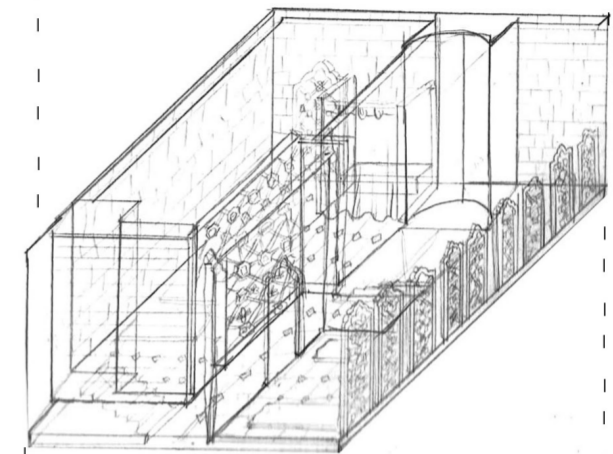
Communal pool (Natatio) and Ice plunge(Frigidarium)



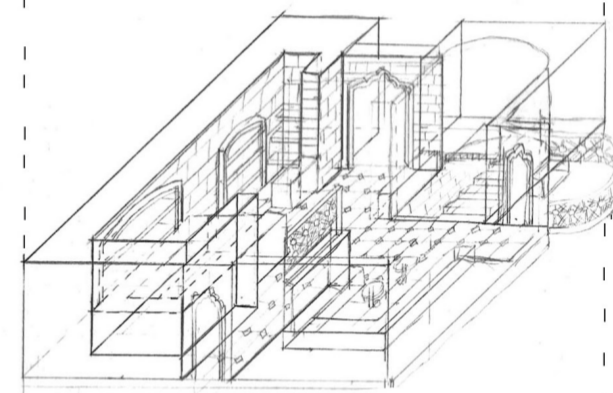
This area is open to everyone in the community to use, who do not want to use the private areas.



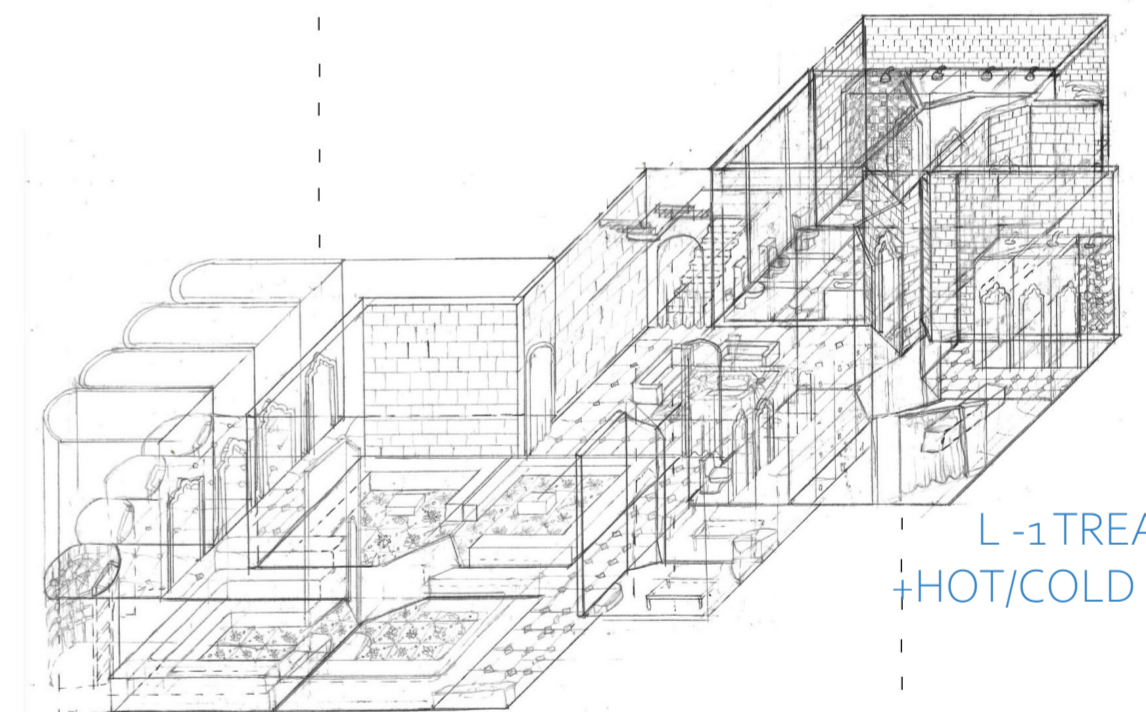
L2 - BAR



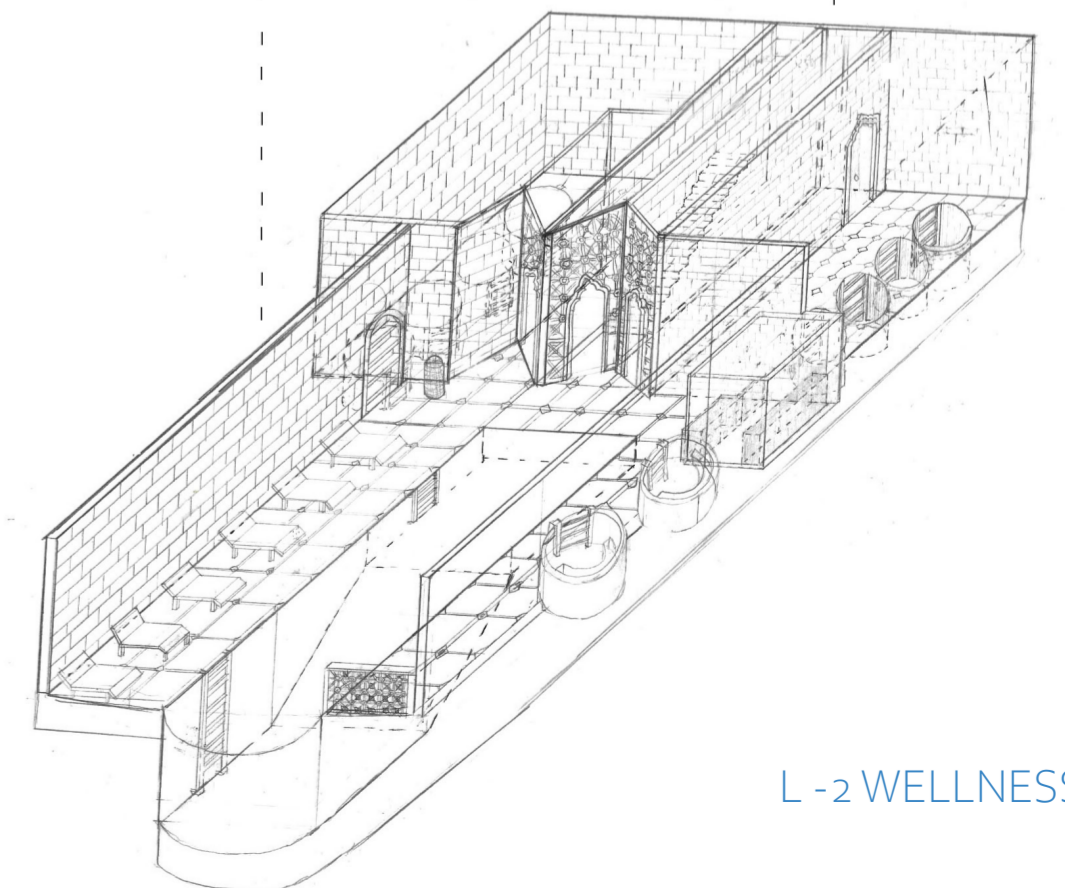
L1 - YOGA



GROUND-RECEPTION +CAFE

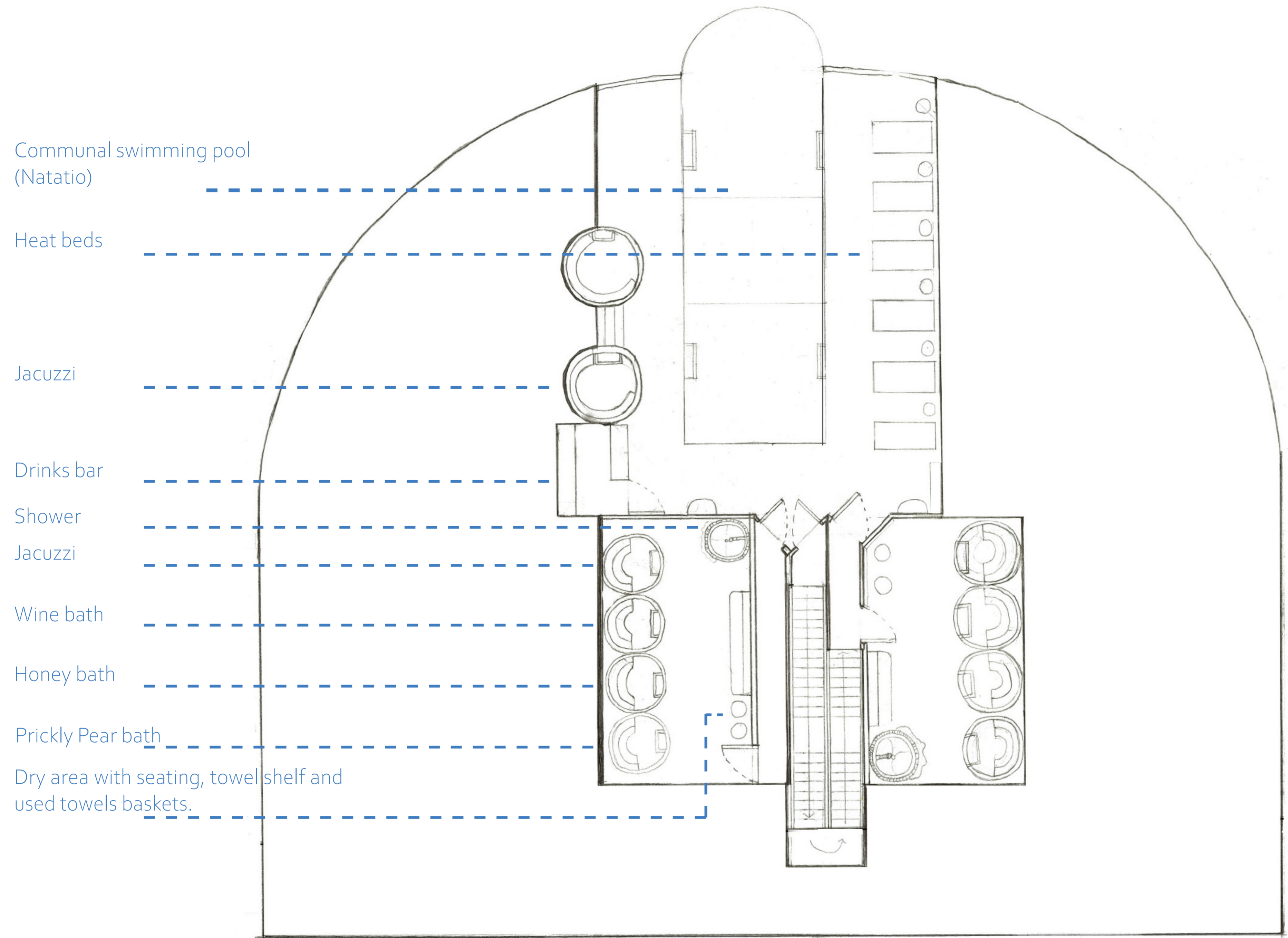


L -1 TREATMENT +HOT/COLD ROOMS

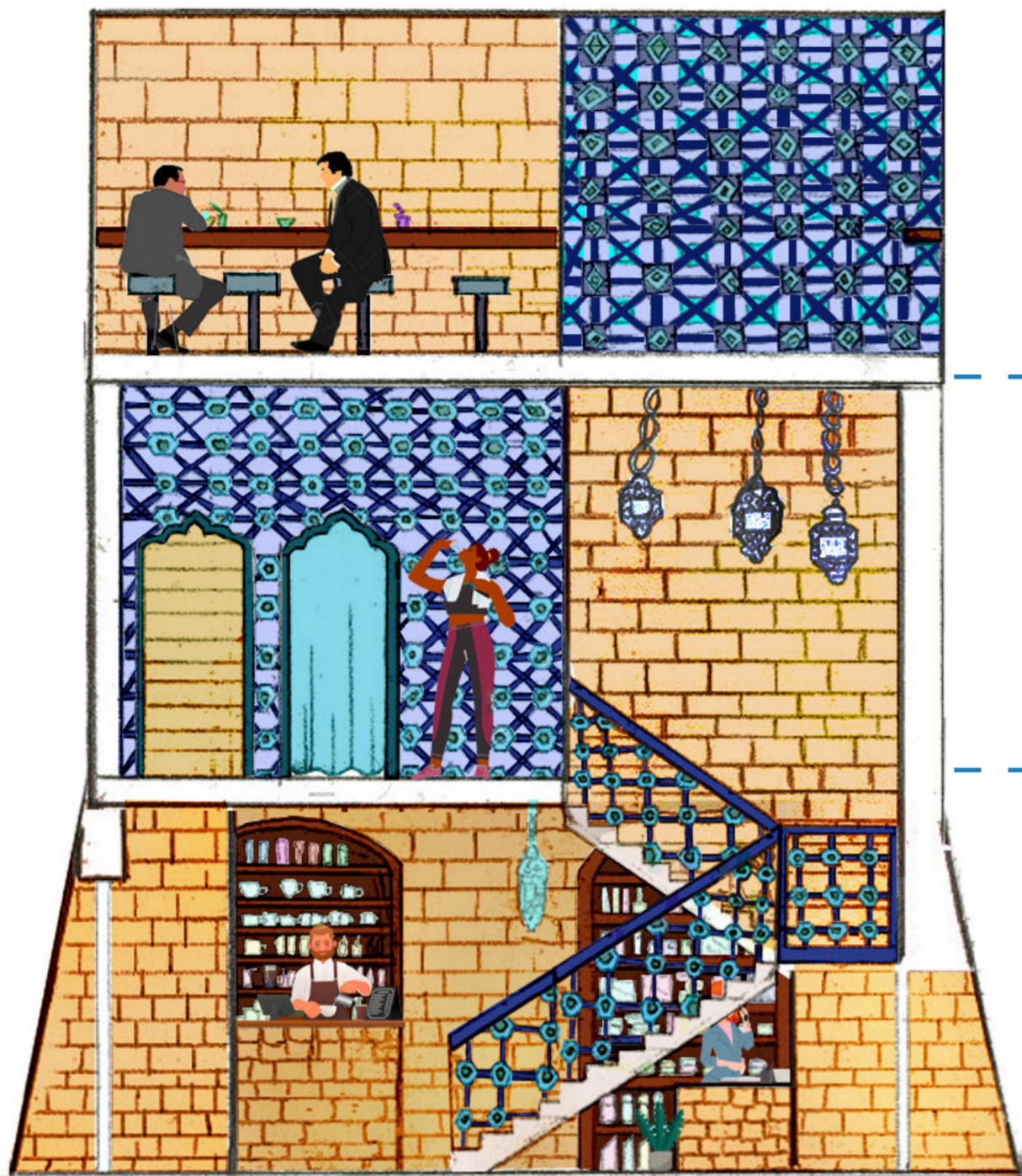


L -2 WELLNESS POOLS

# Plans and Elevation



Basement floor plan at 1:100



**L2 - BAR**

A drinks bar with bar stool seating and an open space to create a social space with a view to the beach.

**L1 - YOGA**

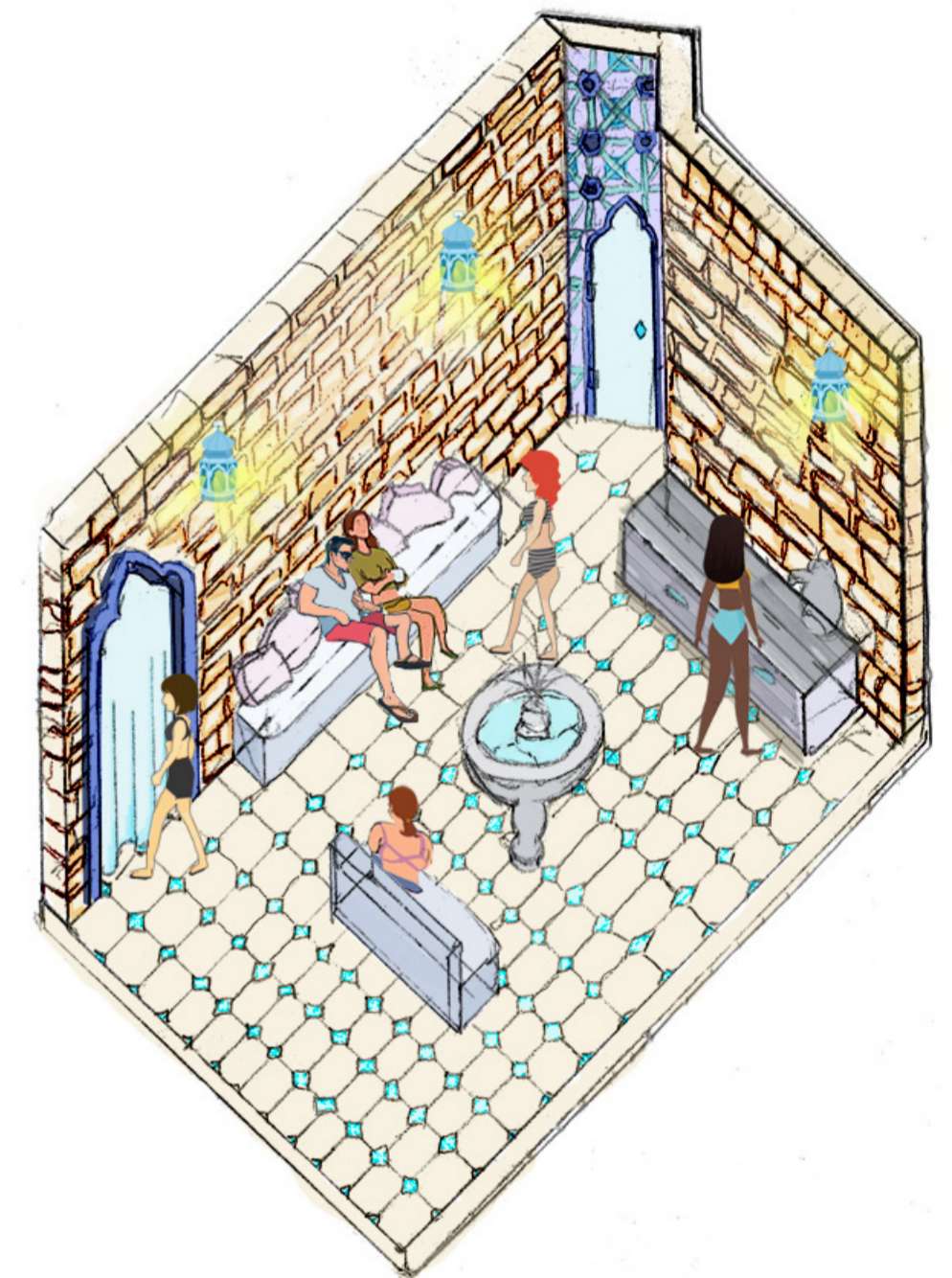
A 8 person yoga room with a changing room and a 3 person yoga room for private classes and seat cushions seating for comfort

**GROUND - RECEPTION + CAFÉ**

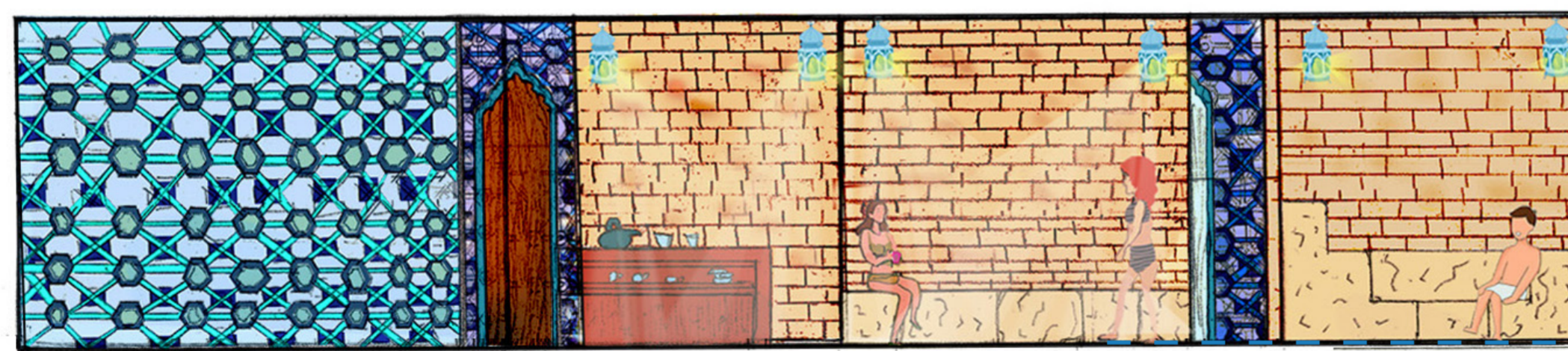
Reception and café, indoor and outdoor seating with a view of the beach.



AXO PRIVATE YOGA ROOM

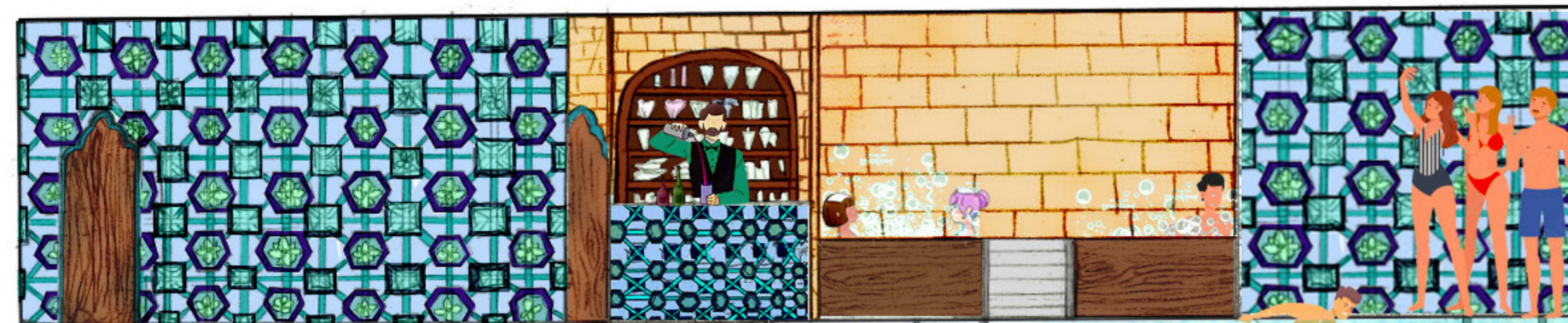


AXO OF COMMUNAL LOUNGE



**L -1 TREATMENT + SAUNA**

Communal lounge, gender segregated changing rooms, toilets, showers, saunas and hot air rooms. private treatment and ice plunge rooms foot baths .



**L -2 WELLNESS POOLS**

Drinks bar by the Large communal swimming pool, heat beds and jacuzzi with two gender segregated rooms for the wellness baths trio with a private jacuzzi and showering facility.

ILLUSTRATIVE SECTION THROUGH 'RITUALS'